

Greenville Senior Center

(11:00am unless otherwise specified)

March

Guest Speakers

- 3/2 **Brandi Baros, Shenango River Watchers, "Program Information"**
- 3/4 **Chelle Fuse, Mercer County Adult Education Program**
- 3/5 **Kelly Bianco, Life NW Pa, "Nutrition Education" and Smoothie Bar**
- 3/6 **Senator Michelle Brooks, Property Tax & Rent Rebate Clinic in Library**
- 3/9 **Brian Brose, PT, Sharon Regional Health System, "Balance and Fall Prevention"**
- 3/10 **Rhiannon Quinn, Devoted Health, "Avoiding Web Scams"**
- 3/11 **Noreen Sokolak, Garden Way Place, "Brain Health"**
- 3/12 **Denny Lynch, "Why Not Me"**
- 3/16 **Tom Hall, Primary Health Network, "7 Pillars of Self Care"**
- 3/19 **Robert McGoff, Seniors Helping Seniors – "Name That Tune"**
- 3/20 **Ron Moore, Aetna Rep – In Library**
- 3/24 **Tammy Lininger, St Paul Homes – "Personal Emergency Response"**
- 3/25 **Carolyn Hartle, Hartle Elder Law Offices, "Beware of Scams, Focusing on Seniors"**
- 3/26 **Amy Hesselgesser, Mercer County Behavioral Health – "Gambling Away the Golden Years"**

FUN Stuff!

- 3/3 **Waffle/Pancakes & Sausage Breakfast - 9:00 \$1**
- 3/3 **Director's Big 6 BINGO!**
- 3/17 **Crafts with Linda Henry – Coasters – 1:00**
- 3/17 **St Patrick's Day Party Brett Allen Morgan (BAM) Performs - 11:00**
- 3/18 **Happy March Birthday Party! Basement Band Performs – 11:00**
- 3/19 **Paint with Patty "Easter Cross Project" – 9:00**
- 3/21 **Special Saturday Bingo**
- 3/23 **Book Club "By Any Other Name" by Jodi Picoult**
- 3/31 **Movie "Captain Phillips" - 10:00**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Line Dance 11:00 Arthritis Exercise 11:00 Speaker, Brandi Baros 12:30-4:30 Haircuts w/Patty 12:30 Pickleball	3 <i>Walk for Rewards</i> 9:00 Breakfast \$1.00 10:00 Director's Big 6 Bingo! 10:00 Cornhole 12:30 Euchre Tournament \$5 12:30 Pickleball	4 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 10:00 Yoga 11:00 Speaker, Chelle Fuse 11:00 Tai Chi - CX 11:00 Arthritis Exercise 12:30 Pickleball 1:00 Table Games	5 9:15 BINGO! Caller's Special! 10:00 Line Dance 11:00 Stability Class 11:00 Speaker, Kelly Bianco 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball	6 9:00 Total Body Fitness - CX 9:15 BINGO! PIG BINGO! PRIZE BINGO! 10:00-12:00 Open Gym Basketball 10:00-12:00 – Property Tax & Rent Rebate Clinic in Library 12:30-4:30 Haircuts with Patty 12:30 Pickleball
9 9:00 Total Body Fitness - CX 9:15 BINGO! PIG BINGO! 10:00 Line Dance 11:00 Arthritis Exercise 11:00 Speaker, Brian Brose 12:30-4:30 Haircuts w/Patty 12:30 Pickleball	10 <i>Walk for Rewards</i> 9:15 BINGO! 10:00 Cornhole 11:00 Speaker, Rhiannon Quinn 12:30 Euchre Tournament \$5 12:30 Pickleball	11 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 10:00 Yoga 11:00 Tai Chi - CX 11:00 Arthritis Exercise 11:00 Speaker, Noreen Sokolak 12:30 Pickleball 1:00 Table Games	12 9:15 BINGO! Caller's Special! 10:00 Line Dance 11:00 Stability Class 11:00 Speaker, Denny Lynch 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball	13 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 10:00-12:00 Open Gym Basketball 12:30-4:30 Haircuts with Patty 12:30 Pickleball
16 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Line Dance 11:00 Arthritis Exercise 11:00 Speaker, Tom Hall 12:30-4:30 Haircuts w/Patty 12:30 Pickleball 1:00 Book Club	17 NO WALK FOR REWARDS St. Patrick's Day Party 9:00 BINGO! 10:00 Cornhole 11:00 Brett Allen Morgan (BAM) Performs 12:30 Euchre Tournament \$5 12:30 Pickleball Crafts with Linda – Coasters – 1:00	18 <i>Happy March Birthdays!</i> 9:00 Total Body Fitness 9:00 BINGO! 10:00 Cardio Drumming 10:00 Yoga 11:00 Basement Band Performs 11:00 Tai Chi 11:00 Arthritis Exercise 12:30 Pickleball 1:00 Table Games	19 9:15 BINGO! Caller's Special! 10:00 Line Dance 11:00 Stability Class 11:00 Speaker, Robert McGoff 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball Paint with Patty Easter Cross – 9:00	20 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 10:00-12:00 Open Gym Basketball 11:00 Ron Moore w/Aetna in Library 12:30-4:30 Haircuts with Patty 12:30 Pickleball
23 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Line Dance 11:00 Arthritis Exercise 12:30-4:30 Haircuts w/Patty 12:30 Pickleball 1:00 Book Club – "By Any Other Name" by Jodi Picoult	24 <i>Walk for Rewards</i> 9:15 BINGO! 10:00 Cornhole 11:00 Speaker, Tammy Lininger 12:30 Euchre Tournament \$5 12:30 Pickleball	25 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 10:00 Yoga 11:00 Tai Chi 11:00 Speaker, Carolyn Hartle 11:00 Arthritis Exercise 12:30 Pickleball 1:00 Table Games	26 9:15 BINGO! Caller's Special! 10:00 Line Dance 11:00 Stability Class 11:00 Speaker, Amy Hesselgesser 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball	27 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 10:00-12:00 Open Gym Basketball 12:30-4:30 Haircuts with Patty 12:30 Pickleball
30 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Line Dance 11:00 Arthritis Exercise 12:30-4:30 Haircuts w/Patty 12:30 Pickleball	31 <i>Walk for Rewards</i> 9:00 Quick Play BINGO! 10:00 Movie "Captain Phillips" 10:00 Cornhole 12:30 Euchre Tournament \$5 12:30 Pickleball	"If You Believe in Yourself, Anything is Possible"	"Keep your face always toward the sunshine and shadows will fall behind you" <i>Walt Whitman</i>	"Be the change that you wish to see in the world"

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Open Faced Turkey Sandwich w/ Gravy Whipped Potatoes w/Chives Corn White Bread Fresh Fruit	3 Breakfast - \$1.00 Stadium Hot Dog w/Chili Roasted Sweet Potatoes Peas Pineapple & Mandarin Oranges	4 Pot Roast w/Gravy Mashed Potatoes Carrots Whole Wheat Bread Fresh Fruit	5 Chili w/Cheddar Cheese Side Salad w/Tomato Cornbread Fresh Fruit	6 Fish Sandwich Mac & Cheese Cole Slaw Fresh Fruit
9 Turkey Sandwich w/Provolone, Lettuce & Tomato Corn Chowder Fresh Fruit \$2.00	10 Swedish Meatballs Buttered Pasta Peas Fruited Gelatin Breadstick	11 Bacon Cheeseburger Cauliflower Soup Fresh Fruit	12 Chicken Taco Salad Salsa & Ranch Dressing Elote Corn Rice Pineapple	13 Cheese Omelet Sausage Links Breakfast Potatoes English Muffin w/Jelly Orange Juice
16 Chicken Paprikash w/Creamy Tomato Sauce Rice Brussel Sprouts Wheat Bread Cookie	17 St Patrick's Day Party Kielbasa Sandwich with Kraut Cheesy Potato Casserole California Blend Veggies Green Jello w/Topping \$4.00	18 Birthday Party! Sloppy Joe Tator Tots Green Beans Fresh Fruit Cake & Ice Cream	19 Roasted Honey Garlic Pork Loin Steamed Broccoli Rice Fruited Gelatin Dinner Roll	20 Pizza Casserole Tossed Salad w/Tomato & Cucumber Applesauce Breadstick
23 Meatloaf w/Gravy Mashed Potatoes Carrots Whole Wheat Bread Blushed Pears	24 Stuffed Pepper w/Sauce Garlic Mashed Potatoes Carrots White Bread Pudding	25 Pasta and Meatballs w/Marinara Sauce Tossed Salad w/Tomato Garlic Breadsticks Fresh Fruit	26 Salisbury Steak w/Gravy Whipped Potatoes Peas Dinner Roll Gelatin	27 Baked Crab Cake Buttered Noodles Green Beans Spiced Fruit
30 Cheeseburger Tator Tots Baked Pineapple Tossed Salad w/Tomato	31 General Tso's Chicken Rice Garlic Broccoli Mandarin Oranges		Suggested Meal Donation \$3.00 unless otherwise specified. We ask that you register 2 days in advance. *No one will be denied a meal because of inability to donate	March Cold Option: Egg Salad Sandwich Replaces the protein, side dishes still included. Notify staff when reserving your lunch. NOTE: No other cold option can be requested

**Greenville
Senior Center**
45 Alan Avenue
Greenville, PA 16125



2026

724-588-3155
Senior Center Hours:
Monday – Friday
8:30 a.m. - 4:30 p.m.



724-662-6222

An Irish Blessing: May the road rise to meet you, and the wind always be at your back; and the rains fall softly on your fields. May God hold you gently in the palm of his hand.