

Grove City Senior Community Center

301 South Broad Street, Grove City, PA 16127
(724) 458-6844

September 2026

Mercer County Community Transit: For reservations call (800) 222-8797

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 8:30am -Coffee Group 11:00am-Nutrition Education 11:30am-Lunch & Social Hour 12:15pm-Dominos 1:15-BINGO sponsored by Humana Reliance Healthcare Helpline	2 8:30am-Coffee Group 11:00am-Nutrition Education Hand-out and Discussion 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch Exercise 1:00am-Dimond Art Crafts w Elaine	3 8:30am-Coffee Group 10:00am-Grove Manor Bingo 11:30am-Lunch & Social Hour 1:30pm-Cornhole	4 8:30am-Coffee Group 11:30am Special Lunch & Social Hour 12:15pm-Senior Shape and Tone 1:00pm-Dominos 1:15pm-Coffee Group
7 Center Closed Labor Day 	8 8:30am -Coffee Group 10:30am-BloodPressure Screening by AHN-Grove City 11:30am-Lunch & Social Hour 12:15pm-Dominos 1:15-BINGO	9 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch Exercise 5:00pm-Family Caregiver Support Group 6:00pm-Music in the Overflow	10 8:30am-Coffee Group 10:00am-Bingo 11:30am-Lunch & Social Hour 1:30pm-Cornhole	11 8:30am-Coffee Group 11:00am-Speaker "Hospice" by Steel City Hospice 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone 1:00pm-Dominos
14 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:00am-Music & Storytelling by Rick Bruening 11:30am-Lunch & Social Hour 1:15pm-Coffee Group	15 8:30am -Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Dominos 1:15pm-BINGO	16 8:30am-Coffee Group 11:00am-Nutrition Education Hand-out 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch Exercise 1:15pm-Coffee Group	17 8:30am-Coffee Group 10:00am- BINGO 11:30am-Lunch & Social Hour 1:30pm-Cornhole	18 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone 1:00pm-Dominos 1:15pm-Coffee Group
21 8:30am-Coffee Group 11:00am-Mind Bender Puzzle 11:30am-Lunch & Social Hour 1:15pm-Coffee Group Keystone Safari Outing 11:00am-1:00pm See sign for more details	22 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Dominos 1:15pm-BINGO	23 8:30am-Coffee Group 11:30am-Lunch & Social Hour 11:00am-Suicide Prevention Informational hand-out 12:15pm-Senior Stretch Exercise 1:15pm-Coffee Group	24 8:30am-Coffee Group 10:00am-BINGO 11:00am-Senior Health Presentation by Kelly Bianco, LIFE 11:30am-Lunch & Social Hour 1:30pm-Cornhole	25 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone 1:00pm-Dominos 2:00pm-Ice Cream Social Fundraiser
28 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 10:30am-Flu/Vaccination Clinic by Giant Eagle Pharmacy	29 8:30am -Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Dominos 1:15pm-BINGO	30 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch Exercise 1:15pm-Coffee Group		*Fitness Center is open daily! Please sign in when using center. *Hair Salon is open by appointment on Wednesdays.

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
Grove City Senior Community Center 724-458-6844	Sweet & Sour Chicken 1/2c Steamed Brown Rice 1/2c Peas & Pearl Onions Wheat Bread 1/2c Gelatin	Baked Stuffed Pepper 1/2c Whipped Garlic Potatoes 1/2c Seasoned Carrots White Bread Fresh Fruit	Chicken, Spinach & Cranberry Salad 1c Creamy Cauliflower Soup Cracker (1) Dinner Roll 1/2c Chocolate Pudding Dressing Packet	Labor Day Party Pulled Pork Hamburger Bun 1/2c Potato Salad 1/2c Baked Beans Strawberry Shortcake
7	8	9	10	11
	3oz Baked Meatloaf 2oz Carmelized Onion Gravy 1/2c Garlic Mashed Potatoes 1/2c Seasoned Carrots Wheat Bread Fresh Fruit	Slow Roasted Pork Loin 2oz Roasted Mushroom Sauce 1/2c Steamed Brown Rice 1/2c Seasoned Broccoli Fresh Fruit	Crispy Dill Chicken Hamburger Bun 1/2c Golden Roasted Potatoes 1/2c Warm Spiced Apples 1/2c Homestyle Coleslaw	6oz Homemade Chili with Cheese Oven Baked Potato 1c Garden Tossed Salad Fresh Baked Cornbread Dressing Packet (1)
14	15	16	17	18
3oz Braised Beef Pot Roast 2oz Gravy 1/2c Mashed Potatoes 1/2c Vegetable Medley White Bread 1/2c Warm Spiced Apples	Chef's Grilled Chicken Salad 1c Cream of Broccoli Soup Cracker (1) Dinner Roll 1/2c Gelatin Dressing Packets (2)	1/2c Creamy Alfredo Pasta with Meatballs (4) 1/2c Peas & Pearl Onions Medley Garlic Herb Breadstick Fresh Fruit	Crispy General Tso's Chicken (5) 1/2c Fluffy Steamed Rice 1/2c Broccoli with Garlic 1/2c Sweet Pineapple Tidbits Fresh Baked Cookie	Tomato Braised Stuffed Cabbage 1/2c Garlic Mashed Potatoes 1/2c Seasoned Carrots Dinner Roll Fresh Fruit
21	22	23	24	25
Savory Farm House Omelet 2oz Peppers & Onions 1/2c Herbed Breakfast Potatoes 1/2c Warm Spice Pears Buttery Baked Biscuit	3oz Ham with BBQ Glaze 1/2c Seasoned Green Beans 1/2c Warm Spiced Apples 1/2c Homestyle Coleslaw Hamburger Bun	Crispy Chicken Cutlet 2oz Pan Gravy 1/2c Mashed Potatoes 1/2c Oven Roasted Brussel Sprouts Wheat Bread 1/2c Fruit Medley	Cube Steak with Onions & Peppers in a Red Sauce Oven Baked Potato 1/2c Seasoned Crrots Wheat Bread 1/2c Gelatin	Creamy Tuna Salad Sandwich 1/2c Crispy Broccoli Salad 1/2c Pickled Beet Salad Fresh Fruit
28	29	30	<i>Tell a friend a compliment today; it makes them smile. Plus, being a positive person can improve your overall health.</i> <i>Suggested daily donations:</i> \$3.00 regular Meals \$4.00 special meals Monthly total-\$64.00	
Oven Baked Lasagna Roll Up 2oz Cream of Spinach Sauce 1/2c Peas & Pearl Onions Medley 1/2c California Blend Vegetables Garlic Herb Breadstick Fresh Fruit	Italian Meatball Sub (3) Hot Dog Bun 1c Pasta Fagioli Soup 1c Garden Tossed Salad Fresh Fruit Dressing Packet (1)	Grilled Chicken Breast 1/2c Broccoli, Cheese & Rice Casserole 1/2c Seasoned Carrots 1/2c Diced Pears Dinner Roll		
Milk & margarine served with all meals. Menu subject to change				