

Mercer County Area Agency on Aging, Inc.
Grove City Senior Community Center
301 South Broad Street, Grove City, PA 16127

OCTOBER 2025

24) 458-6844

Mercer County Community Transit: For reservations call (800) 222-8797

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*Fitness center is open daily! *Hair Salon is open on Wednesdays by appointment! *Programs/Meals subject to change without notice			1 8:30am-Coffee Group 10:00am-Grove Manor sponsored BINGO 11:30am-Lunch & Social Hour 1:15pm-Coffee Group 1:30pm-Cornhole	2 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-. Exercise Lori Richmond 1:15on-Coffee Group 1:00pm-Dominos 2:00pm-Ice Cream Social Fundraiser
6 5 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm-Coffee Group	6 8:30am-Coffee Group 11:00am-Senior Nutrition Hand-out 11:30am-Lunch & Social Hour 12:15pm-DOMINOS 1:15p-Sponsored BINGO By Reliance Medicare Helpline	7 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori 1:15pm-Wii Bowling 6:00pm-Music in Overflow	8 8:30am-Coffee Group 10:00am-Sponsored BINGO by Acadia Home Health & Hospice 11:30am-Special Lunch & Tribute 11:30am-Lunch & Social Hour 1:30pm-Cornhole	9 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Exercise Lori Richmond 1:15pm-Coffee Group 1:00pm-Dominos 12:00pm-1:00pm- Smores Party
12 CENTER CLOSED COLUMBUS DAY 	13 8:30am-Coffee Group 10:30am-Blood Pressure Screening by Allegheny Health Network 11:00am-Senior Health Hand-out 11:30am-Lunch & Social Hour 12:15pm-DOMINOS 1:15pm-BINGO	14 8:30am-11:00am-Coffee Bar 11:00am-Nutrition Information Hand-out & discussion 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori 1:15pm-Wii Bowling	15 8:30am-Coffee Group 10:00am-BINGO 11:00am-Medicare Open Enrollment Speaker, by MCAAA, Inc. 11:30am-Lunch & Social Hour 1:30pm-Cornhole	16 8:30am-Coffee Group 10:30am-Dominos 11:30am-Lunch & Social Hour 12:15pm-Exercise-Lori Richmond 1:00pm-Dominos 1:15pm-Coffee Group
19 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm- Coffee Group	20 Apple Day Celebration 8:30am-Coffee Group 11:00am-"Feeling Lonely or Socially Isolated?" handout w discussion 11:30am-Lunch & Social Hour 1:15pm-BINGO	21 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori 1:15pm-Wii Bowling	22 8:30am-Coffee Group 10:00am-Sponsored BINGO 11:30am-Lunch & Social Hour 1:15pm-Group Discussion 1:30pm-Cornhole	23 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-. Exercise Lori Richmond 1:15pm-Coffee Group 1:00pm-Dominos
26 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm-Coffee Group 2:00pm-Pizza Party Fundraiser	27 8:30am-Coffee Group 10:30am-Puzzle Table Fun 11:00am-Primary Health Network Senior Health Presentation 11:30am-Lunch & Social Hour 12:15pm-DOMINOS 1:15pm-BINGO	28 8:30am-Coffee Group 10:30am-Crafts 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori 1:15pm-Wii Bowling	29 8:30am-Coffee Group 10:00am-BINGO 11:00am-Senior Health Speaker, Kelly, LIFE 11:30am-Lunch & Social Hour 1:15pm-Coffee Group 1:30pm-Cornhole	30 8:30am-Coffee Group 11:00am-Halloween Party Juan & Chris...live music! Wear your costume! 12:15pm-. Exercise Lori Richmond 1:15on-Coffee Group 1:00pm-Dominos



October



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Monday	Tuesday	Wednesday	Thursday	Friday
Grove City Senior Community Center 724-458-6844 Suggested daily donation: \$3.00 regular meals \$4.00 special meals** Monthly-\$68.00	October Motivation Tips! Regular, light exercise boosts endorphins, improves mood, and increases energy levels. Engage in community groups, classes, or regular social visits to prevent loneliness and boost mental health. It's never too late to learn a new hobby or revisit old ones!		1 Classic Cheeseburger 1/2c Golden Roasted Potatoes 1/2c Vegetable Medley Hamburger Bun Fresh Fruit (Banana) Milk / Margarine	2 3oz Roasted Turkey with Gravy 1/2c Garlic Mashed Potatoes 1/2c Seasoned Sweet Corn Fresh Baked Cookie Milk / Margarine
5 1pc Breakfast Omelet 1/4c CornBeef Hash w/Onions & Peppers 1/2c Roasted Cinnamon Brown Sugar Tri-Colored Sweet Potatoes 4oz Orange Juice 1 Wheat Bread Milk / Margarine	6 1c Chicken & Spaetzel Dumpling Soup 1c Garden Tossed Salad 1/2c Brown Sugar Glazed Carrots Buttery Biscuit 1/2c Mandarin Oranges Milk / Margarine	**7 (4) Swedish Meatballs in Cream Sauce 1/2c Buttered Parsley Pasta 1/2c Steamed Seasoned Cauliflower 1/2c Fruit Medley Milk / Margarine	*8 Hot Dog on a Bun 1/2c Cheddar Cheese Potatoes 1/2c Seasoned Green Peas Hot Dog Bun Fresh Fruit (Orange) Milk / Margarine	9 6oz Grilled Chicken Cacciatore 1/2c Parmesan Garlic Broccoli 1/2c Buttered Parsley Pasta Fresh Fruit (Banana) Milk / Margarine
12 Columbus Day Center Closed	13 (4) Meatballs Parmesan 1/2c Buttered Parsley Penne Pasta 1/2c Seasoned Broccoli 1/2c Sweet Pineapple Tidbits Milk / Margarine	14 BBQ Grilled Chicken Breast 1/2c Southern Braised Collard Greens 1/2c Warm Spiced Apples with Oats Dinner Roll Milk / Margarine	15 4oz Chicken Philly Hoagie Hot Dog Bun 1c Cream of Potato Soup 1c Garden Tossed Salad Dressing Packets (2) Milk / Margarine	16 3oz Tender Roast Beef 2 fl oz Pan Gravy 1/2c Mashed Potatoes 1/2c Winter Blend Vegetables Fresh Fruit (Banana) 1 White Bread Milk / Margarine
19 Parmesan Garlic Chicken Salad 1/2c Mandarin Oranges Fresh Baked Cookie Dinner Roll Dressing Packets (2) Milk / Margarine	20 Crispy Pollock Fillet 1/2c Stewed Tomatoes 1/2c Macaroni & Cheese 1 Tartar Sauce Packet Fresh Fruit (Orange) Milk / Margarine	21 BBQ Pork Rib Sandwich Hamburger Bun 1/2c Steamed Seasoned Cauliflower 1/2c Homestyle Coleslaaw 1/2c Warm Spiced Apples Milk / Margarine	22 Baked Meatloaf 2 fl oz Carmelized Onion Gravy 1/2c Garlic Mashed Potatoes 1/2c Seasoned Peas 1 Wheat Breed Fresh Fruit (Orange) Milk / Margarine	23 1c Homemade Chili with Cheese Oven Baked Potato 1c Garden Tossed Salad Garlic Herbed Breadstick Dressing Packets (2) Milk / Margarine
26 Crispy Dill Chicken Hamburger Bun 1/2c Golden Roasted Potatoes 1/2c Winter Blend Vegetables Milk / Margarine	27 3oz Slow Roasted Pork Loin 2oz Cranberry Orange Sauce 1/2c Steamed Brown Rice 1/2c Brussel Sprouts Fresh Fruit (Banana) Milk / Margarine	28 Grilled Chicken Supreme 2oz Chicken Gravy 1/2c Buttered Carrots 1/2c Herbed Rice Pilaf Fresh Fruit (Orange) Fresh Baked Cookie Milk / Margarine	29 Southwest Taco Salad 1/2c Seasoned Sweet Corn Crisp Tortilla Chips (8pc) 1/2c Mandarin Oranges Dressing Packets (2) Milk / Margarine	**30 Halloween Party Sweet Italian Sausage w/ Peppers, Onions 1/2c Tater Tots 1/2c Sliced Carrots Hot Dog Bun Orange Poke Cake w/ Topping Milk / Margarine
Menu subject to change.				