

Grove City Senior Community Center
 301 South Broad Street, Grove City, PA 16127
 (724) 458-6844



MAY 2024

Mercer County Community Transit: For reservations call (800) 222-8797

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fitness Center is open daily! Please be sure to sign in when using. Thank you! The hair salon is open Wednesdays by appointment!	<p style="text-align: center;">May is Older American's Month</p>	1 8:30am-Coffee Group 10:00am-Dominos 11:00am-Older American Month Kick-off Social "Powered by Connections" 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch Exercise 1:15pm-Coffee Group	2 8:30am-Coffee Group 10:00am-BINGO 11:30amLunch & Social Hour 1:15pm-Cards, Games, Puzzles 2:00pm-Ice Cream Social 	3 8:30am-Coffee Group 10:00am-Dominos 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone Exercise 1:15pm-Coffee Group 5:00pm-"Mother's Day" Movie Night
6 8:30am-Coffee Group 10:30am-Cornhole 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm-Coffee Group 	7 8:30am -Coffee Group 9:30am-Wii Bowling 11:00am- Nutrition Information 11:30am-Lunch & Social Hour 1:15pm-BINGO 	8 8:30am-Coffee Group 10:00am-Dominos 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch Exercise 1:15pm-Coffee Group 	9 8:30am-Coffee Group 10:00am-BINGO 11:00am-Sharing Program-come share your crafts, art, and or talents! 11:30amLunch & Social Hour 1:15pm-Cards, Games, Puzzles	10 8:30am-Coffee Group 10:00am-Dominos 11:30am-Mother's Day Luncheon 12:15pm-Senior Shape and Tone Exercise 1:15pm-Coffee Group
13 8:30am-Coffee Group 10:30am-Cornhole 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm--Coffee Group 	14 8:30am -Coffee Group 9:30am-Wii Bowling 11:00am-Primary Health Network Speaker, "Anxiety & Stress" 11:30am-Lunch & Social Hour 1:15pm-BINGO	15 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch Exercise 1:15pm-Coffee Group 	16 8:30am-Coffee Group 10:30am-Folk Music & Story Telling by <u>Rick Bruening</u> 11:30am-Lunch & Social Hour 1:15pm-Cards, Games, Puzzles 2:30pm-Rootbeer Float Sale!	17 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone Exercise 1:15pm-Coffee Group
20 8:30am-Coffee Group 10:30am-Cornhole 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm--Coffee Group	21 8:30am -Coffee Group 9:30am-Wii Bowling 11:30am-Lunch & Social Hour 1:15pm-BINGO	22 8:30am-Coffee Group 10:45am-Blood Pressure Screening by <u>Wendy Callahan, Family Home Health & Three Rivers Hospice</u> 11:30am-Birthday Lunch & Social Hour 12:15pm-Senior Stretch	23 8:30am-Coffee Group 10:00am-BINGO 11:00am-PA Dept. of Health speaker, "Ticks" 11:30am-Lunch & Social Hour 1:15pm-Cards, Games, Puzzles	24 8:30am-Coffee Group 11:30am- Memorial Day Picnic Fun, Food, Friends, Games! 12:15pm-Senior Shape and Tone Exercise 1:15pm-Coffee Group
27 Memorial Day Center Closed 	28 8:30am -Coffee Group 9:30am-Wii Bowling 11:30am-Lunch & Social Hour 1:15pm-BINGO	29 8:30am-Coffee Group 11:30am-Birthday Lunch & Social Hour 12:15pm-Senior Stretch Exercise w Lori 2:00-BINGO BONANZA! 	30 8:30am-Coffee Group 9:45am-BINGO 10:45am-Music by the <u>Basement Band</u> 11:30am-Lunch & Social Hour 1:15pm-Cards, Games, Puzzles	31 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone Exercise 1:15pm-Coffee Group

Two days advanced reservation required.

Menus/ Programs Subject to change without notice

Suggested Daily Donation \$2.50 regular meals special meals \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
Grove City Senior Community Center 724-458-6844		Cheese Omelet W/ Peppers, Onions 2 Sausage Patty 1 HashBrown 1 English Muffin w/ Jelly 4oz Juice Cup	Grilled Chicken Caesar Salad 1c Mixed Greens (Diced Chicken Parmesan, Tomato, Croutons) 1c Cream of Broccoli Soup W/ Crackers Dinner Roll 1/2c Blushed Pears	Mango BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Carrots Wheat Bread Fresh Orange
6	7	8	9	Mothers Day Party 10
Country Fried Chicken w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread 1/2c Cinnamon Applesauce	Crab Cake W/ Tarter Sauce 1/2c White Rice 1/2c Island Blend Vegetables Wheat Bread 1/2c Peach Crisp	Stadium Hot Dog 1/2c Potato Salad 1/2c Baked Beans 1 Hot Dog Roll 1/2c Pineapple	Salisbury Steak w/ Gravy Baked Potato w/ Sour Cream 1/2c Broccoli 1 Wheat Bread 1/2c Gelatin	Stuffed Chicken Breast W/ Gravy Baked Potato W/ Sour Cream 1/2C. California Blend Dinner Roll Cheesecake w/ Cherries
13	14	Birthday 15	16	17
Baked Cabbage Roll w/ 2oz Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 White Bread Seasonal Fresh Fruit	Swedish Meatballs (4) w/ Gravy 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll Cookie	Roast Pork w/ 2oz Sauerkraut 1/2c Whipped Potatoes w/ Chives 1/2c Mixed Vegetables 1 Wheat Bread Seasonal Fresh Fruit	Breaded Fish w/ Tarter 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread 1/2c Mandarin Oranges	Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Salsa) Tortilla Chips 1/2c Corn w/ Pimentos 1/2c Pineapple
20	21	22	23	Memorial Day Party 24
Baked Beef Ravioli w/ 1oz Shredded Cheese 1c Tossed Salad w/ Tomato 1 Garlic Breadstick Seasonal Fresh Fruit	Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie	Chicken, Spinach & Cranberry Salad 1c. Mixed Greens & Spinach 1/2c. Beets 1 Breadstick 1/2C. Mixed fruit	Roast Beef w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread 1/2c Pudding	Cheeseburger w/ Lettuce, Tomato 1/2c. Mac Salad 1 Bag Chips 1 Hamburger Roll Poke Cake w/ Topping
Memorial Day 27	28	29	30	31
Closed	Teriyaki Chicken 1/2c Vegetable Rice Pilaf 1/2c Oriental Blend Vegetables 1 Wheat Bread Seasonal Fresh Fruit	Sliced Ham w/ Pineapple Sauce Sweet Potato 1/2c Green Beans 1 Dinner Roll 1 Cookie	Pork Loin w/ Onio Gravy 1/2c Buttered Pasta 1/2c California Blend 1 Wheat Bread 1/2c Peach Crisp	Tuna Salad Sandwich w/lettuce & tomato 1c Tomato Soup w/ Crackers Sandwich Roll Seasonal Fresh Fruit