









Grove City Senior Community Center
 301 South Broad Street, Grove City, PA 16127
 (724) 458-6844

JULY 2024

Mercer County Community Transit: For reservations call (800) 222-8797

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm-Coffee Group 	2 8:30am -Coffee Group 9:00am-Grove City Ford Donuts and Vehicle Safety Check! 9:30am-Wii Bowling 11:30am-Lunch & Social Hour 1:15pm-BINGO	2 8:30am-Coffee Group 10:00am-Dominos 11:30am-Fourth of July Picnic 12:15pm-Senior Stretch Exercise 1:15pm-Coffee Group FMNP 1:00pm-3:00pm	3 Center Closed Independence Day 	4 8:30am-Coffee Group 10:00am-Dominos 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone Exercise 1:15pm-Coffee Group 
8 8:30am-Coffee Group 10:30am-Cornhole 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm-Coffee Group 10:30am-Folk Music & Story Telling by Rick Bruening	9 8:30am -Coffee Group 9:30am-Wii Bowling 11:00am-Primary Health Network Presenter, Tom Hall, Senior Health 11:30am-Lunch & Social Hour 1:15pm-BINGO FMNP 9:30-11:00am	10 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch Exercise 1:15pm-Coffee Group FMNP 1:00pm-3:00pm 	11 8:30am-Coffee Group 10:00am-BINGO sponsored by Autumn Grove Nursing Facility 11:30amLunch & Social Hour 1:15pm-Cards, Games, Puzzles 	12 8:30am-Coffee Group 10:00am-Dominos 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone Exercise 1:15pm-Coffee Group 4:30-6:00pm Salvation Army Senior Outreach
15 8:30am-Coffee Group 10:30am-Cornhole 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm--Coffee Group	16 8:30am -Coffee Group 9:30am-Wii Bowling 11:00am- Nutrition Information 11:30am-Lunch & Social Hour 1:15pm-BINGO	17 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch Exercise 1:15pm-Coffee Group FMNP 1:00pm-3:00pm	18 8:30am-Coffee Group 10:00am-BINGO & BINGOSIZE 11:30am-Lunch & Social Hour 1:15pm-Cards, Games, Puzzles 2:30pm-Rootbeer Float Sale!	19 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone Exercise 1:15pm-Coffee Group
22 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm--Coffee Group 	23 8:30am -Coffee Group 9:30am-Wii Bowling 11:30am-Lunch & Social Hour 1:15pm-BINGO FMNP 9:30-11:00am	24 8:30am-Coffee Group 10:45am-Blood Pressure Screening by Wendy Callahan, Family Home Health & Three Rivers Hospice 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch 2:00pm-Croquet	25 3 8:30am-Coffee Group 9:45am-BINGO 10:45am-Basement Band Performance 11:30am-Lunch & Social Hour 1:15pm-Crafts with Amanda Grove Manor Assisted Living	26 8:30am-Coffee Group 11:30am- Lunch & Social Hour 12:15pm-Senior Shape and Tone Exercise 1:15pm-Coffee Group
29 8:30am-Coffee Group 11:00am-Keystone Safari Field Trip. Reservations required. 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm-Coffee Group	30 8:30am -Coffee Group 9:30am-Wii Bowling 11:30am-Lunch & Social Hour 1:15pm-BINGO 	31 8:30am-Coffee Group 10:00am-Crafts 11:30am- Lunch & Social Hour 12:15pm-Senior Stretch Exercise w Lori	Fitness Room is open! Please sign-in Beauty Salon is available by appointment on Wednesdays!	

Two days advanced reservation required for regular meals/one week for special meals/ Menus/ Programs Subject to change without notice/Suggested Daily Donation \$3.00 regular meals special meals \$4.00

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	Forth of July Party 3	Forth of July4	5
Baked Cabbage Roll w/ 2oz Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 White Bread Seasonal Fresh Fruit	Swedish Meatballs (4) w/ Gravy 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll Seasonal Fresh Fruit	BBQ Pulled Pork Sandwich 1/2c Hashbrown Casserole 1/2c Coleslaw Bun Deluxe Brownie	Closed	Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Salsa) Tortilla Chips 1/2c Corn w/ Pimentos 1/2c Pineapple
8	9	10	11	12
Sliced Ham w/ Pineapple Sauce Sweet Potatoes 1/2c Green Beans 1 Dinner Roll 1/2c Pudding	Baked Meatloaf w/ Gravy Baked Potato W/ Sour Cream 1/2c Peas 1 White Bread 1 Cookie	Sloppy Joe Tater Tots 1/2c Green Beans 1 Hamburger Bun Seasonal Fresh Fruit	Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup w/ Crackers 1 Dinner Roll 1/2c Blushed Pears	Teriyaki Chicken 1/2c Vegetable Rice Pilaf 1/2c Oriental Blend Vegetables 1 Wheat Bread Seasonal Fresh Fruit
15	16	GV&GC Birthday17	18	19
Cheeseburger w/ Lettuce, Tomato 1c Creamy Potato Soup w/ Crackers 1 Hamburger Roll Seasonal Fresh Fruit	Pork Loin w/ Onion Gravy 1/2c Buttered Pasta 1/2c California Blend 1 Wheat Bread 1/2c Peach Crisp	Roast Beef w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread Seasonal Fresh Fruit	Parmesan Chicken Over 1/2c. Buttered Noodles 1c. Tossed Salad W/Tomato 1 Breadstick 1/2c. Apple Crisp	Tuna Salad Sandwich w/lettuce & tomato 1c Tomato Soup w/ Crackers Sandwich Roll 1/2c Gelatin
22	23	24	25	26
Stuffed Pepper w/ Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots/Peas 1 White Bread 1/2c Pudding	Sweet & Sour Pork 1/2c. Rice 1/2c Broccoli & Cauliflower Blend 1 Wheat Bread Seasonal Fresh Fruit	Chicken, Spinach & Cranberry Salad 1c. Mixed Greens & Spinach 1/2c. Beets 1 Breadstick 1/2C. Mixed Fruit	Swiss Steak w/ 2oz Onion Gravy 1/2c Whipped Potatoes 1/2c Carrots 1 Wheat Bread 1/2c Gelatin	Creamy Vegetable Lasagna .5oz Shredded Mozzarella 1c Tossed Salad 1 Garlic Breadstick 1/2c Peaches
29	30	31		
Creamy Garlic Chicken Breast 1/2c Buttered Noodles 1/2c Roasted Brussel Sprouts 1 Wheat Bread 1/2c Mandarin Oranges	Lemon Pepper Fish w/ tarter 1/2c Rice Pilaf 1/2c California Blend Vegetables Dinner Roll Seasonal Fresh Fruit	Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie		

Suggested daily donation-\$3.00 per day for regular meals and \$4.00 per day for special meals. Please reserve special meals one week in advance and all other meals at least two days in advance.