

Greenville Senior Center
(11:00am unless otherwise specified)

Guest Speakers

- 1/6 Heather Miller, UPMC, “It’s Not Selfish… It’s Self Care”**
- 1/8 Kelly Bianco, Life NW Pa, “Coping With The Winter Blues”**
- 1/9 Mande Burckart, Amedisys Hospice, “Coffee & Conversation”**
- 1/14 Noreen Sokolak, Garden Way Place, “SADD”**
- 1/20 Tammy Lininger, St. Paul Homes, “Winter & Cold Weather Safety Tips”**
- 1/22 Rob McGoff, Seniors Helping Seniors, “Name That Tune”**
- 1/23 Brian Shipley, Shipley Senior Benefits, “How Will You Be Impacted By Medicare Changes”**
- 1/26 Tom Hall, Primary Health Network, “Vaccines”**
- 1/28 Carolyn Hartle, Hartle Elder Law Offices “5 Things Families Should Know About Estate Planning”**
- 1/29 Lisa Gibson & Ron Gilkey, Trails End Conservancy, “Fly High with Horses” Veterans Program & Horse Rescue**

FUN Stuff!

- 1/6 Breakfast Biscuits w/sausage gravy**
9:00 \$1
- 1/6 Director’s Big 6 BINGO!** 10:00
- 1/15 Paint with Patty “Heart Painting”** 9:00
- 1/16 Winter Party** 11:00
Jon Siriano Sings Gospel & Bluesy Music
- 1/20 Craft with Linda Henry** **Cancelled**
- 1/21 Happy January Birthday Party!**
Bill Henry entertains 11:00
- 1/26 Book Club “Song of Years”**
by Beth Streeter Aldrich 1:00
- 1/27 Walberg Waffles** courtesy of Walberg Family Pharmacy 9:00
- 1/27 Movie “The Pursuit of Happyness”** 10:00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 	2 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 10:00-12:00 Open Gym Basketball 12:30-4:30 Haircuts with Patty 12:30 Pickleball
5 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Line Dance 11:00 Arthritis Exercise 12:30-4:30 Haircuts w/Patty 12:30 Pickleball	6 <i>Walk for Rewards</i> 9:00 Breakfast \$1.00 10:00 Director’s Big 6 Bingo 10:00 Cornhole 11:00 Speaker Heather Miller 12:30 Euchre Tournament \$5 12:30 Pickleball	7 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 10:00 Yoga 11:00 Tai Chi 11:00 Arthritis Exercise 12:30 Pickleball 1:00 Table Games	8 9:15 BINGO! Caller’s Special! 10:00 Line Dance 11:00 Stability Class 11:00 Speaker Kelly Bianco 12:30 Euchre Tournament 12:30 Greenville Needlers 12:30 Pickleball	9 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 10:00-12:00 Open Gym Basketball 11:00 Speaker Mande Burckart 12:30-4:30 Haircuts with Patty 12:30 Pickleball
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19 	20 <i>Walk for Rewards</i> 9:15 BINGO! 10:00 Cornhole 11:00 Speaker Tammy Lininger 12:30 Euchre Tournament \$5 12:30 Pickleball <i>Craft with Linda Henry Cancelled!</i>	21 <i>Happy January Birthdays!</i> 9:00 Total Body Fitness 9:00 BINGO! 10:00 Cardio Drumming 10:00 Yoga 11:00 Tai Chi 11:00 Bill Henry Entertains 11:00 Arthritis Exercise 12:30 Pickleball 1:00 Table Games	22 9:15 BINGO! Caller’s Special! 10:00 Line Dance 11:00 Stability Class 11:00 Speaker Rob McGoff 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball	23 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 10:00-12:00 Open Gym Basketball 11:00 Speaker, Brian Shipley 12:30–4:30 Haircuts with Patty 12:30 Pickleball
26 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Line Dance 11:00 Arthritis Exercise 11:00 Speaker Tom Hall 12:30-4:30 Haircuts w/Patty 12:30 Pickleball 1:00 Book Club	27 <i>Walk for Rewards</i> 9:00 Walberg Waffles 10:00 Movie “The Pursuit of Happyness” 10:00 Cornhole 12:30 Euchre Tournament \$5 12:30 Pickleball	28 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 10:00 Yoga 11:00 Tai Chi 11:00 Arthritis Exercise 11:00 Speaker Carolyn Hartle 12:30 Pickleball 1:00 Table Games	29 9:15 BINGO! Caller’s Special! 10:00 Line Dance 11:00 Stability Class 11:00 Speakers Lisa Gibson & Ron Gilkey 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball	30 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 10:00-12:00 Open Gym Basketball 12:30–4:30 Haircuts with Patty 12:30 Pickleball

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	January Cold Option: Cold Meatloaf Sandwich Replaces the protein, side dishes still included. Notify staff when reserving your lunch. NOTE: No other cold option can be requested	Suggested Meal Donation \$3.00 unless otherwise specified. We ask that you register 2 days in advance. *No one will be denied a meal because of inability to donate	 1	2 Sweet & Sour Pork Rice Broccoli & Cauliflower Wheat Bread Fruit
5 Potato Crusted Fish Macaroni & Cheese Stewed Tomatoes Dinner Roll Fruit	6 Grilled Chicken Parmesan Rotini Pasta w/Sauce Tossed Salad Garlic Breadstick Applesauce	7 Pot Roast Mashed Potatoes Gravy Coin Carrots Italian Bread Fruit	8 Grilled Chicken Salad Broccoli Soup Breadstick Peach Crisp	9 Sweet Sausage Sandwich w/Peppers & Onions Garlic Parsley Potatoes Green Beans Mandarin Oranges
12 Open Faced Turkey Sandwich Whipped Potatoes w/Chives Gravy Corn White Bread Fruit	13 Stadium Hot Dog w/Chili, Cheese, & Onion Roasted Sweet Potatoes Peas Pineapple & Mandarin Oranges	14 Roast Beef Mashed Potatoes Gravy Carrots Wheat Bread Fruit Crisp	15 Fish Sandwich Macaroni & Cheese Coleslaw Blushed Fruit	16 Winter Party BBQ Chicken Breast Cheesy Potato Casserole Green Beans Dinner Roll Apple Pie \$4.00
19 	20 Swedish Meatballs Buttered Noodles Peas Breadstick Fruited Gelatin	21 Happy January Birthdays Cheese Omelet Sausage Links Hashbrown English Muffin w/Jelly Orange Juice Cake & Ice Cream	22 Chicken Taco Salad Mexican Corn Rice Pineapple	23 Bacon Cheeseburger Cauliflower Soup Fruit
26 Chicken Paprikash w/Creamy Tomato Sauce Rice Brussel Sprouts Wheat Bread Cookie	27 Meatloaf Mashed Potatoes Gravy Carrots Wheat Bread Fruit	28 Sloppy Joe Green Beans Tater Tots Oatmeal Cream Pie	29 Roasted Honey Garlic Pork Loin Rice Steamed Broccoli Fruited Gelatin Dinner Roll	30 Turkey Chef Salad Vegetable Soup Dinner Roll Fruit \$2.00

**Greenville
Senior Center**
45 Alan Avenue
Greenville, PA 16125



2026

724-588-3155
Senior Center Hours:
Monday – Friday
8:30 a.m. - 4:30 p.m.



A man takes his sick Beagle to the veterinarian. They’re immediately taken back to a room. Soon, a Labrador walks in, sniffs the Beagle for 10 minutes and leaves. Then a cat comes in, stares at the Beagle for 10 minutes and leaves. Finally the doctor comes in and prescribes some medicine and hands the man a \$250 bill. “This must be a mistake,” the man says. “I’ve been here only 20 minutes!” “No mistake,” the doctor says. “It’s \$100 for the “lab” test, \$100 for the “cat” scan, and \$50 for the medicine.”