## Mercer County Area Agency on Aging, Inc.

## Grove City Senior Community Center 301 South Broad Street, Grove City, PA 16127

## 724\ 459\_6944

## September 2025

724) 458-6844		Mercer County Community Transit: For reservations call (800) 222-8797			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
1 Center Closed Labor Day	2 8:30am-Coffee Group 11:00am- Nutritional Education Hand-Out 11:30am-Lunch & Social Hour 1:15pm-BINGO	3 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori 1:15pm-Coffee Group	4 8:30am-Coffee Group 10:00am-Grove Manor sponsored BINGO 11:30am-Lunch & Social Hour 1:15pm-Coffee Group 2:00pm-UNO/Cards	5 Senior Center Yard Sale! 9am-2:00pm 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm Exercise Lori Richmond 1:15on-Coffee Group (Senior Initiative Professional Mtg-noon)	
8 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm-Coffee Group	9 8:30am-Coffee Group 11:00am-Senior Health Hand-out 11:30am-Lunch & Social Hour 1:15pm-BINGO	10 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori 5:00pm-Family Caregiver Support Group 6:00pm-Music in Overflow	11 8:30am-Coffee Group 10:00am-Mercer County Behavioral Health Presentation Talk Saves Lives 11:30am-Lunch & Social Hour 11:00am-Keystone Safari UPMC Day 1:15pm-BINGO	12 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Exercise Lori Richmond 1:15pm-Coffee Group	
15 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:00am-Lunch & Social Hour 1:15pm-Coffee Group	16 8:30am-Coffee Group 11:00am-Senior Health Hand-out 11:30am-Lunch & Social Hour 1:15pm-BINGO	17 8:30am-Coffee Group 10:30am-Crafts 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori 1:15pm-Coffee Group	18 8:30am-Coffee Group 10:00am-BINGO 11:30am-Lunch & Social Hour 2:00pm-Discussion Group Topic "school day memories"	19 8:30am-Coffee Group 10:30am-Dominos 11:30am-Lunch & Social Hour 12:15pm-Exercise-Lori Richmond 1:15pm-Coffee Group	
22 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm- Coffee Group	23 8:30am-Coffee Group 10:30am-UNO/Card Games 11:00am-Primary Health Network Senior Health Presentation 11:30am-Lunch & Social Hour 1:15pm-BINGO	24 8:30am-Coffee Group 10:30am-Blood Pressure Screening by Wendy Callahan, Family Hospice 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori 1:00pm-Music Entertainment by John Sirano	25 8:30am-Coffee Group 10:00am-BINGO 11:00am-Folk Singing & Storytelling by Rick Bruening 11:30am-Lunch & Social Hour 1:30pm-UNO/Cards	26 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm Exercise Lori Richmond 1:15on-Coffee Group	
29 8:30am-Coffee Group 11:00am-Kelly Bianco of LIFE presents "Alzheimer's Awareness & Fall Trivia." 11:30am-Lunch & Social Hour 1:30pm-Coffee Group	30 8:30am-Coffee Group 10:30am-Puzzle Table Fun 11:30am-Lunch & Social Hour 1:15pm-BINGO	APRIL 1, 1976	Support your center in a sweet waypick-up a Daffin's Candy Bar! Available during center hours!	*Fitness centers are open daily! *Hair Salon is open on Wednesdays by appointment!  *Programs/Meals subject to change without notice	

Nutrition	Mercer		September	2025
Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5
	Korean Meatballs (4)	Chicken Alfredo	Chicken Philly Cheesesteak	Swiss Steak w/ Onion Gravy
Closed	1/2c White Rice	1/2c Buttered Pasta	1c Cream of Spinach Soup	1/2c Mashed Potatoes
	1/2c Oriental Vegetables	1/2c Lemon Pepper Broccoli	1/2c Coleslaw	1/2c Green Beans
	1 Wheat Bread	1 Breadstick	Hotdog Bun	Wheat Bread
	1/2c Fresh Fruit	1/2c Pudding	1/2c Gelatin	1/2c Pineapple Delight
8	9	10	11	12
Sliced Ham W/ Pineapple Glaze	Cheeseburger	1c Cabbage Roll Casserole	Cheese Omelet	Grilled Chicken Salad
1/2c Whipped Sweet Potatoes	1/2c BBQ Buttered Beans	1/2c Garlic Whipped Potatoes	w/ Peppers, Onions	(2oz Chicken, Cheddar, HB Egg
1/2c Peas	1 Hamburger Bun	1/2c Carrots	2 Sausage Patty	over 1c Mixed Greens)
1 Dinner Roll	1c Tossed Salad w/ Tomato	1 Dinner Roll	1 Hashbrown	1c Cream of Broccoli Soup
1 Cookie	1/2c Peach Crisp	Seasonal Fresh Fruit	3 French Toast Sticks w/ Syrup	1 Dinner Roll
			4oz Juice Cup	1/2c Fruited Gelatin
15	16	17 Birthday	18	19
BBQ Chicken Breast	3oz Baked Meatloaf w/ 2oz Gravy	3oz Balsamic Chicken	4oz Sloppy Joe	Baked Crab Cake
1/2c Country Collard Greens	1/2c Mashed Potatoes	1/2c Rice	1/2c Roasted Sweet Potatoes	w/ Lettuce & Tomato
1/2c Baked Beans	1/2c Warm Beets	1/2c Island Vegetables	1/2c Cauliflower	1c Tomato Basil Soup
1 Dinner Roll	1 White Bread	1 Garlic Breadstick	1 Hamburger Bun	Bun
Seasonal Fresh Fruit	Seasonal Fresh Fruit	1/2c Pineapple Tidbits	1 Cookie	1/2c Gelatin
22	23	24	25	Fall Party 26
Lasagna W/ Sauce	3oz Salisbury Steak w/ 2oz Gravy	Ham Sandwich (3oz Ham	3oz Kielbasa	Country Fried Chicken w/ Gravy
1c sDeluxe Salad w/ Tomato	1/2c Mashed Potatoes	w/ 1 slice Cheese)	1/2c Homemade Haluski	1/2c Mashed Potatoes
Green Peppers, Onions, Cucum,	1/2c Broccoli	1c Cream of Cauliflower Soup	1/2c Brussel Sprouts	1/2c Mixed Vegetables
Olives, Cheese	Dinner roll	1 Hamburger Bun	1/2c Applesauce	Wheat Bread
Galic Breadstick	1/2c Gelatin	1/2c Blushed Pears	Hotdog Bun	Boston Cream Pie
1 Cookie				
29	30			
				Congregate Meal
3oz Open Faced Turkey Sandwich	Sweet Sausage	Grove City Senior	Please reserve your meals	Suggested Daily Donations
w/ 2oz Gravy 1/2c Whipped Potatoes w/ Chives	W/Peppers & Onions 1/2C Buttered Noodles	Community Center 724-458-6844	two business days ahead & Special Meals please rerserve five	Regular meals-\$3.00 Special meals-\$4.00
1/2c Whipped Potatoes W/ Chives 1/2c Sweet Corn	1/2c Buttered Noodles 1/2c Green Beans	/ 24-438-0844	business days ahead	Monthly total-\$64.00
1 White Bread	Hotdog Bun		business days affeau	Worthing total-304.00
1 Cookie	Fresh Fruit			
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