

Grove City Senior Community Center

301 South Broad Street, Grove City, PA 16127
(724) 458-6844

August 2026

Mercer County Community Transit: For reservations call (800) 222-8797

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm-Coffee Group	4 8:30am -Coffee Group 11:00am-Nutrition Education 11:30am-Lunch & Social Hour 12:15pm-Dominos 1:15-BINGO	5 8:30am-Coffee Group 10:30am-Keystone Blind Association Vision Screening 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch Exercise	6:30am-Coffee Group 10:00am-Bingo 11:30am-Lunch & Social Hour 1:30pm-Cornhole	7 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone 1:00pm-Dominos 1:15pm-Coffee Group
10 8:30am-Coffee Group 11:00am-Mind Bender Puzzle 11:30am-Lunch & Social Hour 1:15pm-Coffee Group	11 8:30am -Coffee Group 10:30am-BloodPressure Screening by AHN-Grove City 11:30am-Lunch & Social Hour 12:15pm-Dominos 1:15-BINGO	12 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch Exercise 5:00pm-Family Caregiver Support Group 6:00pm-Music in the Overflow	13 8:30am-Coffee Group 10:00am-Bingo 11:30am-Lunch & Social Hour 1:30pm-Cornhole	14 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone 1:00pm-Dominos 1:15pm-Coffee Group
17 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm-Coffee Group	18 8:30am -Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Dominos 1:15pm-BINGO	19 8:30am-Coffee Group 11:00am-Nutrition Education Hand-out 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch Exercise 2:00pm-Presentation: Digital Danger Zones by Att. General's Office	20 8:30am-Coffee Group 10:00am- BINGO sponsored by Orchard Manor 11:30am-Lunch & Social Hour 1:00pm-Music by Josh Rowe	21 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone 1:00pm-Dominos 1:15pm-Coffee Group
24 8:30am-Coffee Group 11:00am-Mind Bender Puzzle 11:30am-Lunch & Social Hour 1:15pm-Coffee Group	25 8:30am-Coffee Group 11:30am-Music by the Basement Band 11:30am-Lunch & Social Hour 12:15pm-Dominos 1:15pm-BINGO	26 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch Exercise 1:30pm-Crafts	27 8:30am-Coffee Group 10:00am-BINGO 11:00am-Senior Health Presentation by Kelly Bianco, LIFE 11:30am-Lunch & Social Hour 1:30pm-Cornhole	28 8:30am-Coffee Group 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone 1:00pm-Dominos 1:30pm-Hot Dog Fundraiser
31 8:30am-Coffee Group 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour w/ Potluck Sharing				

Alternative: Bologna & Cheese Sandwich

Monday	Tuesday	Wednesday	Thursday	Friday
3 Savory Farm House Omelet 2oz Peppers & Onions 1/2c Herbed Breakfast Potatoes 1/2c Warm Spice Pears Buttery Baked Biscuit	4 3oz Ham with BBQ Glaze 1/2c Seasoned Green Beans 1/2c Warm Spiced Apples 1/2c Homestyle Coleslaw Hamburger Bun	5 Crispy Chicken Cutlet 2oz Pan Gravy 1/2c Mashed Potatoes 1/2c Oven Roasted Brussel Sprouts Wheat Bread 1/2c Fruit Medley	6 Cube Steak with Onions & Peppers in a Red Sauce Oven Baked Potato 1/2c Seasoned Carrots Wheat Bread 1/2c Fruited Flavored Gelatin	7 Creamy Tuna Salad Sandwich 1/2c Crispy Broccoli Salad 1/2c Pickled Beet Salad Fresh Fruit
10 Oven Baked Lasagna Roll Up 2oz Cream of Spinach Sauce 1/2c Peas & Pearl Onions Medley 1/2c California Blend Vegetables Garlic Herb Breadstick Fresh Fruit	11 Italian Meatball Sub (3) Hot Dog Bun 1c Pasta Fagioli Soup 1c Garden Tossed Salad Fresh Fruit Dressing Packet (1)	12 Grilled Chicken Breast 1/2c Broccoli, Cheese & Rice Casserole 1/2c Seasoned Carrots 1/2c Diced Pears Dinner Roll	13 Classic Cheeseburger Hamburger Bun 1/2c Golden Roasted Potatoes 1/2c Vegetable Medley 1/2c Mandarin Oranges	14 3oz Roasted Turkey with Gravy Wheat Bread 1/2c Garlic Mashed Potatoes 1/2c Seasoned Sweet Corn Fresh Baked Cookie
17 Swedish Meatballs in Cream Sauce (4) 1/2c Buttered Pasta 1/2c Seasoned Broccoli Dinner Roll 1/2c Warm Spiced Peaches	18 Roasted Turkey Chef Salad 1c Hearty Vegetable Soup Cracker (1) Wheat Bread 1/2c Fruited Flavored Gelatin Dressing Packets (2)	19 Creamy Chicken Salad Hamburger Bun 1/2c Marinated Tomato Cucumber Salad 1/2c Macaroni Salad Fresh Fruit	20 Oven Baked Hot Dog Hot Dog Bun 1/2c Cheddar Cheese Potatoes 1/2c Seasoned Green Peas 1/2c Sweet Pineapple Tidbits	21 Chopped Beef Steak 2oz Gravy Baked Potato 1/2c Mixed Vegetables Wheat Bread Fresh Baked Cookie
24 Potato Crusted Pollock Tbsp. Sweet Corn & Red Pepper Relish 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes Wheat Bread Fresh Fruit	25 1/2c Classic Penne with Meatballs (4) 1c Garden Tossed Salad Garlic Herb Breadstick 1/2c Warm Spiced Apples Dressing Packet (1)	26 Chicken Philly Hoagie Hot Dog Bun 1c Cream of Potato Soup 1/2c Homestyle Coleslaw Fresh Baked Cookie	27 3oz Tender Roast Beef 2oz Beef Gravy 1/2c Mashed Potatoes 1/2c Seasoned Carrots White Bread 1/2c Warm Spiced Peaches	28 Southwest Taco Salad 1/2c Seasoned Sweet Corn Crisp Tortilla Chips (10 pc) 1/2c Sweet Pineapple Tidbits Dressing Packets (2)
31 1c Tortellini w/ Creamy Meat Sauce 1/2c Garlic Green Beans 1/2c Seasoned California Blend Veg. Garlic Herb Breadstick 1/2c Sweet Diced Peaches (last day of August)		<i>For seniors, it's important to maintain muscle mass. Lean proteins, whole grains and low-fat dairy will help you stay strong.</i> <i>Fun Fact:</i> The sandwich was popularized in 1762 by John Montagu, the 4th Earl of Sandwich.		

Milk & margarine served with all meals. Menu subject to change