

# Greenville Senior Center




## Guest Speakers

(11:00 a.m. unless otherwise specified)

- 5/7** Fred Kiser, “None of Us Got Here by Ourselves”
- 5/8** Noreen Sokolak, Garden Way Place, “Hydration & Sun Protection”
- 4/10** “The Importance of a Good Night’s Sleep”
- 5/13** Janet Overholt, Lakeland Hospice, “Learn about Medicare Benefits”
- 5/20** Tom Hall, Primary Health Network, “Anxiety and Stress”
- 5/22** Carolyn Hartle, Hartle Elder Law, “Should you let the Nursing Home file your Medicaid claim for you?”
- 5/28** Janet Hills and the Greenville Historical Society present, “Who’s Who in the Mausoleum, those who made a difference in our town in the 1<sup>st</sup> half of the 20<sup>th</sup> Century”

## FUN Stuff!

- 5/6** Movie Day! “50 First Dates”! 10:20am. Serving Popcorn and Candy!
- 5/7** Craft – Make Mother’s Day Cards. Come for lunch and it is FREE, cost without lunch-\$2.00. 1:00pm
- 5/9** Bike Ride 10:00am Ernst Trail, Bean Trail Head, Meadville (rental bikes available)
- 5/10** Mother’s Day Tea with crafts and a Fashion Show with Harp music by Alissa Pesavento! Begins 9:15 through lunch.
- 5/10** Blood Pressure Screenings with Wendy Callahan, Family Home Health
- 5/14** Name That Tune with Thea Nixon!
- 5/15** Birthday Party! Bill Henry Entertains! May Birthday Gifts, Cake & Ice Cream!
- 5/17** Prize Bingo-cash and prizes! 9:15am
- 5/20** Pot Luck Lunch – 12:00 Noon
- 5/21** Craft-Get creative with old pill bottles. Come for lunch and it is FREE, cost without lunch-\$2.00. 1:00pm
- 5/22** Book Club – “The Extraordinary Life of Sam Hell” by Robert Dugoni
- 5/24** Memorial Day Party! Entertainment by “Brett Alan Morgan” @ 11:00am, 50/50, Door Prizes, Picnic Lunch
- 5/28** Waffles provided by Walberg Family Pharmacy! 8:30am

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>If you are interested in working the Front Desk, come to the Front Desk Volunteer Meeting – Tuesday, May 14<sup>th</sup> @ 1:30pm</p>	<p><b>Join the GSC Bike Club!</b> Rides monthly May-October! *Get schedule at Center*</p> <p><b>May Ride is at Ernst Trail, Bean Trail Head in Meadville.</b> Rental bikes available. 10:00am</p>	<p><b>1</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 10:00 Gentle Slow Flow Yoga 11:00 Tai Chi 12:30 Inspiration Hour with Ed 12:30 Pickleball 1:00-4:00 Cards &amp; Table Games</p>	<p><b>2</b> <i>Walk for Rewards</i> 9:15 BINGO! Extended Bingo! 9:15 SilverSneakers 10:00 Line Dancing 11:00 Chair Zumba 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball</p>	<p><b>3</b> 9:00 Total Body Fitness-<del>cancelled</del> 9:15 BINGO! PIG BINGO! 10:00 Cardio Drumming 11:00 Arthritis Exercise 12:30-2:30 Haircuts with Patty 12:30 Pickleball</p>
<p><b>6</b> 9:00 Total Body Fitness-<del>cancelled</del> <b>9:00 BINGO!</b> 10:00 Cardio Drumming 10:20 Movie: 50 First Dates 11:00 Arthritis Exercise 12:30-4:00 Haircuts w/Patty 12:30 Pickleball</p>	<p><b>7</b> <i>Walk for Rewards</i> 9:15 BINGO! PIG BINGO! 10:00 Cornhole 11:00 Speaker, Fred Kiser 12:30 Euchre Tournament \$5 12:30 Pickleball</p> <p>1:00 Craft with Linda Henry – Mother’s Day Cards</p>	<p><b>8</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 10:00 Gentle Slow Flow Yoga 11:00 Tai Chi 11:00 Speaker, Noreen Sokolak 12:30 Pickleball 12:30 Inspiration Hour 1:00-4:00 Cards &amp; Table Game</p>	<p><b>9</b> <i>Walk for Rewards</i> 9:15 BINGO! Extended Bingo! 9:15 SilverSneakers 10:00 Line Dancing 10:00 Bike Ride-Ernst Trail 11:00 Chair Zumba 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball</p>	<p><b>10</b> <i>Mother’s Day Tea</i> 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 9:30 BP Screens, Crafts in library 10:00 Cardio Drumming 11:00 Fashion Show with Harp music by Alissa Pesavento! 11:00 Arthritis Exercise 3:00 – 4:00 Haircuts with Patty 12:30 Pickleball</p>
<p><b>13</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 11:00 Speaker, Janet Overholt 11:00 Arthritis Exercise 12:30-4:00 Haircuts w/Patty 12:30 Pickleball</p>	<p><b>14</b> <i>Walk for Rewards</i> 9:15 BINGO! PIG BINGO! 10:00 Cornhole 11:00 Speaker, Thea Nixon 12:30 Euchre Tournament \$5 12:30 Pickleball</p> <p><b>1:30 Front Desk Volunteer Meeting</b></p> 	<p><b>15</b> <i>Happy May Birthdays!</i> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 10:00 Gentle Slow Flow Yoga 11:00 Entertainment, Bill Henry! 11:00 Tai Chi 12:30 Inspiration Hour with Ed 12:30 Pickleball 1:00-4:00 Cards &amp; Table Games</p>	<p><b>16</b> <i>Walk for Rewards</i> 9:15 BINGO! Extended Bingo! 9:15 SilverSneakers 10:00 Line Dancing 11:00 Chair Zumba 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball</p>	<p><b>17</b> 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 10:00 Cardio Drumming-<del>cancelled</del> 11:00 Arthritis Exercise- <del>cancelled</del> 12:30-2:30 Haircuts with Patty 12:30 Pickleball</p>
<p><b>20</b> <i>Pot Luck Lunch</i> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 11:00 Arthritis Exercise 11:00 Speaker, Tom Hall, PHN 12:30-4:00 Haircuts w/Patty 12:30 Pickleball</p>	<p><b>21</b> <i>Walk for Rewards</i> 9:15 BINGO! PIG BINGO! 10:00 Cornhole 12:30 Euchre Tournament \$5 12:30 Pickleball</p> <p>1:00 Craft with Linda Henry – Creativity with Pill Bottles!</p>	<p><b>22</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming, Yoga 11:00 Speaker, Carolyn Hartle 11:00 Tai Chi 12:30 Pickleball 12:30 Inspiration Hour 1:00-4:00 Cards &amp; Table Games 1:00 Book Club</p>	<p><b>23</b> <i>Walk for Rewards</i> 9:15 BINGO! Extended Bingo! 9:15 SilverSneakers 10:00 Line Dancing 11:00 Chair Zumba 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball</p>	<p><b>24</b> <i>Memorial Day Party!</i> 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Cardio Drumming-<del>cancelled</del> 11:00 Arthritis Exercise- <del>cancelled</del> 11:00 Brett Alan Morgan entertains! 3:00 – 4:00 Haircuts with Patty 12:30 Pickleball</p>
	<p><b>28</b> <i>Walk for Rewards</i> 8:30 Walberg Waffles 9:15 BINGO! PIG BINGO! 10:00 Cornhole 11:00 Historical Society Presents Who’s Who in the Mausoleum 12:30 Euchre Tournament \$5 12:30 Pickleball</p>	<p><b>29</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 10:00 Gentle Slow Flow Yoga 11:00 Tai Chi 12:30 Inspiration Hour with Ed 12:30 Pickleball 1:00-4:00 Cards &amp; Table Games</p>	<p><b>30</b> <i>Walk for Rewards</i> 9:15 BINGO! Extended Bingo! 9:15 SilverSneakers 10:00 Line Dancing 11:00 Chair Zumba 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball</p>	<p><b>31</b> 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Cardio Drumming 11:00 Arthritis Exercise 12:30-2:30 Haircuts with Patty 12:30 Pickleball</p>

**Mercer County Area Agency on Aging** 133 N. Pitt Street, Mercer **724-662-6222** **Mercer County Community Transit** **724-981-6222**  
Check out the Agency website at [Mercercountyaging.org](http://Mercercountyaging.org)! Find our schedules and flyers there as well as pertinent information for seniors in our area, including Senior Games and Farm Market Voucher distributions. Learn what services are available from MCAA.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>April Cold Option:</b> Ham Salad Sandwich Replaces the protein, side dishes still included. Notify staff when reserving your lunch!	Suggested Meal Donation \$2.50 unless otherwise specified. We ask that you register 2 days in advance. *No one will be denied a meal because of inability to donate	<b>1</b> Cheese Omelet w/Ham, Peppers, Onions Sausage Patty Hashbrowns English Muffin Apple Juice	<b>2</b> Grilled Chicken Ceasar Salad Cream of Broccoli Soup Dinner Roll Blushed Pears	<b>3</b> Mango BBQ Chicken Breast Brown Rice Carrots Bread Orange
<b>6</b> Country Fried Chicken with Gravy Mashed Potatoes Mixed Vegetables Bread Cinnamon Applesauce	<b>7</b> Crab Cake Rice Island Blend Veggies Bread Peach Crisp	<b>8</b> Stadium Hot Dog Potato Salad Baked Beans Pineapple	<b>9</b> Salisbury Steak with Gravy Whipped Potatoes Broccoli Homestyle Bread Jello with Whipped Topping	<b>10 <i>Mother's Day Lunch</i></b> Stuffed Chicken Breast with Gravy Baked Potato California Blend Veggies Rolls Cherry Cheesecake <b>\$3.00</b>
<b>13</b> Baked Cabbage Roll Whipped Potatoes Carrots Bread Fresh Fruit	<b>14</b> Swedish Meatballs with Gravy Buttered Noodles Peas Dinner Roll Cookie	<b>15</b> Roast Pork and Sauerkraut Whipped Potatoes Mixed Vegetables Bread Fruit Cake and Ice Cream	<b>16</b> Breaded Fish Macaroni & Cheese Stewed Tomatoes Bread Mandarin Oranges	<b>17</b> Taco Salad Rice Corn Pineapple
<b>20 <i>Pot Luck Lunch</i></b> We will provide the Meat, Bread, and Salad Please bring a Dessert or a Side Dish <b>\$1.00</b>	<b>21</b> Open Face Turkey Sandwich with Gravy Whipped Potatoes Sweet Corn Cookie	<b>22</b> Cranberry Chicken Salad Beets Breadstick Mixed Fruit	<b>23</b> Open Face Roast Beef Sandwich with Gravy Mashed Potatoes Mixed Vegetables Pudding	<b>24 <i>Memorial Day Lunch</i></b> Cheeseburger with Lettuce and Tomato Macaroni Salad Bag of Chips Poke Cake <b>\$3.00</b>
<b>27</b> 	<b>28</b> Teriyaki Chicken Vegetable Rice Pilaf Oriental Blend Vegetables Bread Fresh Fruit <b>\$1.00</b>	<b>29</b> Ham with Pineapple Sauce Sweet Potato Green Beans Dinner Roll Cookie	<b>30</b> Pork Loin with Onion Gravy Buttered Pasta California Blend Veggies Bread Peach Crisp	<b>31</b> Tuna Salad Sandwich with Lettuce and Tomato Tomato Soup Fresh Fruit

Effective July 1<sup>st</sup>, donation price will go up to \$3.00 for a regular meal and \$4.00 for a special meal. Costs have gone up, but prices have not been raised for more than 10 years. \*No one will be denied a meal because of inability to donate.

From the suggestion box: 1. Someone suggested we bring back the Antique Roadshow. We would love to but the people we had in the past are no longer able to do it. If anyone has a suggestion for someone that can, let me know! 2. It was suggested that we have a cot if someone needs to lie down. We do have one set up in the back office. Ready when needed! ~ Linda

**Greenville  
Senior Center**  
45 Alan Avenue  
Greenville, PA 16125



**2024**

**724-588-3155**

**Senior Center Hours:**

**Monday – Friday  
8:30 a.m. - 4:30 p.m.**

