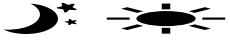



Grove City Senior Community Center
 301 South Broad Street, Grove City, PA 16127
 (724) 458-6844

 **April 2024** 

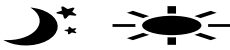
Mercer County Community Transit: For reservations call (800) 222-8797

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 8:30am-Coffee Group 10:00am-Book Club 11:00am-Mind Bender Puzzles 11:15am-“Fighting Fraud” booklet information & Discussion 11:30am-Lunch & Social Hour 1:15pm--Coffee Group 2:00pm-Senior Exercise</p>	<p>2 8:30am -Coffee Group 9:30am-Wii Bowling 11:00am- Nutrition Information 11:30am-Lunch & Social Hour 1:15pm-BINGO</p>	<p>3 8:30am-Coffee Group 10:00am-Dominos <u>10:45am-Behavior Health Commission presentation “Gambling”</u> 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch Exercise 1:15pm-Coffee Group</p>	<p>4 8:30am-Coffee Group 10:00am-BINGO <u>11:00am-PA Dept of Health Presentation, “Oral Health”</u> 11:30amLunch & Social Hour 1:15pm-Cards, Games, Puzzles</p>	<p>5 8:30am-Coffee Group 10:00am-Dominos 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone Exercise 1:15pm-Coffee Group</p>
<p>8 TOTAL ECLIPSE DAY CELEBRATION!  8:30am-Coffee Group 10:00am-Book Club 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour <u>2:00pm-Eclipse Watch Party</u> Eclipse glasses \$2.00 donation</p>	<p>9 8:30am -Coffee Group 9:30am-Wii Bowling <u>11:00am- Primary Health Network presentation “Anxiety & Stress</u> 11:00am- Nutrition Information 11:30am-Lunch & Social Hour 1:15pm-BINGO</p>	<p>10 8:30am-Coffee Group 10:00am-Dominos 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch Exercise 1:15pm-Coffee Group</p>	<p>11 8:30am-Coffee Group 10:00am-BINGO 11:00am-Sharing Program-come share your crafts, art, and or talents! 11:30amLunch & Social Hour 1:15pm-Cards, Games, Puzzles</p>	<p>12 8:30am-Coffee Group 10:00am-Dominos 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone Exercise 1:15pm-Coffee Group 2:00pm-Grove City College Student Visits</p>
<p>15 8:30am-Coffee Group 10:00am-Book Club 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm--Coffee Group 2:00pm-Senior Exercise</p>	<p>16 8:30am -Coffee Group 9:30am-Wii Bowling 11:00am-Informational Hand-out & Discussion “Older Adults and Depression by NIH” 11:30am-Lunch & Social Hour 1:15pm-BINGO</p>	<p>17 8:30am-Coffee Group <u>10:45am-Blood Pressure Screening by Wendy Callahan, Family Home Health & Three Rivers Hospice</u> 11:30am-Lunch & Social Hour 12:15pm-Senior Stretch Exercise 1:15pm-Coffee Group</p>	<p>18 8:30am-Coffee Group 10:00am-BINGO 11:30am-Lunch & Social Hour 1:15pm-Cards, Games, Puzzles 2:30pm-Hot Dog Sale!</p>	<p>19 8:30am-Coffee Group <u>10:30am-VNA Alliance Home Health, Health Fair</u> 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone Exercise 1:15pm-Coffee Group 5:00pm-Movie Night</p>
<p>22 8:30am-Coffee Group 10:00am-Book Club 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm--Coffee Group 2:00pm-Senior Exercise</p>	<p>23 Primary Election in Pennsylvania Bake Sale Day! 8:30am -Coffee Group 9:30am-Wii Bowling 11:30am-Lunch & Social Hour 1:15pm-BINGO</p>	<p>24 8:30am-Coffee Group 11:30am-Birthday Lunch & Social Hour 12:15pm-Senior Stretch Exercise w Lori 2:00-BINGO BONANZA!</p>	<p>25 8:30am-Coffee Group 10:00am-BINGO 11:30am-Lunch & Social Hour 1:15pm-Cards, Games, Puzzles</p>	<p>26 8:30am-Pancake Breakfast 11:30am-Lunch & Social Hour 12:15pm-Senior Shape and Tone Exercise 1:15pm-Coffee Group</p>
<p>29 8:30am-Coffee Group 10:00am-Book Club 11:00am-Mind Bender Puzzles 11:30am-Lunch & Social Hour 1:15pm--Coffee Group</p>	<p>30 8:30am -Coffee Group 9:30am-Wii Bowling 11:30am-Lunch & Social Hour 1:15pm-BINGO</p>		<p><i>Thank you to Grove Manor for a sponsoring prize Bingo this month!</i></p>	<p>Fitness Center is open daily! Please be sure to sign in when using. Thank you! The hair salon is open Wednesdays by appointment!</p>

Two days advanced reservation required.

Menus/ Programs Subject to change without notice

Suggested Daily Donation \$2.50 regular meals special meals \$3.00

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
BBQ Pulled Pork Sandwich 1/2c Creamy Coleslaw 1/2c Ranch Potatoes Pears	Baked Beef Ravioli w/ 1oz Shredded Cheese 1c Tossed Salad w/ Tomato 1 Garlic Breadstick Seasonal Fruit	Open Faced Turkey Sandwich w/ Gravy 1 White Bread 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn Seasonal Fruit	Cheeseburger w/ Lettuce, Tomato 1c Creamy Potato Soup w/ Crackers Cookie	Chicken, Spinach & Cranberry Salad 1c. Mixed Greens & Spinach 1/2c. Beets 1 Breadstick Seasonal Fruit
8	9	10	11	12
Roast Beef w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables 1 White Bread Pudding	Sliced Ham w/ Pineapple Sauce Sweet Potato 1/2c Green Beans 1 Dinner Roll Cookie	Teriyaki Chicken 1/2c Vegetable Rice Pilaf 1/2c Oriental Blend Vegetables 1 Wheat Bread Seasonal Fruit	Pork Loin 1/2c Buttered Pasta 1/2c California Blend 1 Wheat Bread Peach Crisp	Liver & Onion w/ Gravy 1/2C Whipped Potato 1/2c Green Beans Wheat Bread Seasonal Fruit
15	16	Birthday 17	18	19
Parmesan Chicken Over 1/2c. Buttered Noodles 1c. Tossed Salad W/Tomato 1 Breadstick 1/2c. Gelatin	Sweet & Sour Pork 1/2c. Rice 1/2c Broccoli & Cauliflower Blend 1 Wheat Bread 1/2c Pudding	Stuffed Pepper w/ Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots/ Peas 1 White Bread Seasonal Fresh Fruit	Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup w/ Crackers 1 Dinner Roll 1/2c Apple Crisp	Sloppy Joe Tater Tots 1/2c Green Beans 1 Hamburger Bun Seasonal Fresh Fruit
22	23	24	25	26
Swiss Steak w/ 2oz Onion Gravy 1/2c Whipped Potatoes 1/2c Carrots 1 Wheat Bread Blushed Pears	Creamy Vegetable Lasagna .5oz Shredded Mozzarella 1c Tossed Salad 1 Garlic Breadstick Peaches	Creamy Garlic Chicken Breast 1/2c Buttered Noodles 1/2c Roasted Brussel Sprouts 1 Wheat Bread Mandarin Oranges	Lemon Pepper Fish w/ Tarter 1/2c Rice Pilaf 1/2c California Blend Vegetables Dinner Roll Cookie	Baked Meatloaf w/ Gravy Baked Potato w/ Sour Cream 1/2c Peas 1 White Bread Gelatin
29	30			
Creamy Parmesan Pork Loin 1/2c Diced Redskin Potatoes 1/2c Green Beans 1 Dinner Roll 1/2c Pineapple Tidbits	Meatball Sub 1c Deluxe Salad w/ Tom, Cucumber Olives, Peppers, Onions Mixed Fruit	724-458-6844 April 2024 	Please make reservations for meals Two business days before for regular meals. Special meals need to be reserved one week prior. Thank you for your cooperation!	suggested donations \$2.50 per day \$3.00 per day Monthly-\$55.50