Mercer County Area Agency on Aging, Inc.

## Grove City Senior Community Center 301 South Broad Street, Grove City, PA 16127

## (724) 458-6844

## July 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 <b>8:30</b> am-Coffee Group 10:30am-UNO/Card Games 11:30am-Lunch & Social Hour 1:15pm-BINGO	<ul> <li>2 8:30am-Coffee Group</li> <li>10:30am-Crafts</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>12:15pm-Exercise w Lori</li> </ul>	<ul> <li>3 8:30am-Coffee Group</li> <li>10:00am-BINGO</li> <li>11:30am-Special Fourth of July- Lunch &amp; Social Hour</li> <li>1:15am-Coffee Group</li> </ul>	4 Center Closed
<ul> <li>7 8:30am-Coffee Group</li> <li>11:00am-Mind Bender Puzzles</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>1:15pm-Coffee Group</li> <li>1:30-2:30pm-FMNP</li> <li>Distribution for Center</li> <li>Participants</li> </ul>	8 8:30am-Coffee Group 10:30am-UNO/Card Games 11:00am- Nutritional Education Hand-Out 11:30am-Lunch & Social Hour 1:15pm-BINGO	<ul> <li>9 11:30am-Lunch &amp; Social Hour</li> <li>12:15pm-Exercise w Lori</li> <li>*FMNP distribution 2:00pm-4pm *</li> <li>5:00pm-Family Caregiver</li> <li>Support Group</li> <li>6:00pm-Music in Overflow</li> </ul>	<ul> <li>10 8:30am-Coffee Group</li> <li>10:00am-BINGO</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>1:15pm-Coffee Group</li> <li>Senior Day at the Grange Fair</li> <li>1:00pm</li> </ul>	<ul> <li>11 8:30am-Coffee Group</li> <li>10:30am-Dominos</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>12:15pm-Exercise Lori Richmond</li> <li>1:15pm-Coffee Group</li> </ul>
<ul> <li>14 8:30am-Coffee Group</li> <li>9:00am-11:00am</li> <li>FMNP Distribution</li> <li>11:00am-Mind Bender Puzzles</li> <li>11:00am-Lunch &amp; Social Hour</li> <li>1:15pm-Coffee Group</li> </ul>	<ul> <li>15 8:30am-Coffee Group</li> <li>11:00am-Primary Health Network</li> <li>Senior Health Presentation</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>1:15pm-BINGO</li> </ul>	<ul> <li>16 8:30am-Coffee Group</li> <li>10:30am-Crafts</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>12:15pm-Exercise w Lori</li> <li>1:00pm-3:00pm-FMNP distribution</li> </ul>	<b>17</b> 8:30am-Coffee Group 10:00am-BINGO 11:30am-Lunch & Social Hour 1:30pm-Cornhole	<ul> <li>18 8:30am-Coffee Group</li> <li>10:30am-Dominos</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>12:15pm-Exercise-Lori Richmond</li> <li>1:15pm-Coffee Group</li> </ul>
21 8:30am-Coffee Group 9:00am—11:00am FMNP Distribution 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm- Coffee Group	22 8:30am-Coffee Group 10:30am-UNO/Card Games 11:30am-Lunch & Social Hour 1:15pm-BINGO	<ul> <li>23 8:30am-Coffee Group</li> <li>10:30am-Fun and Games with</li> <li>Kelly Bianco, Life</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>12:15pm-Exercise w Lori</li> <li>1:00pm-3:00pm-FMNP distribution</li> </ul>	24 8:30am-Coffee Group 10:00am-BINGO 11:30am-Lunch & Social Hour 1:30pm-Ciornhole	<b>25</b> 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pmExercise Lori Richmond 1:15on-Coffee Group
<ul> <li>28 8:30am-Coffee Group</li> <li>11:00am-Mind Bender Puzzles</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>1:00pm-Center Closed for</li> <li>Staff Inservice Training</li> </ul>	<ul> <li>29 8:30am-Coffee Group</li> <li>10:30am-Wii Bowling</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>1:15pm-BINGO</li> <li>2:00pm-4:00pm-Senior Outreach</li> <li>by the Salvation Arm</li> </ul>	30 8:30am-Coffee Group 10:00am-Crafts 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori 1:00pm-3:00pm-FMNP distribution	<ul> <li>31 8:30am-Coffee Group</li> <li>10:00am-BINGO</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>1:15am-Coffee Group</li> <li>2:00pm-Discussion Group</li> </ul>	*Fitness center is open daily! *Hair Salon is open Wednesdays by appointment! *Programs/Meals subject to change without notice

Nutrition	Mercer		July	
Monday	Tuesday	Wednesday	Thursday	Friday
monady	1	2	4th Of July Party 3	4th Of July
	_	—		
	Stuffed Pepper w/ Tomato Sauce	Crispy Chicken Sandwich	Stadium Hotdog	
	1/2c Garlic Whipped Potatoes	W/ Lettuce & Tomato	1/2c Hashbrown Casserole	Closed
	1/2c Coin Carrots	1c Cream of Potato Soup	1/2c Coleslaw	
	1 White Bread	Hamburger Bun	HD Bun	
	1/2c Pudding	Fresh Fruit	Poke Cake W/ Topping	
	1/201 ddding	i i contrate		
7	8	9	10	Valley Birthday 11
-				
Popcorn Chicken w/ 2oz Gravy	BBQ Pulled Pork	4oz Sloppy Joe	BBQ Pork Ribette	3oz Baked Meatloaf w/ 2oz Grav
1/2c Mashed Potatoes	1/2c Whipped Cheesy Potatoes	1/2c Roasted Sweet Potatoes	1/2c Buttered Pasta	1/2c Mashed Potatoes
1/2c Corn	1/2c Peas	1/2c Cauliflower	1/2c Brussel Sprouts	1/2c Corn
Dinner Roll	1 Hot Dog Roll	1 Hamburger Bun	1 Sandwich Roll	1 White Bread
Fresh Fruit	1/2c Pineapple & Mandarin Oranges	1 Cookie	1/2c Pineapple Delight	Seasonal Fresh Fruit
i i con i i con i i con	1720 Tincappie & Mandarin Oranges			Scasonarreshrrat
14	15	16 Birthday Meal	17	18
17	15	To birthday wear	17	10
Chicken Alfredo	Chicken Philly Cheesesteak	1c Cabbage Roll Casserole	Sliced Ham W/ Pineapple Glaze	Country Fried Chicken w/ Gravy
1/2c Buttered Pasta	1c Cream of Spinach Soup	1/2c Garlic Whipped Potatoes	1/2c Whipped Sweet Potatoes	1/2c Mashed Potatoes
1/2c Lemon Pepper Broccoli	1/2c Coleslaw	1/2c Peas	1/2c Peas	1/2c Mixed Vegetables
1 Breadstick	1 Hotdog Bun	1 Dinner Roll	1 Dinner Roll	Wheat Bread
1/2c Pudding	1/2c Gelatin	Seasonal Fresh Fruit	1 Cookie	1/2c Peach Crisp
1/201 ddding	1,20 0010111	Scasonarreshrrate		
21	22	23	24	25
<b>6 1</b>		23		
Korean Meatballs (4)	Cheese Omelet	Swiss Steak w/ Onion Gravy	BBQ Chicken Breast	Grilled Chicken Salad
1/2c White Rice	w/ Peppers, Onions	1/2c Mashed Potatoes	1/2c Country Collard Greens	(2oz Chicken, Cheddar, HB Egg
1/2c Oriental Vegetables	2 Sausage Patty	1/2c Green Beans	1/2c Baked Beans	over 1c Mixed Greens)
1 Wheat Bread	1 Hashbrown	Wheat Bread	1 Dinner Roll	1c Cream of Broccoli Soup
1/2c Fresh Fruit	3 French Toast Sticks w/ Syrup	1/2c Pineapple Delight	Seasonal Fresh Fruit	1 Dinner Roll
1/20 Hesh Huit	4oz Juice Cup	1/20 Pilleapple Delight	Seasonairresirruit	Cookie
28	<b>29</b>	30	31	COOKIE
20	23	30	31	Grove City Senior Community Cen
3oz Balsamic Chicken	Chicken, Spinach & Cranberry Salad	Baked Crab Cake	Lasagna W/ Sauce	724-458-6844
1/2c Rice	w/ Dressing	w/ Lettuce & Tomato	1c Deluxe Salad w/ Tomato	
_,	1c. Mixed Greens & Spinach	1c Tomato Basil Soup	Green Peppers, Onions, Cucum,	suggested daily donations:
1/2c Island Vegetables				
1/2c Island Vegetables 1 Garlic Breadstick	1/2c Vegetable Soup	Bun	Olives, Cheese	regular meal-\$3
	1/2c Vegetable Soup 1 Breadstick	Bun 1/2c Gelatin	1 Dinner Roll	Special Meal \$4.00