## Mercer County Area Agency on Aging, Inc.

## Grove City Senior Community Center 301 South Broad Street, Grove City, PA 16127

## February 2025

(724) 458-6844		Mercer County Community Transit: For reservations call (800) 222-8797			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>3</b> 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:00am-Lunch & Social Hour 1:15pm-Coffee Group	<ul> <li>4 8:30am-Coffee Group</li> <li>10:00am-Indoor Walking Group</li> <li>11:00am-Nutrition Information</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>1:15pm-BINGO</li> </ul>	5 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Exercise with Lori Richmond 6:00pm-Musicians in Overflow perform	<b>6</b> <i>8:30</i> am-Coffee Group 10:00am-BINGO 11:30am-Lunch & Social Hour 1:30pm-Cards	7 8:30am-Coffee Group 10:30am-Dominos 12:15pm-Exercisew Lori Richmor 4:30pm-Movie Night	
10 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:30pm-Violin Music by Josh Rowe	11 8:30am-Coffee Group 11:00am-Speaker"CardiacMeds"by Primary Health Network Speaker 11:30am-Lunch & Social Hour 1:15pm-BINGO	<ul> <li>12 8:30am-Coffee Group</li> <li>10:00am-Special BINGO</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>12:15pm-Exercise w Lori</li> <li>5:00pm-Family Caregiver</li> <li>Support Group</li> <li>6:00pm-Music in Overflow Area</li> </ul>	<ul> <li>13 8:30am-Coffee Group</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>11:00am-"Gambling Away the Golden Years" by Amy</li> <li>Hesselgesser, MC Behavioral Health</li> <li>1:30pm-Valentine Art Activity</li> </ul>	<ul> <li>14 8:30am-Coffee Group</li> <li>10:30am-Dominos</li> <li>✓ 11:00am</li> <li>Valentine's Party</li> <li>&amp; Special Meal</li> <li>12:15pm-Exercisew Lori Richmor</li> <li>1:15on-Coffee Group</li> </ul>	
17 Center Closed President's Day	<ul> <li>18 8:30am-Coffee Group</li> <li>10:00am-Indoor Walking Group</li> <li>10:45am-Music by The Basement Band</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>1:15pm-BINGO</li> </ul>	<ul> <li>19 8:30am-Coffee Group</li> <li>10:30am-Crafts</li> <li>11:25am-February Birthdays</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>12:15pm-Exercise w Lori</li> </ul>	20 8:30am-Coffee Group 10:00am-BINGO 10:00am-BINGO 11:00am-"Flu and RSV" speaker PA Department of Health 11:30am-Lunch & Social Hour 2:00pm-Discussion Group	21 8:30am-Coffee Group 10:30am-Dominos 11:30am-Lunch & Social Hour 12:15pm-Exercise- Lori Richmono <b>1:00pm-5:00pm</b> Healthy Steps for Older Pennsylvanians Program (prior registration required)	
24 8:30am-Coffee Group 10:00am-Puzzle Group 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm- Coffee Group	<b>25</b> 8:30am-Coffee Group 10:00am-Indoor Walking Group <i>11:30am-Lunch &amp; Social Hour</i> 1:15pm-BINGO	26 8:30am-Coffee Group 10:45am-Blood Pressure Screening by Wendy Callahan, Quality of Life Services 11:30am-Lunch & Social Hour 12:15pm-Exercise w Lori	<ul> <li>27 8:30am-Coffee Group</li> <li>10:00am-BINGO</li> <li>11:00am-Speaker, Tracy Turner,</li> <li>Grove City Community Food Pantry</li> <li>11:30am-Lunch &amp; Social Hour</li> <li>1:30pm-Cards</li> </ul>	28 8:30am-Coffee Group 10:30am-Dominos 12:15pm.Exercise w Lori Richmon 1:15on-Coffee Group 4:30pm-Movie Night	
Fitness Center is open for your fitness goals-don't forget to sign-in. 😊	<i>Hair Salon is open on Wednesdays by</i> appointment		<b>\$</b>	Check-out our Chance Auction Tickets are \$1.00 donation and drawing will be February 28 <sup>th</sup>	

Lunch served each day at 11:30 AM- two days advanced reservation required. Menu & Programs Subject to change without notice

Suggested Donation \$3.00 regular meals/\$4.00 special meals.

Nutrition	Mercer	724-458-6844	February	2024
Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Burgundy Glazed Meatballs (4)	Potato Crusted Fish	Stadium Hot Dog	Pork Loin w/ Onion Gravy	Pizza Burger
1/2c Rice	1/2c Buttered Noodles	1/2c tater Tots	1/2c Cubed Potatoes	(1oz Sauce,5oz Mozzarella)
1/2c Carrots	1/2c Stewed Tomatoes	1/2c Pickled Beets	1/2c Cauliflower	Chips
1 Italian Breadstick	1 Breadstick	1 Hot Dog Roll	1 Wheat Bread	1/2c Coleslaw
1/2c Mandarin Oranges	1/2c Pineapple	Fresh Fruit	1/2c Peach Crisp	Hamburger Bun
				Fresh Fruit
10	11	12	13	Valentines Day 14
Chicken Bruschetta	Turkey Chef Salad	Baked Crab Cake w/ Lett & Tom	Chicken & Dumplings	Pot Roast W/ Gravy
1/2c Pesto Pasta	(2oz Turkey, 1/2Egg, Cheddar, over	1c Tomato Basil Bisque	1/2c Mixed Vegetables	Baked potato w/ Sour Cream
1/2c Island Blend Vegetables	1c Mixed Greens w/ Tomato)	White Bread	Whole Grain Buttermilk Biscuit	Peas& Carrots
1 Dinner Roll	1c Vegetable Soup W/ crackers	1/2c Cinnamon Apple Slices	Fresh Orange	Dinner Roll
1/2c Pudding	1 Dinner Roll			Angel Food Cake w/ Strawberries
	1/2c Gelatin			
17	18	Birthday Meal 19	20	21
Open Faced Roast Beef w/ Gravy	Salisbury Steak w/ Gravy	Spaghetti & Meatballs (4)	Honey BBQ Chicken Breast	Baked Cabbage Roll
1/2c Mashed Potatoes	Baked Potato w/ Sour Cream	1/2c Pasta w/ Marinara	1/2c Brown Rice	w/ 2oz Tomato Sauce
1/2c Mixed Vegetables	1/2c Broccoli	1c Tossed Salad w/ Tomato	1/2c Carrots	1/2c Garlic Whipped Potatoes
1 White Bread	1 Wheat Bread	1 Garlic Breadstick	Wheat Bread	1/2c Carrots
1/2c Pudding	1/2c Gelatin	Seasonal Fresh Fruit	1/2c Mixed Fruit Salad	1 Dinner Roll
				1/2c Peach Crisp
24	25	26	27	28
1c Chili W/ Crackers	Country Fried Chicken w/ Gravy	Sweet Sausage	Chicken Marsala	Sloppy Joe
1/2oz Cheddar Cheese	1/2c Mashed Potatoes	w/ Peppers & Onions	w/ 2oz Mushroom Sauce	1/2c Roasted Sweet Potato Tots
1c Tossed Salad w/ Tomato	1/2c Mixed Vegetables	1/2c Buttered Noodles	1/2c Rice Pilaf	1/2c Green Beans
Cornbread	Wheat Bread	1/2c Green Beans	1/2c Broccoli & Cauliflower Blend	1 Hamburger Bun
1/2c Warm Appleslices	1/2c Apple Crisp	Hotdog Bun	Wheat Bread	Fresh Fruit
		Cookie	Fresh Fruit	