

# Greenville Senior Center

(11:00am unless otherwise specified)

## Guest Speakers

- 11/5 Brian Shipley, "Medicare 101"
- 11/6 Don Auchenbaugh, "The Canal Museum"
- 11/7 Linda Leetch, "Calcium & Vitamin D"
- 11/12 Austin Soboleski, "Yellow Dot Program" 11:30am
- 11/18 Tom Hall, PHN, "The Holiday Blues"
- 11/27 Carolyn Hartle, Hartle Elder Law, "Who, When And Why a Guardianship"

## FUN Stuff!

- 11/1,8, 15, 22 Prize Bingo 9:15am
- 11/5 Director's Special Bingo 10:00am
- 11/5 Craft – Make a Christmas Wreath with Linda Henry! FREE with lunch/\$3.00. 1:00pm
- 11/6 Inspiration hour with Pastor Janet Crespi of Helping Hands Home Care. 12:30pm
- 11/8 Blood Pressure Screenings with Wendy Callahan, Family Home Health 9:30am
- 11/8 Veterans Day Program with FREE lunch for all Vets! Program starts at 9:00 and includes music by The Greenville High School Chamber Singers and speakers including Mercer County's new Director of Veterans Affairs, Tammy McLaughlin. Reservations are needed no later than November 1<sup>st</sup>.
- 11/11 Bus Trip to Live! Casino and shopping mall in Pittsburgh.
- 11/13, 20, 27 Inspiration hour with Deb Godinich. 12:30pm
- 11/19 Movie "The King's Speech" starring Colin Firth. 9:30am
- 11/19 Make Snowflakes for our Center Christmas Tree with Linda Henry! FREE with lunch, or without! 1:00pm
- 11/20 Birthday Party! Entertainment by Bill Henry! Birthday Gifts, Cake & Ice Cream!
- 11/21 Thanksgiving Murder Mystery Lunch! Presenting, "Murder at the Winky Diner" starring staff and volunteers. Bingo, Breakfast treats, Door prizes, 50/50 and a Thanksgiving Feast with all the fixin's!
- 11/23 Saturday Special BINGO! Doors open at 11:00am. Bingo 12:30. Food for sale. 50/50
- 11/26 Waffles provided by Walberg Family Pharmacy! 9:00 – 10:00 AM
- 11/27 Book Club – "The Red Bandana" by Tom Rinaldi 1:00pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<b>Veterans Day Program, Friday, November 8<sup>th</sup></b> <b>FREE lunch for all Vets! Program includes:</b> <ul style="list-style-type: none"> <li>• Bingo &amp; Breakfast sweets from 9:00 – 10:00</li> <li>• Entertainment by GHS Chamber Singers</li> <li>• Speakers – including the new Director of Veterans Affairs for Mercer County – Tammy McLaughlin!</li> <li>• Door Prizes and 50/50</li> <li>• Pot Roast dinner with Baked Potato and more!</li> </ul>		<b>Thanksgiving Murder Mystery Lunch!</b> <b>"Murder at the Winky Diner" by Linda Leetch</b> <b>Thursday, November 21<sup>st</sup> Program includes:</b> <ul style="list-style-type: none"> <li>• Bingo and Breakfast sweets from 9:00 – 10:30</li> <li>• Murder Mystery presented by the staff and volunteers at 11:00</li> <li>• Door Prizes and 50/50</li> <li>• Thanksgiving dinner with all the fixins!</li> </ul>		<b>1</b> 9:00 Total Body Fitness <b>9:15 BINGO! PIG BINGO! PRIZE BINGO!</b> 12:30 – 4:00 Haircuts with Patty 12:30 Pickleball  <i>Reservations due today for Veterans Program!</i>	
<b>4</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Line Dance 10:00 SS Chair Yoga in Library 11:00 Arthritis Exercise 12:30-4:00 Haircuts w/Patty 12:30 Pickleball	<b>5</b> <i>Walk for Rewards</i> 9:00-10:00 Pancakes & Bacon 10:00 Cornhole 10:00 Director's Special Bingo 11:00 Speaker, Brian Shipley 12:30 Euchre Tournament \$5 12:30 Pickleball  <b>1:00 Craft – Snow Flakes</b>	<b>6</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 10:00 Yoga 11:00 Tai Chi 11:00 Speaker, Don Auchenbaugh 11:00 Arthritis Exercise <b>12:30 Inspiration Hour</b> 12:30 Pickleball 1:00-4:00 Cards & Table Games	<b>7</b> <i>Walk for Rewards</i> 9:15 BINGO! ~ SilverSneakers 10:00 Line Dance 11:00 Stability Class 11:30 Nutrition Education 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball	<b>8</b> 9:00 Total Body Fitness <b>9:00am - 12:00pm Veterans Day Program</b> includes bingo, speakers, entertainment, door prizes, 50/50 9:30 Blood Pressure Screenings 12:30 Pickleball 2:00-4:00 Haircuts with Patty	
  <b>Casino Trip 9:00</b>		<b>12</b> <i>Walk for Rewards</i> 9:00 – 10:00 Breakfast Scrambler 10:00 Cornhole <b>10:00 BINGO!</b> 10:00 – 12:00 Car Fit (individual) 11:30 Yellow Dot Program 12:30 Euchre Tournament \$5 12:30 Pickleball	<b>13</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Yoga 10:00 Cardio Drumming 11:00 Tai Chi -cancelled 11:00 Arthritis Exercise <b>12:30 Inspiration Hour with Deb</b> 12:30 Pickleball 1:00-4:00 Cards & Table Games	<b>14</b> <i>Walk for Rewards</i> 9:15 BINGO! ~ SilverSneakers 10:00 Line Dance 11:00 Stability Class 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball  <i>Reservations due today for Thanksgiving Lunch!</i>	<b>15</b> 9:00 Total Body Fitness <b>9:15 BINGO! PIG BINGO! PRIZE BINGO!</b> 12:30 – 4:00 Haircuts with Patty 12:30 Pickleball
<b>18</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Line Dance 10:00 SS Chair Yoga in Library 11:00 Arthritis Exercise 11:00 Speaker, Tom Hall 12:30-4:30 Haircuts w/Patty 12:30 Pickleball	<b>19</b> <i>Walk for Rewards</i> 9:30 Movie "The King's Speech" starring Colin Firth 10:00 Cornhole 11:30 Name That Tune 12:30 Euchre Tournament \$5 12:30 Pickleball  <b>1:00 Craft – Christmas Wreath</b>	<b>20</b> <b>Happy November Birthdays!</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Yoga~Cardio Drumming 11:00 Tai Chi-cancelled 11:00 Arthritis Exercise 11:00 Entertainment, Bill Henry! <b>12:30 Inspiration Hour with Deb</b> 12:30 Pickleball 1:00-4:00 Cards & Table Games	<b>21</b> <i>Walk for Rewards</i> 9:00 BINGO! Caller's Special! 9:15 SilverSneakers 10:00 Line Dance 11:00 Stability Class 11:00 Murder Mystery 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball	<b>22</b> 9:00 Total Body Fitness <b>9:15 BINGO! PIG BINGO! PRIZE BINGO!</b> 12:30 – 4:00 Haircuts with Patty 12:30 Pickleball  <b>Saturday Special Bingo tomorrow Saturday, 11/23, 11:00 AM</b>	
<b>25</b> 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Line Dance 10:00 SS Chair Yoga in Library 11:00 Arthritis Exercise 12:30-4:00 Haircuts w/Patty 12:30 Pickleball	<b>26</b> <i>Walk for Rewards</i> 9:00-10:00 Walberg Waffles <b>10:00 BINGO!</b> 10:00 Cornhole 12:30 Euchre Tournament \$5 12:30 Pickleball	<b>27</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming & Yoga 11:00 Tai Chi – cancelled today 11:00 Arthritis Exercise 11:00 Speaker, Carolyn Hartle <b>12:30 Inspiration Hour with Deb</b> 12:30 Pickleball 1:00 Book Club 1:00-4:00 Cards & Table Games			

**Mercer County Area Agency on Aging** 133 N. Pitt Street, Mercer **724-662-6222** **Mercer County Community Transit** 724-981-6222  
 Check out the Agency website at [Mercercountyaging.org](http://Mercercountyaging.org)! Find our schedules and flyers there as well as pertinent information for seniors in our area, including Senior Games, Farm Market Voucher distributions and the latest scams. Learn what services are available from MCAA.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>October Cold Option:</b> Ham &amp; Cheese Sandwich Replaces the protein, side dishes still included. Notify staff when reserving your lunch!</p>	<p>Suggested Meal Donation \$3.00 unless otherwise specified. We ask that you register 2 days in advance. *No one will be denied a meal because of inability to donate</p>			<p><b>1</b></p> <p>Lasagna Deluxe Tossed Salad Garlic Breadstick Fruit</p>
<p><b>4</b></p> <p>Salisbury Steak with Gravy Baked Potato Broccoli Bread Orange</p>	<p><b>5</b></p> <p>Chicken &amp; Dumplings Mixed Vegetables Whole Grain Buttermilk Biscuit Cookie</p>	<p><b>6</b></p> <p>Baked Cabbage Roll Garlic Whipped Potatoes Carrots Dinner Roll Fruit</p>	<p><b>7</b></p> <p>Crab Cake Sandwich with Lettuce and Tomato Tomato Basil Bisque Cinnamon Apple Slices</p> <p style="text-align: center;"><b>\$2.00</b></p>	<p><b>8</b> <b>Veteran's Day Party!</b> Pot Roast with Gravy Baked Potato Salad Dinner Rolls Deluxe Cupcake</p> <p style="text-align: center;"><b>\$4.00</b></p>
	<p><b>12</b></p> <p>Honey Barbequed Chicken Breast Brown Rice Carrots Bread Fruit</p>	<p><b>13</b></p> <p>Spaghetti &amp; Meatballs Pasta Tossed Salad Garlic Breadstick Fruit Salad</p>	<p><b>14</b></p> <p>Chili Tossed Salad Cornbread Warm Apple Slices</p>	<p><b>15</b></p> <p>Breaded Fish Macaroni &amp; Cheese Stewed Tomatoes Bread Fruit</p>
<p><b>18</b></p> <p>Sausage Sandwich with Peppers and Onions Buttered Noodles Green Beans Cookie</p>	<p><b>19</b></p> <p>Chicken Marsala with Mushroom Sauce Rice Pilaf Broccoli &amp; Cauliflower Bread Fruit</p> <p style="text-align: center;"><b>\$2.00</b></p>	<p><b>20</b> <b>Birthday Party!</b></p> <p>Sloppy Joe Sweet Potato Tots Green Beans Fruit</p>	<p><b>21</b> <b>Thanksgiving Party!</b> Turkey with Stuffing Whipped Potatoes with Gravy Sweet Corn Dinner Rolls Pumpkin Pie</p> <p style="text-align: center;"><b>\$4.00</b></p>	<p><b>22</b></p> <p>Stuffed Pepper Whipped Potatoes Carrots Italian Bread Pudding</p>
<p><b>25</b></p> <p>Turkey Chef Salad Vegetable Soup Dinner Roll Jello</p>	<p><b>26</b></p> <p>Chicken Alfredo with Broccoli Garlic Breadstick Cranberry Apple Crisp</p>	<p><b>27</b></p> <p>Popcorn Chicken Bowl With Mashed Potatoes, Corn and Gravy Biscuit Peaches</p>		

**Greenville  
Senior Center**  
45 Alan Avenue  
Greenville, PA 16125



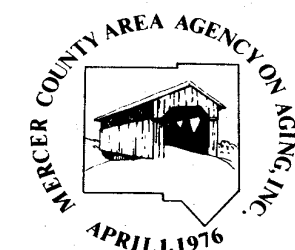
**2024**

**724-588-3155**

**Senior Center Hours:**

**Monday – Friday**

**8:30 a.m. - 4:30 p.m.**



**From the suggestion box: 1.** Someone suggested that we do a bus trip to a shopping mall, like in Westmoreland. We happen to be doing that this month! November 11<sup>th</sup>, Jean will be taking a bus to the casino and Mall in Westmoreland! **2.** Someone suggested that we have a speaker come and talk about the history of this building. That talk is scheduled for January 7<sup>th</sup>. I hope you can make it! **3.** Someone would like to learn about make-up and how to get the correct colors. We are looking for someone to do this and will probably have a speaker come in February or March.

Thanks for the suggestions! ~ Linda