







Grove City Senior Community Center

301 South Broad Street, Grove City, PA 16127

(724) 458-6844

January 2025

Mercer County Community Transit: For reservations call (800) 222-8797

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Fitness Center is open for your fitness goals-don't forget to sign-in. 😊</i></p> <p><i>Hair Salon is open on Wednesdays by appointment</i></p>		<p>1</p> <p>Center Closed</p> 	<p>2 8:30am-Coffee Group 10:00am-BINGO 11:30am-Lunch & Social Hour 1:30pm-Cards</p>	<p>3 8:30am-Coffee Group 11:15am-Grove City Community Food Pantry presentation by Tracy Turner, Director 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori</p>
<p>6 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:00am-Lunch & Social Hour 1:15pm-Coffee Group</p> 	<p>7 8:30am-Coffee Group 11:00am-Nutrition Information 11:30am-Lunch & Social Hour 1:15pm-BINGO sponsored by Autumn Grove/Transitions Nursing Home</p>	<p>8 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Exercise with Lori Richmond 5:00pm-Family Caregiver Support Group 6:00pm-Musicians in Overflow perform</p>	<p>9 8:30am-Coffee Group 10:00am-BINGO 11:00am-Speaker "Seasonal Affect Disorder" by Anna Shoaf, Healthy Ideas 11:30am-Lunch & Social Hour 1:30pm-Cards</p>	<p>10 8:30am-Coffee Group 10:30am-Dominos 12:15pm-Exercisew Lori Richmond 4:30pm-Movie</p> 
<p>13 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:30pm-Violin Music by Josh Rowe</p>	<p>14 8:30am-Coffee Group 11:00am-"CardiacMeds"by Primary Health Network Speaker 11:30am-Lunch & Social Hour 1:15pm-BINGO</p>	<p>15 8:30am-Coffee Group 10:00am-Special BINGO 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori</p> 	<p>16 8:30am-Coffee Group 10:00am-BINGO 11:00am-"Winter Preparedness" speaker PA Department of Health 11:30am-Lunch & Social Hour 1:30pm-Cards</p>	<p>17 Pancake Breakfast 8:30-10:00am 10:30am-Dominos 12:15pm-Exercisew Lori Richmond 1:15on-Coffee Group</p>
<p>20</p> <p>Center Closed Martin Luther King, Jr. Day</p>	<p>21 8:30am-Coffee Group 10:00am-Indoor Walking Group 11:30am-Lunch & Social Hour 1:15pm-BINGO</p> 	<p>22 8:30am-Coffee Group 10:45am-Blood Pressure Screening by Wendy Callahan, Quality of Life Services 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori</p>	<p>23 8:30am-Coffee Group 10:00am-BINGO 11:30am-Lunch & Social Hour 2:30pm-Peanut Butter Day Fundraiser</p>	<p>24 8:30am-Coffee Group 10:30am-Dominos 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori Richmond 4:30pm-Movie</p>
<p>27 8:30am-Coffee Group 10:00am-Puzzle Group 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm- Coffee Group</p>	<p>28 8:30am-Coffee Group 10:00am-Indoor Walking Group 11:30am-Lunch & Social Hour 1:15pm-BINGO</p>	<p>29 8:30am-Coffee Group 10:00am-Games 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori</p>	<p>30 8:30am-Coffee Group 10:00am-BINGO 11:30am-Lunch & Social Hour 1:30pm-Cards</p>	<p>31 8:30am-Coffee Group 10:30am-Dominos 12:15pm-Exercisew Lori Richmond 1:15on-Coffee Group</p>



Fall/winter 2025

January

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	Birthday Valley 3
		Closed	Swedish Meatballs (4) w/ Gravy 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll 1/2c Blushed Pears	1c Chili W/ Crackers 1/2oz Cheddar Cheese 1c Tossed Salad w/ Tomato Cornbread Fresh Fruit
6	7	8	9	10
Breaded Fish 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit	Sweet Sausage w/ Peppers & Onions 1/2c Buttered Noodles 1/2c Green Beans Hotdog Bun Cookie	Chicken Marsala w/ 2oz Sauce 1/2c Rice Pilaf 1/2c Broccoli & Cauliflower Blend Wheat Bread Fresh Fruit	Sloppy Joe 1/2c Roasted Sweet Potato Tots 1/2c Green Beans 1 Hamburger Bun Fresh Fruit	Popcorn Chicken w/ Gravy 1/2c Whipped Potatoes 1/2c Corn 1 Biscuit 1/2c Peaches
13	14	15	16	MLK Special 17
Stuffed Pepper w/ Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 White Bread 1/2c Pudding	Turkey Chef Salad (2oz Turkey, 1/2Egg, Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup W/ crackers 1 Dinner Roll 1/2c Gelatin	Chicken Alfredo 1/2c Noodles 1/2c Broccoli 1 Garlic Breadstick 1/2c. Warm Apple Cranberry Crisp	Baked Meatloaf w/ Gravy Baked Potato w/ Sour Cream 1/2c Beets 1 White Bread Seasonal Fresh Fruit	BBQ Chicken Breast 1/2 Cheesey Potato Casserole 1/2c Green Bean Dinner Roll Chocolate Cake
MLK Day 20	21	Birthday 22	23	24
Closed	Chicken Bacon Carbonara (3oz Chicken, 1/2oz Bacon) 1/2c Pasta 1/2c Peas 1 Breadstick 1/2c Mandarin Oranges	Sliced Ham W/ Raisin Sauce Whole Sweet Potato 1/2c Peas & Carrots 1 Dinner Roll Fresh Fruit	Country Fried Chicken w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables Wheat Bread 1/2c Apple Crisp	Sweet & Sour Pork 1/2c. Rice 1/2c Broccoli & Cauliflower Blend 1 Dinner Roll 1 Cookie
27	28	29	30	31
Cheeseburger W/ Lettuce & Tomato 1c Creamy Potato Soup w/ Crackers 1 Hamburger Roll Seasonal Fresh Fruit	Open Faced Turkey Sandwich w/ Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie	BBQ Pork Ribette 1/2c Brown Rice 1/2c Green Beans 1 Sandwich Bun 1/2c Pineapple Delight	Cheese Omelet w/ Peppers, Onions, Cheese 2 Sausage Patty Hashbrown 3 French Toast Sticks w/ Syrup 4oz Juice	Grilled Chicken Salad (2oz Chicken, Cheddar, 1/2 Egg over 1c Mixed Greens) 1c Cream of Broccoli Soup W/ Crackers 1 Dinner Roll 1/2c Fruited Gelatin

Menus subject to change without notice

Meals-Suggested daily donation \$3.00 Special Meals-4.00

