

Greenville Senior Center




(11:00am unless otherwise specified)

Guest Speakers

- 3/4** Heather Miller, UPMC, “Caring for the Caregiver”
- 3/10** Kelly Bianco, Life NW Pa “Starting the Day off Right” and a smoothie bar
- 3/12** Noreen Sokolak, Garden Way Place, “Seasonal Affective Disorder”
- 3/14** Bridget Connally & Mande Burckart, Amedisys Hospice Liaison, “Coffee and Conversation” and activity
- 3/18** Amy Hesselgesser, Mercer County Behavioral Health Commission, “Gambling Away the Golden Years”
- 3/25** Tom Hall, Primary Health Network “Diabetes & Diabetes Medicine”
- 3/26** Carolyn Hartle, “Can My Children be Held Responsible for my Nursing Home Bill?”

FUN Stuff!

- 3/4** Pancake and Bacon Breakfast from 9-10, followed by Director’s Special Bingo 10:00am
- 3/4** Preventive Health Screenings with UPMC 10:00 – 12:00 FREE
- 3/5, 19 & 26** Inspiration hour with Deb Godinich 12:30pm
- 3/7, 14, 21, 28** Prize Bingo 9:15am
- 3/11** Movie “Parental Guidance” with Billy Crystal & Bette Midler 9:30am
- 3/11** Craft with Linda Henry – Make a Spring Wine Bottle Light! FREE with lunch – or \$3.00. 1:00pm
- 3/12** Inspiration hour with Pastor Janet Crespi of Helping Hands Home Care. 12:30pm
- 3/14** **Blood Pressure** Screenings with Wendy Callahan, Family Home Health 9:30am
- 3/17** St. Patrick’s Day Party! Bingo at 9:00, Entertainment by BAM (Brett Alan Morgan)! 50/50 & Door Prizes followed by lunch
- 3/19** Birthday Party! Entertainment by The Ukuladies! Birthday Gifts for March Birthdays, Lunch, Cake & Ice Cream!
- 3/20** Paint with Patty – Easter Project! FREE with lunch – or \$3.00.
- 3/25** Eat a Waffle Day! Enjoy Walberg Waffles while you play BINGO!
- 2/26** Book Club – “The Couple Next Door” by Shari Lapena

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Line Dance 10:00 SS Chair Yoga in Library 11:00 Arthritis Exercise 12:30-4:30 Haircuts w/Patty 12:30 Pickleball	4 <i>Walk for Rewards</i> 9:00-10:00 Pancakes & Bacon 10:00 Cornhole 10:00 Director’s Bingo 10:00 Preventive Health Screenings 11:00 Speaker, Heather Miller 12:30 Euchre Tournament \$5 12:30 Pickleball	5 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 10:00 Yoga 11:00 Tai Chi 11:00 Arthritis Exercise 12:30 Inspiration Hour 12:30 Pickleball 1:00-4:00 Cards & Table Games	6 <i>Walk for Rewards</i> 9:15 BINGO! Caller’s Special! 9:15 SilverSneakers 10:00 Line Dance Cancelled 11:00 Stability Class Cancelled 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball	7 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 12:30 – 4:30 Haircuts with Patty 12:30 Pickleball
10 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Line Dance 10:00 SS Chair Yoga in Library 11:00 Arthritis Exercise 11:00 Speaker, Kelly Bianco 12:30-4:30 Haircuts w/Patty 12:30 Pickleball	11 <i>Walk for Rewards</i> 9:30 Movie “Parental Guidance” 10:00 Cornhole 12:30 Euchre Tournament \$5 12:30 Pickleball 1:00 Craft with Linda – Wine Bottle Spring Light!	12 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming, Yoga 11:00 Tai Chi 11:00 Arthritis Exercise 11:00 Speaker, Noreen Sokolak 12:30 Inspiration Hour-Pastor Janet 12:30 Pickleball 1:00 Cards & Table Games	13 <i>Walk for Rewards</i> 9:15 BINGO! Caller’s Special! 9:15 SilverSneakers 10:00 Line Dance 11:00 Stability Class 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball	14 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 9:30 Blood Pressure Screenings 11:00 Coffee and Conversation 12:30 – 4:30 Haircuts with Patty 12:30 Pickleball
17 <i>St. Patrick’s Day Party!</i> 9:00 Total Body Fitness 9:00 BINGO! PIG BINGO! 10:00 Line Dance 10:00 SS Chair Yoga in Library 11:00 Arthritis Exercise 11:00 Brett Alan Morgan! 12:30-4:30 Haircuts w/Patty 12:30 Pickleball	18 <i>Walk for Rewards</i> 9:15 BINGO! 10:00 Cornhole 11:00 Speaker, Amy Hesselgesser 12:30 Euchre Tournament \$5 12:30 Pickleball	19 <i>Happy March Birthdays!</i> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming, Yoga 11:00 Tai Chi Cancelled 11:00 Arthritis Exercise 11:00 Ukuladies! 12:30 Inspiration Hour 12:30 Pickleball 1:00-4:00 Cards & Table Games	20 <i>Walk for Rewards</i> 9:15 BINGO! Caller’s Special! 9:15 SilverSneakers 10:00 Line Dance Cancelled 11:00 Stability Class Cancelled 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball Paint with Patty! Easter Project! 9:00am or 1:00pm	21 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 12:30 – 4:30 Haircuts with Patty 12:30 Pickleball
24 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Line Dance 10:00 SS Chair Yoga in Library 11:00 Arthritis Exercise 12:30-4:30 Haircuts w/Patty 12:30 Pickleball	25 <i>Walk for Rewards</i> 9:00 Walberg Waffles 9:15 BINGO! 10:00 Cornhole 11:00 Speaker, Tom Hall 12:30 Euchre Tournament \$5 12:30 Pickleball Eat a Waffle Day! Enjoy Walberg Waffles while you play BINGO!	26 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming, Yoga 11:00 Tai Chi 11:00 Arthritis Exercise 11:00 Speaker, Carolyn Hartle 12:30 Inspiration Hour 12:30 Pickleball 1:00-4:00 Cards & Table Games 1:00 Book Club	27 <i>Walk for Rewards</i> 9:15 BINGO! Caller’s Special! 9:15 SilverSneakers 10:00 Line Dance 11:00 Stability Class 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball	28 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 12:30 – 4:30 Haircuts with Patty 12:30 Pickleball
31 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Line Dance 10:00 SS Chair Yoga in Library 11:00 Arthritis Exercise 12:30-4:30 Haircuts w/Patty 12:30 Pickleball	 <p>BAM! Performs at the St. Paddy Party! 3/17</p> 	 <p>Library Open Daily Bring a book, Take A book!</p>	<p>Walk in the Gym any time except during Exercise Classes! Get your steps where it’s nice and warm!</p>	 <p><i>Walk For Rewards Is Tuesday & Thursday Only ~Must have Lunch to Receive Reward</i></p>

Mercer County Area Agency on Aging 133 N. Pitt Street, Mercer **724-662-6222** **Mercer County Community Transit** 724-981-6222
 Check out the Agency website at Mercercountyaging.org! Find our schedules and flyers there as well as pertinent information for seniors in our area, including Senior Games, Farm Market Voucher distributions and the latest scams. Learn what services are available from MCAA.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Popcorn Chicken Bowl With Mashed Potatoes, Corn and Gravy Italian Bread Peaches	4 Stuffed Pepper Whipped Potatoes Carrots Italian Bread Pudding	5 Lasagna Deluxe Tossed Salad Garlic Breadstick Fresh Fruit	6 Chicken Alfredo Broccoli Garlic Breadstick Cranberry Apple Crisp	7 Breaded Fish Macaroni & Cheese Stewed Tomatoes Bread Fresh Fruit
10 Chicken Bacon Carbonara with Pasta Peas Garlic Breadstick Mandarin Oranges	11 BBQ Pulled Pork Sandwich Ranch Potatoes Coleslaw Fresh Fruit	12 Beef Ravioli Tossed Salad Italian Bread Peaches	13 Sliced Ham with Raisin Sauce Sweet Potato Peas & Carrots Dinner Roll Cookie	14 Tuna Noodle Casserole Peas French Bread Fresh Fruit \$2.00
17 St. Patrick's Day Party! Irish Beef Stew Deluxe Tossed Salad Cornbread Shamrock Cookies \$4.00	18 Cheeseburger with Lettuce & Tomato Creamy Potato Soup Fresh Fruit	19 Birthday Party! Open Faced Turkey Sandwich with Gravy Mashed Potatoes Corn Cookie Cake & Ice Cream	20 BBQ Pork Ribette Sandwich Brown Rice Green Beans Pineapple Delight \$2.00	21 Cheese Omelet with Peppers and Onions Sausage Patties Hashbrowns French Toast Sticks Apple Juice
24 Grilled Chicken Salad Cream of Broccoli Soup Dinner Roll Jello with Fruit	25 Burgandy Glazed Meatballs Rice Carrots Breadstick Mandarin Oranges	26 Pork Loin with Onion Gravy Cubed Potatoes Cauliflower Bread Pears	27 Open Faced Roast Beef Sandwich with Gravy Mashed Potatoes Mixed Vegetables Pudding	28 Potato Crusted Fish Buttered Noodles Stewed Tomatoes Breadstick Pineapple
31 Pizza Burger Chips Coleslaw Peach Crisp	March Cold Option: Egg Salad Sandwich Replaces the protein, side dishes still included. Notify staff when reserving your lunch!		Suggested Meal Donation \$3.00 unless otherwise specified. We ask that you register 2 days in advance. *No one will be denied a meal because of inability to donate	

Greenville
Senior Center
 45 Alan Avenue
 Greenville, PA 16125



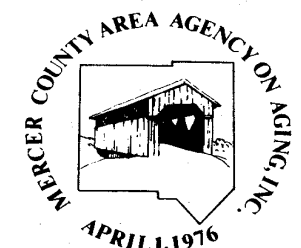
2025

724-588-3155

Senior Center Hours:

Monday – Friday

8:30 a.m. - 4:30 p.m.



From the suggestion box: 1. We had a suggestion that we have more evening parties like the Boo Ball. We would love to however, the staff have to volunteer their time because the Center is only open M – F 8:30-4:30. We will try to do 2 per year! So glad to hear you enjoy them! **2.** Someone suggested that we have more painting classes. We have 2 this month and will continue to include them as long as our volunteer is willing! Thank you for your suggestions. We love to hear from you!