Grove City Senior Community Center 301 South Broad Street, Grove City, PA 16127

May 2025

(724) 458-6844	ŀ	Mercer County Community Transit: For reservations call (800) 222-8797		
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
NREA AGENCY OF SERVICE	Hair Salon open Wednesdays by appointment! Fitness Center open Daily!	Check out our reverse raffle tabledrawing taking place at our Memorial Day Luncheon	1 8:30am-Coffee Group 10:00am-BINGO 11:15am-Kick-off to Older Americans Month "Flip the Script on Aging" 11:30am-Lunch & Social Hour 1:15am-Coffee Group	2 8:30am-Coffee Group 10:30am-Dominos 11:30am-Lunch & Social Hour 12:15pm-Exercise-Lori Richmond
5 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:00am-Handout by NIA "Older Adults & alcohol" 11:30am-Lunch & Social Hour 1:15pm-Coffee Group		7 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori 10:30am-Eyeglass Cleaning and Repair, Vision Screening Education by Keystone Blind Association	8 8:30am-Coffee Group 10:00am-BINGO 11:00am-Mental Health Awareness Presentation by BHS 11:30am-Lunch & Social Hour 1:15pm-Coffee Group	9 8:30am-Coffee Group 10:30am-Dominos 11:30am-Special Mother's Day Luncheon 12:15pm-Exercise Lori Richmond
12 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:00am-Lunch & Social Hour 1:15pm-Coffee Group	13 8:30am-Coffee Group 11:00am-Nutrition Education Hand-out 10:30am-Wii Bowling 11:30am-Lunch & Social Hour 1:15pm-BINGO	14 8:30am-Coffee Group 10:30am-Blood Pressure Screening by Wendy Callahan, Family Hospice 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori 5:00pm-Family Caregiver Support Group 6:00pm-Music in Overflow	15 8:30am-Coffee Group 10:00am-BINGO 11:00am-Stroke Awareness Screening by Allegheny Heath Network 12:15am-Exercise 2:00pm-Coffee Group	16 8:30am-Coffee Group 10:30am-Dominos 11:30am-Lunch & Social Hour 12:15pm-Exercise-Lori Richmond 2:30pm-Pizza Party Fundraiser 4:30pm-Movie Night
19 8:30am-Coffee Group 10:00am-Puzzle Group 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm- Coffee Group	20 8:30am-Coffee Group 11:00am-Primary Health Network Senior Health Presentation 11:30am-Lunch & Social Hour 1:15pm-BINGO	21 8:30am-Coffee Group 11:00am-Folk Music and Story Telling by Rick Bruening 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori	22 8:30am-Coffee Group 10:00am-BINGO 11:00am-Sharon Regional Home Health Presentation 11:30am-Lunch & Social Hour 2:00pm-lce Cream Social Fundraiser	23 8:30am-Coffee Group 11:00am-Memorial Day Luncheon & Social 12:15pmExercise Lori Richmond 1:15on-Coffee Group
Center Closed Memorial Day	27 8:30am-Coffee Group 10:30am-Wii Bowling 11:30am-Lunch & Social Hour 1:15pm-BINGO 2:30pm-Pizza Fundraiser	28 Volunteer Appreciation Breakfast 9am 8:30am-Coffee Group 10:30am-Crafts 11:30am-Lunch & Social Hour 12:15pm-Exercise with Lori Richmond	29 8:30am-Coffee Group 9:30am-BINGO 10:30am-Family Feud by LIFE of PA Kelly Bianco 11:30am-Lunch & Social Hour	30 8:30am-Coffee Group 10:30am-Dominos 11:30am-Lunch & Social Hour 12:15pm-Exercise-Lori Richmond

Lunch served each day at 11:30 AM- two days advanced reservation required. Menu & Programs Subject to change without notice

Suggested Donation \$3.00 regular meals/\$4.00 special meals.

Nutrition Group	Mercer		May	
Monday	Tuesday	Wednesday	Thursday	Friday
	I decad,		1	2
Suggested Daily Donation			 	<u>-</u>
Juggested Bully Bollation			Pasta & Meatballs (4)	Taco Salad
Daily regular meals-\$3.00 per day	Please reserve regular meals	Congregate Meal Served	1/2c Pasta w/ Marinara	(3oz Taco Meat, .5oz Cheddar,
Special meals-\$4.00	two days in advance and special	Daily at 11:30am	1c Tossed Salad w/ Tomato	Lettuce, Salsa)
Monthly-\$65.00	meals five days in advance	Dany at 11.30am	Bread Stick	Tortilla Chips
	medis in e days in advance		1/2c Mixed Fruit Salad	1c Tortilla Soup
			1,20 Mixed I Fale Salad	1/2c Pineapple
5	6	7	8	Mothers Day Party 9
	<u> </u>	,		Wiothers Buy Furty 5
3oz Pork Loin	Cheese Burger	Chicken Sandwich	3oz Pork Loin w/ 2oz Onion Gravy	Stuffed Chicken Breast W/ Gravy
w/ 2oz Creamy Mushroom Sauce	Tater tots	W/ Lettuce & Tomato	1/2c Mashed Potatoes	Baked Potato W/ Sour Cream
1/2c Rice	1/2c Peas	1c Cream of Potato Soup	1/2c Peas	1/2C. California Blend
1/2c Broccoli	1 Hamburger Bun	Hamburger Bun	Dinner Roll	Dinner Roll
Dinner Roll	1/2c Mandarin Oranges	Fresh Fruit	1/2c Peach Crisp	Cheesecake w/ Cherries
1/2c Pineapple Delight	1,2e Mandarin Granges	rresirraic	1,201 Cuen Chisp	cheeseeake wy cherries
1/20 i incappie Belight	13	14	15	16
	13	14	15	10
Korean Meatballs (4)	Country Fried Chicken w/ Gravy	1c Cabbage Roll Casserole	Chicken, Spinach & Cranberry Salad	Chicken Philly Cheesesteak
1/2c White Rice	1/2c Mashed Potatoes	1/2c Garlic Whipped Potatoes	w/ Dressing	1c Cream of Spinach Soup
1/2c Oriental Vegetables	1/2c Mixed Vegetables	1/2c Peas	1c. Mixed Greens & Spinach	1/2c Coleslaw
1 Wheat Bread	Wheat Bread	1 Dinner Roll	1/2c Broccoli Salad	1 Hotdog Bun
1/2c Fresh Fruit	1/2c Peach Crisp	Seasonal Fresh Fruit	1 Breadstick	1/2c Gelatin
THE STATE OF THE S			1 Cookie	
19	20	Birthday 21	22	Memorial Day Party 23
		-		
Chicken Alfredo	Stuffed Pepper w/ Tomato Sauce	Cheese Omelet	Grilled Chicken Salad	Stadium Hotdog
1/2c Buttered Pasta	1/2c Garlic Whipped Potatoes	w/ Peppers, Onions	(2oz Chicken, Cheddar, HB Egg	1/2c. Mac Salad
1/2c Lemon Pepper Broccoli	1/2c Coin Carrots	2 Sausage Patty	over 1c Mixed Greens)	1 Bag Chips
1 Breadstick	Dinner Roll	1 Hashbrown	1c Cream of Broccoli Soup	1 Hotdog Bun
1/2c Pudding	Fresh Fruit	3 French Toast Sticks w/ Syrup	1 Dinner Roll	Melon
		4oz Juice Cup	1/2c Fruited Gelatin	
Memorial Day 26	27	28	29	30
	Swiss Steak w/ Onion Gravy	Poporn Chicken W/ Gravy	Sliced Ham W/ Pineapple Glaze	BBQ Chicken Breast
Center	1/2c Mashed Potatoes	1/2c whipped Potatoes	1/2c Whipped Sweet Potatoes	1/2c Country Collard Greens
Closed	1/2c Green Beans	1/2c Corn	1/2c Peas	1/2c Baked Beans
	Wheat Bread	1 Dinner roll	1 Dinner Roll	1 Dinner Roll
	1/2c Pineapple Delight	1/2c Blushed Pears	1 Cookie	Seasonal Fresh Fruit