

5/

Greenville Senior Center

(11:00am unless otherwise specified)

SEPTEMBER

Guest Speakers

9/1

Anna Shears, Mercer County Behavioral Health Commission – “Suicide Prevention Month”

9/2

Jerry Stumpf, Mercer County Historical Society – “Civil War Presentation”

9/3

Kelly Bianco, Life NW PA

9/8

Ed Cavelli, Devoted Health

9/9

Noreen Sokolak, Garden Way

9/10

Jolene Cauffield, Orchard Manor, “New Services”

9/11

Tom Hall – Patriot’s Day Remembrance Blood Pressure Checks

9/14

Rochelle Gracilla, P.T., Sharon Regional, “Falls Free”

9/17

Robert McGoff, Seniors Helping Seniors, “Name That Tune”

9/18

Karen Sherwood, Activity – “Greetings for Naomi”

9/21

Erin Harris-Flaherty, Primary Health

9/22

Tammy Lininger and Deidre Renhart, St. Paul Homes, “Cooking for One”

9/23

Carolyn Hartle, Hartle Elder Law Services

9/24

Holly Patterson, “Growing Greenville”

9/25

Karen Sherwood, “Healthy Eating”

9/28

Monica Mastrian-Cooper, Steel City Hospice, Introductory Services

9/30

Ericka Dershimer, MCAAA, “Dementia Friends”

FUN Stuff!

9/1

Breakfast - \$2.00

9/1

Bingocize – “What the Program is All About” – 1:00 – Session 1

9/3

Bingocize – What the Program is All About – Session 2 – 1:00

9/4

Labor Day Party – “Why Do We Celebrate?” – Grilled Hot Dogs & Lemonade Available

9/15

Movie – “The Bucket List” – 10:30

9/15

Crafts with Linda – 1:00

9/16

September Birthday Party, Basement Band Performs

9/17

Painting with Patty at 9:00

9/17

Pot Lunch – Bring a Dish to Share

9/28

Book Club – “Remarkably Bright Creatures” by Shelby VanPelt – 1:00

9/29

An Afternoon of Hallmark – 1:00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Walk for Rewards VACCINE CLINIC BREAKFAST - \$2.00 9:15 BINGO! 10:00 Cornhole 11:00 Speaker, Anna Shears 12:30 Euchre Tournament \$5 12:30 Pickleball 1:00 Bingocize Introduction	2 9:00 Total Body Fitness 9:15 BINGO! 10:00 Arthritis Exercise 10:00 Yoga 11:00 Speaker, Jerry Stumpf 11:00 Tai Chi 11:00 Cardio Drumming 12:30 Pickleball 1:00 Inspiration Hour 1:00 Table Games Cards 1:00 Scrapbooking	3 9:15 BINGO! Caller’s Special! 10:00 Stability Class 11:00 Line Dancing 11:00 Speaker, Kelly Bianco 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball 1:00 Mahjong Cards 1:00 Bingocize Introduction	4 LABOR DAY PARTY Grilled Hot Dogs & Lemonade 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 10:00-12:00 Open Gym Basketball 11:00-Why Do Celebrate Labor Day 12:30-4:30 Haircuts with Patty 12:30 Pickleball
7 Labor Day – Center is Closed	8 Walk for Rewards 9:15 BINGO! 10:00 Cornhole 11:00 Speaker, Devoted Health 12:30 Euchre Tournament \$5 12:30 Pickleball 1:00 Bingocize	9 9:00 Total Body Fitness 9:15 BINGO! 10:00 Arthritis Exercise 10:00 Yoga 11:00 Speaker, Noreen Sokolak 11:00 Tai Chi 11:00 Cardio Drumming 12:30 Pickleball 1:00 Table Games 1:00 Cards	10 9:15 BINGO! Caller’s Special! 10:00 Stability Class 10:00 Bike Ride 11:00 Line Dancing 11:00 Speaker, Jolene Cauffield 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball 1:00 Mahjong Cards 1:00 Bingocize	11 PATRIOT’S DAY (25 YEARS) 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 10:00-12:00 Open Gym Basketball 11:00-Speaker, Tom Hall – September 11 Remembrance Blood Pressure Checks 12:30-4:30 Haircuts with Patty 12:30 Pickleball
14 9:00 Total Body Fitness - CX 9:15 BINGO! PIG BINGO! 10:00 Arthritis Exercise 11:00 Line Dancing 11:00 Speaker, Rochelle Gracilla 12:30-4:30 Haircuts w/Patty 12:30 Pickleball 1:00 Cards	15 Walk for Rewards 9:15 BINGO! 10:00 Cornhole 10:00 588 Card Club 10:30 Movie – “The Bucket List” 12:30 Euchre Tournament \$5 12:30 Pickleball 1:00 Crafts with Linda 1:00 Bingocize	16 9:00 Total Body Fitness - CX 9:00 BINGO! 10:00 Arthritis Exercise 10:00 Yoga 11:00Entertainment-Basement Band 11:00 Tai Chi 11:00 Cardio Drumming 12:30 Pickleball 1:00 Inspiration Hour 1:00 Table Games Cards 1:00 Scrapbooking	17 POT LUCK DAY 9:00 Painting with Patty 9:15 BINGO! Caller’s Special! 10:00 Stability Class 11:00 Line Dancing 11:00 Speaker, Robert McGoff 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball 1:00 Mahjong Cards 1:00 Bingocize	18 9:00 Total Body Fitness - CX 9:15 BINGO! PIG BINGO! PRIZE BINGO! 10:00-12:00 Open Gym Basketball 11:00-Activity – Birthday for Naomi 12:30-4:30 Haircuts with Patty 12:30 Pickleball
21 9:00 Total Body Fitness – 9:15 BINGO! PIG BINGO! 10:00 Arthritis Exercise 11:00 Speaker, Erin Harris-Flaherty 11:00 Line Dancing 12:30-4:30 Haircuts w/Patty 12:30 Pickleball Cards 1:00 Afternoon Bingo	22 Walk for Rewards 9:00 500 Card Club 9:15 Quick Play BINGO! 10:00 Cornhole 11:00 Speaker, Tammy Lininger & Deidre Reichart, St Paul Homes 12:30 Euchre Tournament \$5 12:30 Pickleball 1:00 Bingocize	23 9:00 Total Body Fitness 9:15 BINGO! 10:00 Arthritis Exercise 10:00 Yoga 11:00 Speaker, Carolyn Hartle 11:00 Tai Chi 11:00 Cardio Drumming 12:30 Pickleball 1:00 Table Games 1:00 Cards	24 9:15 BINGO! Caller’s Special! 10:00 Stability Class 11:00 Line Dancing 11:00 Speaker, Holly Patterson 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball 1:00 Mahjong 1:00 Cards 1:00 Bingocize	25 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 10:00-12:00 Open Gym Basketball 11:00 Speaker, Karen Sherwood 12:30–4:30 Haircuts with Patty 12:30 Pickleball
28 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Arthritis Exercise 11:00 Speaker, Monica Mastrian 11:00 Line Dancing 12:30-4:30 Haircuts w/Patty 12:30 Pickleball 1:00-Cards 1:00 Book Club	29 9:15 Quick Play BINGO! 10:00 Cornhole 12:30 Euchre Tournament \$5 12:30 Pickleball 1:00 Bingocize 1:00 Afternoon Movie – Hallmark Special	30 9:00 Total Body Fitness 9:15 BINGO! 10:00 Arthritis Exercise 10:00 Yoga 11:00 Speaker, Ericka Dershimer 11:00 Tai Chi 11:00 Cardio Drumming 12:30 Pickleball 1:00 Table Games Cards	NO SIDE SALAD SALES IN SEPTEMBER DUE TO HEALTH CONCERNS	Senior Center Staff Will Be At the Alpaca Event on September 19.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Suggested Meal Donation \$3.00 unless otherwise specified. We ask that you register 2 days in advance. *No one will be denied a meal because of inability to donate		1 BREAKFAST - \$2.00 Sweet & Sour Chicken Steamed Brown Rice Peas & Pearl Onions Wheat Bread Gelatin		2 Baked Stuffed Pepper Whipped Garlic Potatoes Seasoned Carrots White Bread Fresh Fruit		3 Chicken, Spinach & Cranberry Salad Creamy Cauliflower Soup Dinner Roll Chocolate Pudding		4 LABOR DAY PARTY Pulled Pork Sandwich Potato Salad Baked Beans Strawberry Shortcake Grilled Hot Dogs & Lemonade Available as Well!	
7 Happy Labor Day! Center Closed		8 Baked Meatloaf w/ Carmelized Onion Gravy Garlic Mashed Potatoes Seasoned Carrots Wheat Bread Fresh Fruit		9 Slow Roasted Pork Loin w/Roasted Mushroom Sauce Steamed Brown Rice Seasoned Broccoli Fresh Fruit		10 Crispy Dill Chicken Sandwich Golden Roasted Potatoes Warm Spiced Apples Homestyle Coleslaw		11 Homemade Chili with Cheese Oven Baked Potato Garden Tossed Salad Fresh Baked Cornbread	
14 Braised Beef Pot Roast/Gravy Mashed Potatoes Vegetable Medley White Bread Warm Spice Apples		15 Chef's Grilled Chicken Salad Cream of Broccoli Soup Dinner Roll Gelatin		16 BIRTHDAY PARTY! Creamy Alfredo Pasta w/ Meatballs Peas & Pearl Onions Medley Garlic Herb Breadstick Fresh Fruit		17 POT LUCK DAY! Crispy General Tso's Chicken Fluffy Steamed Rice Broccoli w/Garlic Pineapple Tidbits Fresh Baked Cookie		18 Tomato Braised Stuffed Cabbage Garlic Mashed Potatoes Seasoned Carrots Dinner Roll Fresh Fruit	
21 Savory Farm House Omelet Peppers & Onions Herbed Breakfast Potatoes Warm Spiced Pears Buttery Baked Biscuit		22 Ham with BBQ Glaze Sandwich Seasoned Green Beans Warm Spiced Apples Homestyle Coleslaw		23 Crispy Chicken Cutlet w/Pan Gravy Mashed Potatoes Oven Roasted Brussel Sprouts Wheat Bread Fruit Medley		24 Cube Steak w/Onions And Peppers Oven Baked Potato Seasoned Carrots Wheat Bread Gelatin		25 Creamy Tuna Salad Sandwich Crispy Broccoli Salad Pickled Beet Salad Fresh Fruit	
28 Oven Baked Lasagna Roll Up Cream of Spinach Sauce Peas & Pear Onion Medley California Blend Veggies Garlic Herb Breadstick Fresh Fruit		29 Italian Meatball Sub Pasta Fagioli Soup Garden Tossed Salad Fresh Fruit		30 Grilled Chicken Breast Broccoli/Cheese/Rice Casserole Seasoned Carrots Diced Pears Dinner Roll		Side Salads – Eliminated Due To Health Concerns Extra Meals - \$2.00 Donation		September Cold Option Alternative: Tuna Salad Sandwich -Replaces the protein; Side dishes still included. Please Notify staff when reserving your lunch.	

Greenville Senior Center

45 Alan Avenue

Greenville, PA 16125

SEPTEMBER



2026

Greenville Senior Center Hours:

Monday – Friday

8:30 am - 4:30 pm

724-588-3155



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