

Greenville Senior Center

(11:00am unless otherwise specified)

Guest Speakers


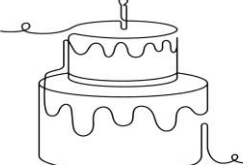



- 2/4** Heather Miller, UPMC, “Reclaim Your Joy”
- 2/10** Tom Hall, Primary Health Network, “Medication Management”
- 2/12** Noreen Sokolak, Garden Way Place, “Winter Safety”
- 2/18** John Morris, NuChoice, “Proper Nutrition to Maintain Your Health”
- 2/25** Jill Boozer, Executive Director MRCOG
- 2/26** Carolyn Hartle, Hartle Elder Law, “Should I Put My Children’s Names on My Bank Account and/or Home?”

FUN Stuff!

- 2/4** Pancake and Bacon Breakfast from 9-10, followed by Director’s Special Bingo 10:00am
- 2/4** Preventive Health Screenings with UPMC 10:00 – 12:00 FREE
- 2/4** Craft with Linda Henry – Make a Heart Wreath! FREE with lunch – or \$3.00. 1:00pm
- 2/5, 19 & 26** Inspiration hour w/Deb Godnich 12:30pm
- 2/7, 14, 21, 28** Prize Bingo 9:15am
- 2/11** Movie “National Treasure” Serving popcorn and candy! 9:30am
- 2/11** Craft with Linda Henry –Make Valentines Cards! FREE with lunch – or \$3.00. 1:00pm
- 2/12** Inspiration hour with Pastor Janet Crespi of Helping Hands Home Care. 12:30pm
- 2/13 & 20** Healthy Steps for Older Adults Classes. 1:00 – 3:00 pm
- 2/14** **Blood Pressure** Screenings with Wendy Callahan, Family Home Health 9:30am
- 2/14** Valentines Day Party! Give and receive Valentines cards! Bingo, 50/50 & Door Prizes Entertainment by Ricky G and Joey D!
- 2/18** St. Paul Homes BINGO! with Tammy Lininger. 10:00
- 2/19** Birthday Party! Entertainment by Ruth Herrick! Birthday Gifts, Cake & Ice Cream!
- 2/20** Paint with Patty – St. Patrick’s Day Project. FREE with lunch – or \$3.00.
- 2/24** Tortilla Chip Day! Munch on some while you play BINGO!
- 2/26** Book Club – “Moon Over Manifest” by Clare Vanderpool. 1:00pm
- 2/28** Seniors for Safe Driving 1:00 – 5:00pm

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Preventive Health Screenings  Tuesday, 2/4 10:00 – 12:00 In the Library BP, Bone Density, glucose, cholesterol, etc. Provided by UPMC</p>				<p>Healthy Steps for Older Adults Thursday, February 13 & 20 1:00 – 3:00 PM Learn how to stay active, make your home safer, manage your medications, talk to your doctor, and prevent falls to ensure an active and independent future!</p>
<p>3 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Line Dance -cancelled 10:00 SS Chair Yoga in Library 11:00 Arthritis Exercise -cx 12:30-4:30 Haircuts w/Patty 12:30 Pickleball</p>	<p>4 <i>Walk for Rewards</i> 9:00-10:00 Pancakes & Bacon 10:00 Cornhole/Director’s Bingo 10:00 Preventive Health Screenings 11:00 Speaker, Heather Miller 12:30 Euchre Tournament \$5 12:30 Pickleball 1:00 Craft with Linda – Heart Wreath</p>	<p>5 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming, Yoga 11:00 Tai Chi/Arthritis Exercise 12:30 Inspiration Hour 12:30 Pickleball 1:00-4:00 Cards & Table Games</p>	<p>6 <i>Walk for Rewards</i> 9:15 BINGO! ~ SilverSneakers 10:00 Line Dance 11:00 Stability Class 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball</p>	<p>7 9:00 Total Body Fitness 9:15 BINGO! PRIZE BINGO! 12:30 Pickleball 12:30 – 4:30 Haircuts w/Patty</p> 
<p>10 9:00 Total Body Fitness -cx 9:15 BINGO! PIG BINGO! 10:00 Line Dance 10:00 SS Chair Yoga in Library 11:00 Arthritis Exercise 11:00 Speaker, Tom Hall 12:30-4:30 Haircuts w/Patty 12:30 Pickleball</p>	<p>11 <i>Walk for Rewards</i> 9:30 Movie “National Treasure” 10:00 Cornhole 12:30 Euchre Tournament \$5 12:30 Pickleball 1:00 Craft with Linda – Valentines Cards</p>	<p>12 9:00 Total Body Fitness -cx 9:15 BINGO! 10:00 Cardio Drumming, 10:00 Yoga 11:00 Tai Chi 11:00 Arthritis Exercise 11:00 Speaker, Noreen Sokolak 12:30 Inspiration Hour-Pastor Jane 12:30 Pickleball 1:00 Cards & Table Games</p>	<p>13 <i>Walk for Rewards</i> 9:15 BINGO! Caller’s Special! 9:15 SilverSneakers 10:00 Line Dance 11:00 Stability Class 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball 1:00 Healthy Steps for Older Adults</p>	<p>14 Valentines Day Party! 9:00 Total Body Fitness -cx 9:00 BINGO! PIG BINGO! PRIZE BINGO! 9:30 Blood Pressure Screenings 11:00 Entertainment by Ricky G and Joey D! 1:30 – 4:30 Haircuts with Patty 12:30 Pickleball</p>
 <p>24 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! 10:00 Line Dance 10:00 SS Chair Yoga in Library 11:00 Arthritis Exercise 12:30-4:30 Haircuts w/Patty 12:30 Pickleball Tortilla Chip Day! Enjoy some while you play Bingo!</p>	<p>18 <i>Walk for Rewards</i> 10:00 Cornhole 10:00 St. Paul’s Bingo! 11:00 Nutrition Education with John Morris of NuChoice 12:30 Euchre Tournament \$5 12:30 Pickleball</p>	<p>19 Happy February Birthdays! 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming/Yoga 11:00 Tai Chi 11:00 Ruth Herrick entertains! 11:00 Arthritis Exercise 12:30 Inspiration Hour/Pickleball 1:00-4:00 Cards & Table Games</p>	<p>20 <i>Walk for Rewards</i> 9:15 BINGO! Caller’s Special! 9:15 SilverSneakers 10:00 Line Dance 11:00 Stability 12:30 Euchre Tournament \$5 12:30 Greenville Needlers/Pickleball 1:00 Healthy Steps for Older Adults Paint with Patty! St. Paddy Project 9:00am or 1:00pm</p>	<p>21 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 12:30 – 4:30 Haircuts with Patty 12:30 Pickleball</p>
<p>25 <i>Walk for Rewards</i> 9:15 BINGO! 10:00 Cornhole 11:00 Speaker, Jill Boozer 12:30 Euchre Tournament \$5 12:30 Pickleball</p>	<p>26 9:00 Total Body Fitness 9:15 BINGO! 10:00 Cardio Drumming 10:00 Yoga 11:00 Tai Chi 11:00 Arthritis Exercise 11:00 Speaker, Carolyn Hartle 12:30 Inspiration Hour 12:30 Pickleball 1:00 Book Club 1:00-4:00 Cards & Table Games</p>	<p>27 <i>Walk for Rewards</i> 9:15 BINGO! Caller’s Special! 9:15 SilverSneakers 10:00 Line Dance 11:00 Stability Class 12:30 Euchre Tournament \$5 12:30 Greenville Needlers 12:30 Pickleball</p>	<p>28 9:00 Total Body Fitness 9:15 BINGO! PIG BINGO! PRIZE BINGO! 12:30 – 4:30 Haircuts with Patty 12:30 Pickleball Seniors for Safe Driving Class 1:00 – 5:00 PM</p>	

Mercer County Area Agency on Aging 133 N. Pitt Street, Mercer 724-662-6222 Mercer County Community Transit 724-981-6222
 Check out the Agency website at Mercercountyaging.org! Find our schedules and flyers there as well as pertinent information for seniors in our area, including Senior Games, Farm Market Voucher distributions and the latest scams. Learn what services are available from MCAAA.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	February Cold Option: Bologna & Cheese Sandwich Replaces the protein, side dishes still included. Notify staff when reserving your lunch!	Suggested Meal Donation \$3.00 unless otherwise specified. We ask that you register 2 days in advance. *No one will be denied a meal because of inability to donate	Birthday Party February 19 th ! 	Don't miss the Valentines Party on the 14th! Sign up for lunch by the 7 th ! 
3 Burgandy Glazed Meatballs Rice Carrots Breadstick Mandarin Oranges	4 Potato Crusted Fish Buttered Noodles Stewed Tomatoes Breadstick Pineapple	5 Stadium Hot Dog with Onions Tater Tots Pickled Beets Pineapple & Mandarin Fresh Fruit	6 Pork Loin with Onion Gravy Cubed Potatoes Cauliflower Bread Peach Crisp	7 Pizza Burger Chips Coleslaw Fresh Fruit
10 Chicken Bruschetta Pasta with Butter Sauce Island Blend Veggies Dinner Roll Pudding \$1.00	11 Turkey Chef Salad Vegetable Soup Dinner Roll Jello	12 Crab Cake Sandwich with Lettuce and Tomato Tomato Basil Bisque Cinnamon Apple Slices	13 Chicken & Dumplings Mixed Vegetables Whole Grain Buttermilk Biscuit Fresh Orange	14 Pot Roast with Gravy Baked Potato Peas & Carrots Dinner Rolls Angel Food Cake with Strawberries \$4.00
17  	18 Salisbury Steak with Gravy Baked Potato Broccoli Bread Jello with Topping	19 Birthday Party! Spaghetti & Meatballs Pasta Tossed Salad Garlic Breadstick Fruit Cake & Ice Cream	20 Honey Barbequed Chicken Breast Brown Rice Carrots Bread Fruit Salad	21 Baked Cabbage Roll Garlic Whipped Potatoes Carrots Dinner Roll Peach Crisp
24 Chili Tossed Salad Cornbread Warm Apple Slices	25 Country Fried Chicken with Gravy Mashed Potatoes Mixed Vegetables Bread Apple Crisp	26 Sausage Sandwich with Peppers and Onions Buttered Noodles Green Beans Cookie	27 Chicken Marsala with Mushroom Sauce Rice Pilaf Broccoli & Cauliflower Bread Fresh Fruit \$2.00	28 Sloppy Joe Sweet Potato Tots Green Beans Fresh Fruit

Greenville Senior Center
 45 Alan Avenue
 Greenville, PA 16125



February

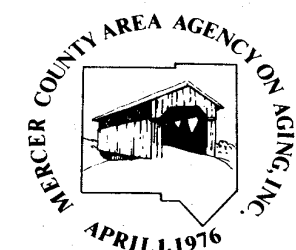
2025

724-588-3155

Senior Center Hours:

Monday – Friday

8:30 a.m. - 4:30 p.m.



"All you need is love. But a little chocolate now and then doesn't hurt!" Charles Schultz

"I love being married. It's so great to find that one special person you want to annoy for the rest of your life." Rita Rudner