

Greenville Senior Center





(11:00am unless otherwise specified)

Guest Speakers

- 10/1** Brian Shipley, "Medicare 101"
- 10/2** Linda Leetch, "The Importance of Protein"
- 10/4** Ericka Dershimmer, PA Medi, "Open Enrollment Education"
- 10/9** Noreen Sokolak, Garden Way Place, "Immunizations"
- 10/11** Mande Burkhart, Amedisys Hospice Liaison, "Coffee and Conversation"
- 10/15** Austin Soboleski, Community Traffic Safety Project Coordinator, "Visibility/Speed, Prediction and Crash Avoidance"
- 10/21** Tom Hall, PHN, "Dementia and Alzheimer's Disease"
- 10/22** Amy Hesselgesser, MCBH, "Substance Abuse"
- 10/29** John W. King, Association of Lincoln Presenters, "Honest Abe Lincoln"
- 10/30** Daniel Matesic, Hartle Elder Law, "Obtaining, Surrendering & Having Your Driving Privileges Reinstated, in PA"

FUN Stuff!

- 10/4, 11, 18, 25** Prize Bingo 9:15am
- 10/8** Movie, "Hocus Pocus" Serving popcorn and candy! 10:00 AM
- 10/8** Craft – Create a "Boo Painting" with Patty Beatty! FREE with lunch, or \$3.00. 1:00pm
- 10/10** Bike Ride Lake Wilhelm-meet at trail near the Marina-13 miles (last ride). 10:00am
- 10/11** Blood Pressure Screenings with Wendy Callahan, Family Home Health 9:30am
- 10/16** Birthday Party! Entertainment by Hey Joe! Birthday Gifts, Cake & Ice Cream!
- 10/17** Flu Shot Clinic, provided by Walberg Family Pharmacies. Most insurances accepted. 10:00am – 12:00pm
- 10/23** Book Club – "Where the Red Fern Grows" by Wilson Rawls 1:00pm
- 10/25** Create a Pumpkin Painting with Patty Beatty! FREE with lunch, or \$3.00. 1:00pm
- 10/25** Boo Ball! With DJ Bill Henry! Friday evening from 6:00 – 9:00 PM. \$2.00
- 10/29** Waffles provided by Walberg Family Pharmacy! 9:00 – 10:00 AM
- 10/31** Halloween Party with DJ Brian Brown! Boo Bingo with Halloween prizes, 50/50, Door Prizes. Bingo starts at 9:00.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Walk for Rewards 9:00-10:00 Pancakes and Sausage Breakfast 10:00 Cornhole 10:30 Big 6 Director's Bingo! 11:00 Speaker, Brian Shipley 12:30 Euchre Tournament \$5 12:30 Pickleball 1:00 Craft – Fall Wreath	2 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 10:00 Yoga 11:00 Tai Chi 11:00 Arthritis Exercise 11:30 "The Importance of Protein" 12:30 Inspiration Hour with Ed 12:30 Pickleball 1:00-4:00 Cards & Table Games	3 Walk for Rewards 9:15 BINGO! Caller's Special! 9:15 SilverSneakers 10:00 Line Dance 11:00 Chair Zumba 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Stability Class 12:30 Pickleball	4 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 11:00 Speaker, Ericka Dershimmer 12:30 – 4:00 Haircuts with Patty 12:30 Pickleball
7 9:00 Total Body Fitness 9:15 BINGO! 10:00 Line Dance 10:00 SS Chair Yoga in Library 11:00 Arthritis Exercise 12:30-4:00 Haircuts w/Patty 12:30 Pickleball	8 Walk for Rewards 9:30 Movie, "Hocus Pocus" 10:00 Cornhole 12:30 Euchre Tournament \$5 12:30 Pickleball 1:00 Craft – Boo Painting	9 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 10:00 Yoga 11:00 Tai Chi 11:00 Speaker, Noreen Sokolak 11:00 Arthritis Exercise 12:30 Inspiration Hour 12:30 Pickleball 1:00-4:00 Cards & Table Games	10 Walk for Rewards 9:15 BINGO! Caller's Special! 9:15 SilverSneakers 10:00 Bike Ride-Lake Wilhelm 10:00 Line Dance 11:00 Chair Zumba 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Stability Class, Pickleball	11 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 9:30 Blood Pressure Screenings 11:00 Speaker, Mande Burkhart 12:30 – 4:00 Haircuts with Patty 12:30 Pickleball
	15 Walk for Rewards 9:15 BINGO! PIG BINGO! 10:00 Cornhole 11:00 Speaker, Austin Soboleski 12:30 Euchre Tournament \$5 12:30 Pickleball	16 Happy October Birthdays! 9:00 Total Body Fitness 9:15 BINGO! 10:00 Yoga-Cardio Drumming 11:00 Tai Chi 11:00 Arthritis Exercise 11:00 Entertainment – Hey Joe! 12:30 Inspiration Hour with Ed 12:30 Pickleball 1:00-4:00 Cards & Table Games	17 Walk for Rewards 9:15 BINGO! ~ SilverSneakers 10:00 Line Dance 10:00-12:00 Flu Shot Clinic 11:00 Chair Zumba 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Stability Class 12:30 Pickleball	18 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 12:30 – 4:00 Haircuts with Patty 12:30 Pickleball
21 9:00 Total Body Fitness 9:15 BINGO! 10:00 Line Dance 10:00 SS Chair Yoga in Library 11:00 Arthritis Exercise 11:00 Speaker, Tom Hall 12:30-4:30 Haircuts w/Patty 12:30 Pickleball	22 Walk for Rewards 9:15 Bingo! PIG BINGO! 10:00 Cornhole 11:00 Speaker, Amy Hesselgesser 12:30 Euchre Tournament \$5 12:30 Pickleball	23 9:00 Total Body Fitness 9:15 BINGO! 10:00 Yoga-Cardio Drumming 11:00 Tai Chi 11:00 Arthritis Exercise 12:30 Inspiration Hour with Ed 12:30 Pickleball 1:00-4:00 Cards & Table Games 1:00 Book Club	24 Walk for Rewards 9:15 BINGO! Caller's Special! 9:15 SilverSneakers 10:00 Line Dance 11:00 Chair Zumba 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Stability Class 12:30 Pickleball	25 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 12:30 – 4:00 Haircuts with Patty 12:30 Pickleball 1:00 Craft – Pumpkin Painting Boo Ball! 6:00-9:00 PM DJ BILL HENRY, REFRESHMENTS
28 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Line Dance 10:00 SS Chair Yoga in Library 11:00 Arthritis Exercise 12:30-4:00 Haircuts w/Patty 12:30 Pickleball	29 Walk for Rewards 9:00-10:00 Walberg Waffles 10:00 Cornhole 10:00 Table Games & Puzzles 11:00 Speaker, Abe Lincoln! 12:30 Euchre Tournament \$5 12:30 Pickleball	30 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 10:00 Yoga 11:00 Tai Chi 11:00 Arthritis Exercise 11:00 Speaker, Carolyn Hartle 12:30 Inspiration Hour with Ed 12:30 Pickleball 1:00-4:00 Cards & Table Games	31 Halloween Party! 9:00 Boo Bingo! With Prizes! 9:15 SilverSneakers 10:00 Line Dance 11:00 DJ Brian Brown! 11:00 Chair Zumba 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Stability Class 12:30 Pickleball	 Halloween Party! 9:00 Boo Bingo – Bingo with special Halloween Prizes! 10:30 Costume Contest 11:00 DJ Brian Brown followed by 50/50 and Door Prizes! 

Mercer County Area Agency on Aging 133 N. Pitt Street, Mercer 724-662-6222 Mercer County Community Transit 724-981-6222
 Check out the Agency website at Mercercountyaging.org! Find our schedules and flyers there as well as pertinent information for seniors in our area, including Senior Games, Farm Market Voucher distributions and the latest scams. Learn what services are available from MCAA.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
October Cold Option: Ham & Cheese Sandwich Replaces the protein, side dishes still included. Notify staff when reserving your lunch!	1 Sloppy Joe Sweet Potato Tots Green Beans Peaches	2 Chicken Bacon Carbonara Buttered Pasta Peas Garlic Breadstick Fresh Fruit	3 Stuffed Pepper Whipped Potatoes Carrots Italian Bread Pudding	4 Turkey Chef Salad Vegetable Soup Dinner Roll Fresh Fruit
7 Potato Crusted Fish Buttered Noodles Stewed Tomatoes Breadstick Pineapple	8 Baked Meatloaf with Gravy Baked Potato California Blend Veggies Bread Fruit	9 Popcorn Chicken Bowl With Mashed Potatoes, Corn and Gravy Biscuit Fresh Fruit	10 BBQ Pork Ribette Brown Rice Green Beans Pineapple Delight \$2.00	11 Stadium Hot Dog with Onions Tater Tots Pickled Beets Mandarin Oranges
14 	15 Country Fried Chicken with Gravy Mashed Potatoes Mixed Vegetables Bread Apple Crisp	16 Birthday Party! Sliced Ham with Raisin Sauce Sweet Potato Peas & Carrots Dinner Roll Fresh Fruit Cake & Ice Cream	17 Cheeseburger with Lettuce and Tomato Creamy Potato Soup Fresh Fruit	18 Open Faced Turkey Sandwich with Gravy Whipped Potatoes Sweet Corn Cookie
21 BBQ Pulled Pork Sandwich Ranch Potatoes Coleslaw Fresh Apple	22 Cheese Omelet with Peppers and Onions Sausage Patties Hashbrowns French Toast Sticks Apple Juice	23 Grilled Chicken Salad Cream of Broccoli Soup Dinner Roll Jello with Fruit	24 Burgandy Glazed Meatballs Rice Carrots Breadstick Mandarin Oranges \$2.00	25 Chicken Alfredo with Noodles Broccoli Garlic Breadstick Cranberry Apple Crisp
28 Open Faced Roast Beef Sandwich with Gravy Mashed Potatoes Mixed Vegetables Pudding	29 Pork Loin with Onion Gravy Cubed Potatoes Cauliflower Bread Jello	30 Pizza Burger Chips Coleslaw Peach Crisp	31 Sausage Sandwich with Peppers and Onions Tater Tots Coin Carrots Poke Cake \$4.00	Suggested Meal Donation \$3.00 unless otherwise specified. We ask that you register 2 days in advance. *No one will be denied a meal because of inability to donate

Greenville
Senior Center
 45 Alan Avenue
 Greenville, PA 16125



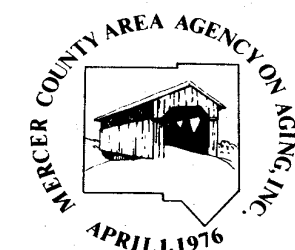
2024

724-588-3155

Senior Center Hours:

Monday – Friday

8:30 a.m. - 4:30 p.m.



Closed October 14

From the suggestion box: 1. Many suggestions were made to not increase the price of bingo games. We raised it to \$.25 per game to have better pay-outs. We will go back to \$.17 per game and play only 10 games plus 2 specials. When we do a Saturday Special Bingo, we double the price of regular bingo, so it will go back to \$6.00. Thank you for your input. **2.** Someone suggested that we put the name of the speaker on the daily sign-in sheet. We will attempt to remember to do that. If we forget, check your calendar! Thanks for the suggestions! ~ Linda