

Shenango Valley Senior Center

June 2026

Happy Birthday

Sandy O’Dille, Cathy Martell, Doug Cerroni, Stephen Theiss, Dave Torrence, Cathy Cogley, Richard Hazlett, Lynda Santilli, Max Ackermann, Teryl Guthrie, Cal Moran, Vern DeJong, Paul Ritchie, Rita Flocco, Rosemary Prample, Kathy Koosh, Richard Gereb, Alda Minnick, Joe Ference & Marcheta Flint-Campbell

June 2nd – Attorney Hartle “What happens down the road when you have dementia issues!”

June 3rd – Jessica Korab from Caretenders

June 4th – Wellness Support with Noreen Sokolak

June 5th – Music: Hey Joe

June 8th – Educational Prize Bingo with Tracy Rose from the Lake of Jefferson

June 11th – Educational Prize Bingo with Kavon from Highmark

June 12th – Duck race game of chance

June 12th – Director’s Bingo

June 16th – Kelly Bianco from the Life Program “Summer Sun Safety tips”

June 16th – Movie “*Remarkably Bright Creatures*” Starring Sally Field

June 17th – Center Council Meeting

June 18th – Educational Prize Bingo with Rachel from Concord

June 18th – Music: Max Schang

June 22nd – Donuts and Floats for Dad



June 22nd – Music: Tammy O’Marrie

June 25th – Tammy Lininger Speaks

June 26th – Director’s Bingo

June 29th – Cindy Durst from Primary Health speaks

***Tops of Sharon is a nutrition support group for more information please see Emmagene.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:00 Breakfast 9:30 Bingocize 10:00 Tai Chi for Arthritis - Advanced 10:30 Inspirational Tymes 11:00 Zumba 12:30 Chair Zumba 1:00 Bridge 1:30 Arthritis Exercise	2 9:00 Breakfast 9:00 Total Body Fitness 9:30 Tops of Sharon* 9:30 Puzzle Challenge 10:00 Sculpt & Strengthen 11:00 Legal Advice 11:00 Trim and Tone 12:30 Yoga	3 9:00 Breakfast 9:15 B-I-N-G-O 10:00 Tai Chi for Arthritis - Advanced 11:00 Zumba 11:00 Speaker 12:30 Chair Zumba 1:30 Arthritis Exercise 1:30 Art Group	4 9:00 Breakfast 9:00 Total Body Fitness 9:30 Nutrition Bingo with Robin 9:30 Bridge Lessons in GameRoom 10:00 Sculpt & Strengthen 11:00 Wellness Support 11:00 Trim and Tone 12:30 Yoga 1:00 Afternoon Euchre	5 Happy Birthday Party  9:00 Breakfast 9:30 Prize Bingo 11:00 Entertainment 1:00 Line Dance 1:00 Attic Treasure in the Lounge
8 9:00 Breakfast 9:30 Bingocize 10:00 Tai Chi for Arthritis - Advanced 11:00 Zumba 12:30 Chair Zumba 1:00 Bridge 1:30 Arthritis Exercise	9 9:00 Breakfast 9:00 Total Body Fitness 9:30 Tops of Sharon* 9:30 Puzzle Challenge 10:30 Table Game Time 10:00 Sculpt & Strengthen 11:00 Trim and Tone 12:30 Yoga 1:30 Ultra Bingo	10 9:00 Breakfast 9:15 B-I-N-G-O 10:00 Tai Chi for Arthritis - Advanced 11:00 Zumba 12:30 Chair Zumba 1:30 Arthritis Exercise 1:30 Art Group	11 9:00 Breakfast 9:00 Total Body Fitness 9:30 Laps for Lottery Tickets 9:30 Bridge Lessons in Game Room 10:00 Sculpt & Strengthen 10:00 Educational Prize Bingo 11:00 Trim and Tone 12:30 Yoga 1:00 Afternoon Euchre	12 9:00 Breakfast 9:30 Arthritis Exercise with Robin 10:30 Duck Race game of chance 1:00 Line Dance 1:00 Attic Treasure in the Lounge 1:00 Director’s Bingo
15 9:00 Breakfast 9:30 Bingocize 10:00 Tai Chi for Arthritis – Advanced 10:30 Inspirational Tymes 11:00 Zumba 12:30 Chair Zumba 1:00 Bridge 1:30 Arthritis Exercise	16 9:00 Breakfast 9:00 Total Body Fitness 9:30 Tops of Sharon* 9:30 Puzzle Challenge 10:30 Speaker 10:00 Sculpt & Strengthen 11:00 Trim and Tone 12:30 Yoga 1:00 Movie and popcorn	17 9:00 Breakfast 9:15 B-I-N-G-O 10:00 Tai Chi for Arthritis – Advanced 11:00 Zumba 11:00 Center Council Meeting 12:30 Chair Zumba 1:30 Arthritis Exercise 1:30 Art Group	18 Juneteenth Party 9:00 Breakfast 9:00 Total Body Fitness 9:30 Laps for Lottery Tickets 9:30 Bridge Lessons in Game Room 10:00 Sculpt & Strengthen 10:00 Educational Prize Bingo 11:00 Entertainment 11:00 Trim and Tone 12:30 Yoga 1:00 Afternoon Euchre	19 <p style="text-align: center;">Juneteenth Center Closed</p>
22 Father’s Day Party 9:00 Breakfast 9:30 Bingocize 10:00 Tai Chi for Arthritis – Advanced 10:00 Donuts and Floats for Dad 11:00 Zumba 11:00 Entertainment 12:30 Chair Zumba 1:00 Bridge 1:30 Arthritis Exercise	23 9:00 Breakfast 9:00 Total Body Fitness 9:30 Tops of Sharon* 9:30 Puzzle Challenge 10:00 Sculpt & Strengthen 10:30 Table Game Time 11:00 Trim n Tone 12:30 Yoga	24 9:00 Breakfast 9:15 B-I-N-G-O 10:00 Tai Chi for Arthritis - Advanced 11:00 Zumba 11:00 Therapy dogs in the TV room 12:30 Chair Zumba 1:30 Arthritis Exercise 1:30 Art Group	25 9:00 Breakfast 9:00 Total Body Fitness 9:30 Laps for Lottery Tickets 9:30 Bridge Lessons in Game Room 10:00 Sculpt & Strengthen 11:00 Speaker 11:00 Trim and Tone 12:30 Yoga 1:00 Afternoon Euchre	26 9:30 Breakfast 9:30 Arthritis Exercise w/Robin 10:30 Corn Hole in the Multi purpose room 1:00 Line Dance 1:00 Attic Treasure in the Lounge 1:00 Director’s Bingo
29 9:00 Breakfast 9:30 Bingocize 10:00 Tai Chi for Arthritis – Advanced 11:00 Zumba 11:00 Speaker 12:30 Chair Zumba 1:00 Bridge 1:30 Arthritis Exercise	30 9:00 Breakfast 9:00 Total Body Fitness 9:30 Tops of Sharon* 10:00 Sculpt & Strengthen 10:30 Table Game Time 11:00 Trim and Tone 12:30 Yoga		<p style="text-align: center;">Mercer County Area Agency on Aging, Inc.</p> <p style="text-align: center;">133 N. Pitt Street, Mercer 724-662-6222</p>	

Shenango Valley Senior Center Menu for June 2026

MERCER COUNTY AREA AGENCY ON AGING, INC.

Cold Meal Option: Meat Salad

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Baked Meatloaf Caramelized Onion Gravy Garlic Mashed Potatoes Seasoned Carrots Wheat Bread w/butter Fresh Fruit	2 Crispy Dill Chicken on a Bun Golden Roasted Potatoes Homestyle Coleslaw Warm Spiced Apples	3 Chopped Beef Steak Gravy Haluski Seasoned Green Beans Wheat Bread w/butter Sweet Pineapple Tidbits	4 Slow Roasted Pork Loin Roasted Mushroom Sauce Steamed Brown Rice Seasoned Broccoli Fresh Fruit	5 Birthday Party \$4.00 Homemade Chili w/ Cheese Served over oven Baked Potato Tossed Salad with dressing Cornbread w/butter Cake Ice Cream
8 Braised Beef Pot Roast Mashed Potatoes w/gravy Vegetable Medley White Bread w/butter Warm Spiced Apples	9 Chef's Grilled Chicken Salad Cream of Broccoli Soup Crackers Dinner Roll w/butter Fruited Flavored Gelatin	10 Creamy Alfredo Pasta With Meatballs Peas & Pearl Onions Medley Garlic Herb Breadstick Fresh Fruit Last day to order for Juneteenth Party	11 Pepper Steak With Onion & Peppers Garlic Mashed Potatoes Seasoned Carrots Dinner Roll w/butter Fresh Fruit Last day to order for Father's Day Party	12 Crispy General Tso's Chicken Fluffy Steamed Rice Broccoli with Garlic Sweet Pineapple Tidbits Baked Cookie
15 Savory Farm House Omelet Peppers Herbed Breakfast Potatoes French Toast Sticks/Syrup Buttery Warmed Biscuit w/butter Warmed Spiced Pears	16 Ham with BBQ Glaze on a bun Seasoned Green Beans Homestyle Coleslaw Warm Spiced Apples	17 Crispy Chicken Cutlet Gravy Mashed Potatoes Brussel Sprouts Wheat Bread/ Butter Fruit Medley	18 Juneteenth Party \$4.00 Sausage Sandwich on a bun Peppers & Onions Hot Dog Bun Potato Wedges Coleslaw Director's Choice	19 <p style="text-align: center;">Center Closed</p>
22 Father's Day Party \$4.00 Pot Roast with Gravy Oven Baked Potato/Sour Cream Peas Dinner Roll/ Butter Apple Pie with Ice Cream	23 Italian Meatballs on a bun Pasta Fagioli Soup Tossed Salad w/dressing Fresh Fruit	24 Roasted Turkey with Gravy Garlic Mashed Potatoes Seasoned Sweet Corn Wheat Bread w/butter Baked Cookie	25 Cheeseburger Golden Roasted Potatoes Vegetable Medley Mandarin Oranges	26 Oven Baked Lasagna Roll Up Cream of Spinach Sauce Peas & Pearl Onions California Blend Vegetables Garlic Breadstick Fresh Fruit
29 Swedish Meatballs In a Cream Sauce Buttered Pasta Seasoned Broccoli Dinner Roll w/butter Warm Spiced Peaches	30 Hot Dog on a bun Cheddar Cheese Potatoes Seasoned Green Peas Sweet Pineapple Tidbits	<p style="text-align: center;">Mercer County Area Agency on Aging, Inc.</p> <p style="text-align: center;">133 N. Pitt Street, Mercer 724-662-6222</p>	Meals are served w/ 8 oz. milk & margarine All meals are subject to change due to availability of products.	

SHENANGO VALLEY SENIOR CENTER
 220 N. BUHL FARM DR.
 HERMITAGE, PA 16148
 724-981-7950
 JUNE 2026



SENIOR CENTER HOURS:
 MONDAY-FRIDAY
 8:30 AM-4:30 PM
 CLOSED WEEKEND'S

PLEASE ALLOW 2 BUSINESS DAYS'
 NOTICE BY 2PM TO RESERVE A LUNCH

WE ASK THAT ALL PARTY
 RESERVATIONS BE PREPAID &
 ORDERED ONE WEEK IN ADVANCE

NO ONE WILL BE DENIED A MEAL
 BECAUSE OF AN INABILITY TO
 MAKE A DONATION

ROBIN JAMES-BESHERO
 SENIOR CENTER DIRECTOR