

# Greenville Senior Center

## Guest Speakers

(11:00am unless otherwise specified)

**7/2** Dr. Rumbaugh, PHN, “Can Healthy Habits Help Avoid a Hospital Stay?”

**7/5** Janet Hills and the Greenville Historical Society present, “Main Street on a Friday Night”

**7/10** Julie Kobak, MA, CCC-SLP, “Parkinson’s Disease: How it Can Change Speech”

**7/12** Mande Burkhart, Amedisys Hospice Liaison, “Coffee and Conversation”

**7/15** Tom Hall, Primary Health Network

**7/23** Mike Nashtock & Jill Boozer, MCCOG, “All About Shared Ride”

**7/24** Elaine Cole, Public Affairs Specialist, SSA, “Social Security, With you throughout Life’s Journey”

**7/30** Book Launch with author Daisy Townsend, “Homespun Faith, the Rest of the Story” Volume 2

## FUN Stuff!

**7/3** Fourth of July Party with Ricky G & Joey D! Bingo, 50/50, Door Prizes, Picnic lunch.

**7/5** Prize Bingo-cash and prizes! 9:15am

**7/8** Movie Day! “The Whole Nine Yards” 10:20am. Serving Popcorn and Candy!

**7/9** Craft – Make Teacup Gnomes. Come for lunch and it is FREE, cost without lunch-\$3.00. 1:00pm

**7/11** Bike Ride 10:00am Moraine State Park

**7/12** Blood Pressure Screenings with Wendy Callahan, Family Home Health 9:30am

**7/13-14** Heritage Days in Riverside Park, Join us inside the Center for Bingo and Food! Bingo Games (10 each time) begin at 12:00, 2:00

and 4:00 both days. **Sock Hop** on Saturday 6:00-8:00pm with DJ Brian Brown!

**7/17** Birthday Party! Entertainment by Hey Joe! July Birthday Gifts, Cake & Ice Cream!

**7/24** Book Club – BYOB – Bring your own book! Everyone shares. 1:00pm

**7/26** Christmas in July – Sing-A-Long to Christmas music, Door Prizes, 50/50, Gift Exchange Game, Cookbook Sale!

**7/30** Waffles provided by Walberg Family Pharmacy! 8:30 – 9:30 AM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Line Dance 11:00 Arthritis Exercise 12:30-4:00 Haircuts w/Patty 12:30 Pickleball</p>	<p><b>2</b> <i>Walk for Rewards</i> 9:15 BINGO! PIG BINGO! 10:00 Cornhole 11:00 Speaker, Dr. Rumbaugh 12:30 Euchre Tournament \$5 12:30 Pickleball</p> 	<p><b>3</b> <b>4<sup>th</sup> of July Party!</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming ~ Yoga 11:00 Tai Chi ~ Arthritis Exercise Entertainment – Ricky G &amp; Joey D! 12:30 Inspiration Hour with Ed 12:30 Pickleball 1:00-4:00 Cards &amp; Table Games</p>		<p><b>5</b> 9:00 Total Body Fitness-<i>cancelled</i> <b>9:15 BINGO! PIG BINGO! PRIZE BINGO!</b> 11:00 Greenville Historical Society Presentation: “Main Street on a Friday Night” 12:30 – 4:00 Haircuts with Patty 12:30 Pickleball</p>
<p><b>8</b> 9:00 Total Body Fitness-<i>cancelled</i> <b>9:00 BINGO!</b> 10:00 Line Dance 10:20 Movie: “The Whole Nine Yards” 11:00 Arthritis Exercise 12:30-4:00 Haircuts w/Patty 12:30 Pickleball</p>	<p><b>9</b> <i>Walk for Rewards</i> 9:15 BINGO! PIG BINGO! 10:00 Cornhole 12:30 Euchre Tournament \$5 12:30 Pickleball</p> <p><b>1:00 Craft with Linda Henry – Teacup Gnomes</b></p>	<p><b>10</b> 9:00 Total Body Fitness-<i>cx</i> 9:15 BINGO! 10:00 Cardio Drumming ~ Yoga 11:00 Tai Chi ~ Arthritis Exercise 11:00 Speaker, Julie Kobak 12:30 Inspiration Hour 12:30 Pickleball 1:00-4:00 Cards &amp; Table Games 1:30-4:00 Farm Market Voucher Distribution in the Library</p>	<p><b>11</b> <i>Walk for Rewards</i> 9:15 BINGO! Extended Bingo! 9:15 SilverSneakers 10:00 Bike Ride – Moraine Park 10:00 Line Dance 11:00 Chair Zumba 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Stability Class 12:30 Pickleball</p>	<p><b>12</b> 9:00 Total Body Fitness-<i>cancelled</i> 9:15 BINGO! PIG BINGO! 9:30 Blood Pressure Screenings 11:00 Speaker, Mande Burkhart 12:30 – 4:00 Haircuts with Patty 12:30 Pickleball</p> <p><b>Sock Hop in the Gym on Saturday, 7/13 6:00 – 8:00 PM</b></p>
<p><b>15</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Line Dance 10:00 SilverSneakers in Library 11:00 Arthritis Exercise 11:00 Speaker, Tom Hall, PHN 12:30-4:00 Haircuts w/Patty 12:30 Pickleball</p>	<p><b>16</b> <i>Walk for Rewards</i> 9:15 BINGO! PIG BINGO! 10:00 Cornhole 12:30 Euchre Tournament \$5 12:30 Pickleball</p> 	<p><b>17</b> <b>Happy July Birthdays!</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming ~ Yoga 11:00 Tai Chi ~ Arthritis Exercise 11:00 Entertainment – Hey Joe! 12:30 Inspiration Hour with Ed 12:30 Pickleball 1:00-4:00 Cards &amp; Table Games</p>	<p><b>18</b> <i>Walk for Rewards</i> 9:15 BINGO! Extended Bingo! 9:15 SilverSneakers 10:00 Line Dance 11:00 Chair Zumba 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Stability Class 12:30 Pickleball</p>	<p><b>19</b> 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 12:30 – 4:00 Haircuts with Patty 12:30 Pickleball</p>
<p><b>22</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Line Dance 10:00 SilverSneakers in Library 11:00 Arthritis Exercise 12:30-4:00 Haircuts w/Patty 12:30 Pickleball</p>	<p><b>23</b> <i>Walk for Rewards</i> 9:15 BINGO! PIG BINGO! 10:00 Cornhole 11:00 Speakers, Mike Nashtock &amp; Jill Boozer 12:30 Euchre Tournament \$5 12:30 Pickleball</p>	<p><b>24</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming ~ Yoga 11:00 Tai Chi ~ Arthritis Exercise 11:00 Speaker, Elaine Cole, SSA 12:30 Inspiration Hour, Pickleball 1:00 Book Club, Table Games 1:30-4:00 Farm Market Voucher Distribution in the Library</p>	<p><b>25</b> <i>Walk for Rewards</i> 9:15 BINGO! Extended Bingo! 9:15 SilverSneakers 10:00 Line Dance 11:00 Chair Zumba 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Stability Class 12:30 Pickleball</p>	<p><b>26</b> 9:00 Total Body Fitness <b>9:00 BINGO! PIG BINGO!</b> 10:30 Chair Volleyball 11:00 Christmas in July Party – Sing-A-Long to Christmas music, Door Prizes, 50/50, Cook Book Sale today only - \$8.00! 12:30 – 4:00 Haircuts with Patty 12:30 Pickleball</p>
<p><b>29</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Line Dance 10:00 SilverSneakers in Library 11:00 Arthritis Exercise 12:30-4:00 Haircuts w/Patty 12:30 Pickleball</p>	<p><b>30</b> <i>Walk for Rewards</i> 8:30-9:30 Walberg Waffles <b>9:30 BINGO! PIG BINGO!</b> 10:00 Cornhole 11:00 Book Launch! With author, Daisy Townsend 12:30 Euchre Tournament \$5 12:30 Pickleball</p>	<p><b>31</b> 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming ~ Yoga 11:00 Tai Chi ~ Arthritis Exercise 12:30 Inspiration Hour with Ed 12:30 Pickleball 1:00-4:00 Cards &amp; Table Games 1:30-4:00 Farm Market Voucher Distribution in the Library</p>	<p><b>2024 Heritage Days!</b> Saturday and Sunday, July 13 – 14 Events all day for all ages! Join us at the Senior Center for Bingo from 12:00-5:00 both days! Enjoy food trucks, vendors, encampments and Blacksmith, Abe Lincoln and his wife, Mary and much more! <b>Saturday @ 6:00 – Sock Hop in the Gym – DJ Brian Brown!</b> <b>Sunday @ 6:00 – Duck Race, &amp; Fireworks @ 10:00!</b></p>	

**Mercer County Area Agency on Aging** 133 N. Pitt Street, Mercer **724-662-6222** **Mercer County Community Transit** 724-981-6222

Check out the Agency website at [Mercercountyaging.org](http://Mercercountyaging.org)! Find our schedules and flyers there as well as pertinent information for seniors in our area, including Senior Games, Farm Market Voucher distributions and the latest scams. Learn what services are available from MCAA.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Baked Cabbage Roll Whipped Potatoes Carrots Bread Fresh Fruit	<b>2</b> Swedish Meatballs with Gravy Buttered Noodles Peas Dinner Roll Fresh Fruit	<b>3</b> <b>4<sup>th</sup> of July Party!</b> BBQ Pulled Pork Sandwich Hashbrown Casserole Coleslaw Deluxe Brownie  <b>\$4.00</b>	<b>4</b> 	<b>5</b> Taco Salad Corn with Pimentos Tortilla Chips Pineapple  <b>\$2.00</b>
<b>8</b> Sliced Ham with Pineapple Sauce Sweet Potato Green Beans Dinner Roll Pudding	<b>9</b> Baked Meatloaf with Gravy Baked Potato Peas Bread Cookie	<b>10</b> Sloppy Joe Tater Tots Green Beans Fresh Fruit	<b>11</b> Turkey Chef Salad Vegetable Soup Dinner Roll Banana	<b>12</b> Teriyaki Chicken Vegetable Rice Pilaf Oriental Blend Vegetables Bread Fresh Fruit
<b>15</b> Cheeseburger with Lettuce and Tomato Creamy Potato Soup Fresh Fruit	<b>16</b> Pork Loin with Onion Gravy Buttered Pasta California Blend Veggies Bread Peach Crisp	<b>17</b> <b>Birthday Party!</b> Open Face Roast Beef Sandwich with Gravy Mashed Potatoes Mixed Vegetables Fresh Fruit Cake & Ice Cream	<b>18</b> Chicken Parmesan with Pasta Tossed Salad Garlic Breadstick Apple Crisp	<b>19</b> Tuna Salad Sandwich with Lettuce and Tomato Tomato Soup Jello with Whipped Topping
<b>22</b> Stuffed Pepper Whipped Potatoes Peas & Carrots Italian Bread Pudding	<b>23</b> Sweet & Sour Pork Rice Broccoli & Cauliflower Bread Fresh Fruit	<b>24</b> Cranberry Chicken Salad Beets Breadstick Mandarin Orange  <b>\$2.00</b>	<b>25</b> Swiss Steak with Onion Gravy Whipped Potatoes Carrots Bread Jello with Whipped Topping	<b>26</b> Vegetable Lasagna Tossed Salad Garlic Breadstick Peaches
<b>29</b> Creamy Garlic Chicken Breast over Buttered Noodles Roasted Brussel Sprouts Bread Mandarin Oranges  <b>\$2.00</b>	<b>30</b> Lemon Pepper Fish Rice Pilaf California Blend Vegetables Dinner Roll Fresh Fruit	<b>31</b> Open Face Turkey Sandwich with Gravy Whipped Potatoes Sweet Corn Cookie	<b>July Cold Option:</b> Egg Salad Sandwich Replaces the protein, side dishes still included. Notify staff when reserving your lunch!	Suggested Meal Donation \$3.00 unless otherwise specified. We ask that you register 2 days in advance. *No one will be denied a meal because of inability to donate

**Greenville**  
**Senior Center**  
**45 Alan Avenue**  
**Greenville, PA 16125**



**2024**

**724-588-3155**

**Senior Center Hours:**  
**Monday – Friday**  
**8:30 a.m. - 4:30 p.m.**



This month begins the increase in meal cost to \$3.00 for a regular meal and \$4.00 for a special meal. Costs have gone up, but prices have not been raised for more than 10 years. \*No one will be denied a meal because of inability to donate.

**Christmas in July Cookbook Sale! \$10.00 all July!**

“Kindness can transform someone’s dark moment with a blaze of light. You’ll never know how much your caring matters. Make a difference for another today.” ~ Amy Leigh Mercree