

26th ANNUAL

**MERCER COUNTY
SENIOR GAMES**

JUNE 3 – JUNE 15, 2024



Presented by:

Mercer County Area Agency on Aging, Inc.
&
Our Community Sponsors

2024 MERCER COUNTY SENIOR GAMES

June 3 – June 15, 2024

GENERAL

Mercer County Area Agency on Aging, Inc., and our Community Sponsors present the **26th Annual Mercer County Senior Games**. Mercer County Senior Games is a social and recreational, yet competitive experience promoting better health and fitness of Mercer County **men and women age 50 and older**. The Games provide an opportunity for individual achievement in an atmosphere of friendly competition and fun.

Senior Games are held at various locations throughout Mercer County from **Monday, June 3 through Saturday, June 15**. **Whether you are a participant or spectator, come out and enjoy a week of great sport. Spectators are welcome at all Senior Games events.** *(Lunch is available for spectators who pre-register, \$7.00 donation per event.)*

ELIGIBILITY

Any Mercer County resident, **50 years of age or older** may participate.

AGE GROUPS

Age groups are 50 – 55; 55 – 59; 60 – 64; 65 – 69; 70 – 74; 75 – 79; 80 – 84; 85 - 89; 90+.
Age bracket is determined by your age on day of event. Proof of age may be required.

MEDALS

Gold, Silver and Bronze medals will be awarded to the top three winners in each category. Categories are based on age groups and gender, except where noted. Medals will be awarded immediately following each event.

REGISTRATION

A **non-refundable donation of \$15.00 (\$30.00 if golfing)** is suggested to participate in the 2024 Senior Games. The \$15.00 registration donation entitles you to participate in all events except golf. An additional \$15.00 donation is suggested to register for the 18-hole golf event and includes green fees & half a cart. **You must complete a registration form (front & back) and check each event you plan to enter.** All Senior Games participants will receive a commemorative t-shirt and lunch, where available.

DEADLINE FOR REGISTRATION is Wednesday, May 27. Please get your registration in early.

Check or money order should be made payable to: **MCAAA Senior Games - 2024.**

Registration forms and donations may be delivered or mailed to:

Mercer County Area Agency on Aging, Inc., 133 N. Pitt St., Mercer, PA 16137.

LUNCH AVAILABLE

Lunch is available for Senior Games participants at most events at no additional cost. Guests may also receive a lunch for \$7.00 per event. **GUEST LUNCHESES MUST BE ORDERED IN ADVANCE** by calling MCAAA, Inc. and **marking guest next to the appropriate event on the registration form.** Payment for guest lunch(es) should be included with participant registration.

SENIOR GAMES INFORMATION

Please contact MCAAA, Inc., Administrative Office at **1-800-570-6222**, or **724-662-6222**, or e-mail to admin@mercercountyaging.org.

2024 MERCER COUNTY SENIOR GAMES SCHEDULE AND DESCRIPTION OF EVENTS

MONDAY, JUNE 3

HORSESHOES



Location: **Riverside Park**, Greenville, PA.
From Main St. (downtown Greenville), turn north onto N. Race St.,
1/2 mile to Park.

Time: 9:00 a.m. Sign-in; 9:30 a.m. Start

Format: Singles only. Lunch available.

Description and Rules:

- Games will be singles only.
- Shoes will be provided or participants may supply their own (must be regulation).
- Scoring based on **52** shoes.
- Playoffs in the event of ties may be held after regular competition.
- Men and Women will compete separately.

TUESDAY, JUNE 4

TENNIS



Location: **Buhl Park Tennis Courts**, Buhl Park, just off Forker Blvd., Sharon

Time: 8:30 a.m. Sign-in; 9:00 a.m. Start

Format: Doubles only. Lunch available.

Description and Rules:

- If you do not have a partner, one will be assigned to you, dependent upon available players.
- Play will consist of round robin in the morning with the top four teams advancing to the semi-final and final matches following lunch.
- Each team is guaranteed at least two matches.
- Matches will be 8 game pro-sets in the semi-finals.
The losers of the semi-finals will play another 8 game pro-set to determine the bronze medalist.
- The finals match will be a 10 game pro-set.
- The standard doubles tennis rules will be enforced.

WEDNESDAY, JUNE 5

BOWLING

Location: **Grove City Bowlodrome**, 540 E. Main St. Ext., Grove City

Time: **8:30 a.m. Sign-in; 9:00 a.m. Start**

Format: Singles only. Each bowler will bowl a series of three games.



Top three 3-game total scores for male and female in each age grouping will receive medals.

Lunch available.

Cost: Cost of games and shoe rental included in Senior Games registration donation.

THURSDAY, JUNE 6

CORNHOLE

Location: **Buhl Community Recreation Center**, 28 N. Pine Ave., Sharon

Time: **9:30 a.m. Sign in & warm up; 10:00 a.m. Start**

Format: Singles only. 40 Pitches Lunch available.

Description and Rules:

- Players will pitch from the same cornhole platform area for 10 innings,
- 40 total pitches.
- Players age 50-64 will pitch from the pitcher's box (beside the opposing board) at the 30-foot line. Physically impaired players or players age 65+ may pitch from the 21-foot foul line.
- A player on one side of the playing area will pitch 4 bags. The bags will be removed and the other player on the same end of the playing area will pitch 4 bags.
- The players on the opposite side of the playing area will pitch in the same Alternating fashion to complete an inning.
- The scores will be tallied as each bag lands.

Scoring

- In-The-Hole - 3 points; In-The-Count (on the board)- one point.
- Foul - If a corn bag touches the ground before coming to rest on the cornhole platform, it is a foul and must be removed.

FRIDAY, JUNE 7

GOLF

Location: **Pine Hill Golf Course**, 273 Leech Road, Greenville, PA
(2 mi. East of Greenville Hospital)

Time: 7:30 a.m. Sign-in / Registration;
Tee Off Time (Shotgun Start) – approximately 8:30 a.m.

Cost: Green fees and riding cart are covered by the \$30.00 Senior Games entry donation.

Format: Singles only. Lunch available.

Description and Rules:

- This will be an 18-hole competition. USGA winter rules will be in effect.
- Men and women with 3 lowest scores in each age group will receive medals.
- Riding carts are required for all golfers.
- Participants must bring their own equipment.

**Please include the names of playing partners on the application, if known.

MCAAA, Inc., will make every effort to accommodate partner requests,

however **no slots will be held for late entry.** **Each partner must submit a signed entry form** and fee by May 31, and all slots are awarded on a “first come, first served” basis for all players.



Also groups will consist of four players and may include both male and female players, depending on the number of entrants and the order in which entries are received.

No refunds. **No replacement players.**

Playing partners must register individually.

Maximum field 144 players. First come, first served.

***NOTE: Including playing partners' names on an application **does not** secure their slot(s). Senior Games attempts to accommodate playing partner requests but cannot guarantee fulfillment of those requests due to the popularity of this event.

Registration is first come-first served. See above**.



TUESDAY, JUNE 11

SHUFFLEBOARD

Location: **McQuiston Center by the Park, 29 Railroad St., Sandy Lake**

Time: 8:30 a.m. Sign-in; 9:00 a.m. Start

Format: **Singles only. Lunch available.**

Description and Rules:

- Participants will be separated by gender only - not age.
- Tournament games will be played. This will guarantee at least two matches for each participant. Brackets will be used in scoring. Beginning with second match, losers will be eliminated.
- A match will consist of best of three games with a fixed number of rounds.
NOTE: The number of rounds may be reduced to complete all play in a more timely manner.
- Line and court numbers will be determined, by draw at start of event
- In first match, odd line numbers will play on yellow, even numbers on black.
- Participants will compete against the person next to them.
- Games ALWAYS begin at head of court. Head and foot designated before games begin.
- Yellow always shoots first when beginning a game.
- Points are counted only within respective scoring areas and pucks must not touch any lines around the 7-8-10 areas; however, the dividing line in the "kitchen" is not a factor. It is minus 10 the full width.
- When participant is shooting, pucks must stay on his/her side of dividing line and must not touch any lines, including dividing line.
- When shooting, if puck does not cross "lag line" at opposite end, it will be removed from the court.
- Scorekeepers will advise shufflers as to which color shoots first at beginning of next half round. (A half round is when both shufflers have completed their shots from the head or from the foot.) Scorekeepers will also give scores after each half round.
- After final round, all players must check totals and report to main table with scorecard to verify scores.
- Game supervisors will wax pucks and bead courts as needed to keep them as consistent as possible.



If you need to cancel, please call
McQuiston Center, 724-376-3608
prior to event.

WEDNESDAY, JUNE 12

DARTBALL (BASEBALL DARTS)

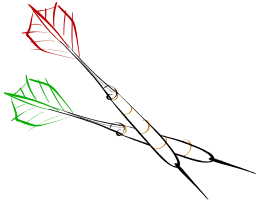
Location: **Grove City Memorial Park**, Main Street, Grove City

Time: **10:00 a.m. Registration; 10:30 a.m. Start**

Format: The size and number of teams will be determined by MCAAA, Inc,
and based on the number of participants.

Medals will be awarded to the top three winning teams.

Lunch available.



Description and Rules:

- Dartball is similar to baseball. Each dart represents a pitched ball. The participant throwing the dart is called the batter.
- The game can be played with one to nine participants on each team.
- Two teams are assigned to a Dartball Board.
- The Dartball Board will be securely placed 26" from the floor.
- The Dartball Board consists of color-coded areas that signify strike outs, fouls, homeruns and bases:
 - White areas are bases;
 - Blue areas are automatic strikeouts;
 - Grey and Green areas are foul plays;
 - Orange areas are walks;
 - Black areas are outs;
 - Red areas are double-plays;
 - Home Plate and the Pitcher's Mound are homeruns.
- Participants will play with MCAAA, Inc.-supplied regulation darts.
- All players must throw darts by and from the hand.
- All players must throw from behind the foul line for each throw. If any part of the foot covers the foul line during a throw, the throw will not be counted.
- Any dart bouncing off the Dartball Board will not be re-thrown.
- Each game will consist of nine innings. If after nine innings the score is tied, an additional inning will be played until the tie is broken.
- Each inning will continue until there are three (3) outs per team.
- Each team will rotate players until there are three (3) outs for the team.
- A supplied scorekeeper will keep tally of the scores and team rotations.
- The team that earns the most runs will win the game.
- Heckling and/or harassment of any kind is strictly prohibited.



FRIDAY, JUNE 14

BASKETBALL SHOOT

Location: Hickory High School, Hermitage

Time: 10:00 a.m. Sign in & warm up; 10:30 a.m. Start

Scheduled Events: Hot Shot, Foul Shooting and 3-Point Shot

Format: Singles only. Lunch available at noon.

Description and Rules:

- Competitor may throw the ball in any style.
- Tie breakers may be required at end of regular competition.
- Competitors must use the ball provided.
- Best three (3) scores in each age group for males and females will receive medals.
- Competitor must score to receive a medal.
- Event officials may adjust shot locations and distances to speed play.

Hot Shot - Hot Spots are points at which each competitor attempts to make baskets.

Each Hot Spot is located as follows:

A - At the foul line, 15 feet from the basket

B - 10 feet from the center of the basket to the right

C - 10 feet from the center of the basket to the left

- One foot must be in contact with hot spot but not in front of hot spot before shooting.
- Winner will be competitor with most baskets made out of 7 shots at each of 3 hot spots.
- A perfect score is 21.

Foul Shot - 15 shots from foul line.

3-Point Shot - Men shoot 10 shots from anywhere behind the 3-point arc.

- Men 65 and over have choice from 3-point arc or tape line.
- Women shoot 10 shots from tape line 3 feet in from original 3-point arc, top of key only.

Mercer County Senior Games is planned for friendly competition. Senior Games staff reserve the right to modify competition rules to make play competitive but fun for all. Events are not sanctioned by any competitive sport sponsor and may not be appropriate for die-hard competitors. Just come, bring your friends, make some new friends, challenge yourself and have fun!

SATURDAY, JUNE 15

TRACK & FIELD

Location: **Greenville High School**, Donation Rd., Greenville

Time: 7:30 a.m. - Registration and Warm Up;

7:30-8:15—Track open for warm up and Fun Walk with Family & Friends

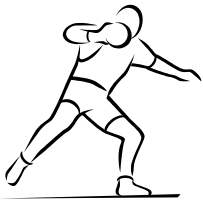
8:15 a.m. – Welcome and Announcements

Lunch available.



Description and Rules: **Senior athletes must train for all running events.**

- **All participants must sign in by 8:00** as event schedule may change due to the number of competitors.
- Participants must wear proper-fitting athletic shoes for each event entered.
- No spikes or cleats are permitted on track.
- The Event Sponsor reserves right to suspend or terminate competition due to adverse weather conditions. If competition is terminated, every effort will be made to reschedule.
- Medals will be awarded after completion of all track & field events.



- **FUN WALK**—Everyone invited to join in a fun walk from 7:30-8:15 am
Friends, family, neighbors, young or old (and you're never too old!)
No competition—No registration fee—just a fun walk with friends!
Start the morning with a walk then stay to cheer on your favorite senior(s)!

**Fun Walk Lunch \$7.00 for non-registered Senior Games participants —
call in advance to register for lunch.**

SCHEDULE OF EVENTS

Note: Times are approximate and are subject to change dependent upon registrations. It is important that all participants register by 8:00 am.

7:30 am **Registration & Warm-up**—Registration for all events must be completed by 8:00 a.m.

7:30-8:15 am **Warm-up and Fun Walk**

8:15 am **Track & Field Welcome and Announcements**

8:30 am **1500 Meter Competitive Walk**

- Heel/Toe method - one foot shall be in contact with the ground at all times
- Judges will enforce rule. -Running will disqualify an entrant.

8:50 am **1500 Meter Run**

9:05 am **100 Meter Dash – Women**

9:20 am **100 Meter Dash – Men**

9:30 am **800 Meter Run – Women**

9:40 am **800 Meter Run – Men**

9:50 am **55 Meter Dash – Women**

10:00 am **55 Meter Dash – Men**

10:10 am **400 Meter Run - Women**

10:20 am **400 Meter Run - Men**

10:30 am **Standing Long Jump**

11:00 am **Long Jump**

11:30 am **Shot Put**

12:00 noon **Awards**

SPECIAL NOTES FOR RUNNING EVENTS:

400 Meter Run, 800 Meter Run, 1500 Meter Run

- Qualified Senior Athletes who have trained for the 400 Meter, 800 Meter and/or 1500 Meter runs may participate in those events.
- Must be 2 full strides ahead of the competitor before passing.

55 Meter Dash, 100 Meter Dash

- Qualified Senior Athletes who have trained for the 55 Meter & 100 Meter Dashes may run those events.
- Runners must stay in their lanes.

2024 Mercer County Senior Games

June 3 – June 15, 2024

Please fill out this registration form completely - front and back.

Registration and entry donation must be received by Wednesday, May 31, 2024.

(Please Print) E-mail address: _____

NAME _____ Male () Female ()
(Last) (First)

ADDRESS _____
(Street) (City) (State) (Zip)

COUNTY _____
IF NOT MERCER COUNTY RESIDENT, SENIOR GROUP AFFILIATED _____

PHONE # (____) _____ DATE OF BIRTH _____ Proof of age may be required.

AGE BRACKET (Circle) 50-54 55-59 60-64 65-69 70-74 75-79 80-84 85-89 90+

Age bracket is determined by participant's age on day of event.

On the day of the Games, who should we contact in case of an emergency?

Name _____ Relationship _____ Phone (____) _____

List medical conditions and any special medication requirements below.

SENIOR GAMES LIABILITY RELEASE

Release and Waiver of Liability

To the best of my knowledge, information, and belief, I have no physical restrictions which would prohibit my participation in the events I have selected in the Mercer County Senior Games. I have prepared myself for the event(s) which I have entered by practicing prior to the Games. I am participating in these events voluntarily and at my own risk.

I also agree to be solely responsible for any and all costs, damages, and expenses incurred by me as a result of my participation in the Senior Games. I release members of Buhl Park, Grove City Bowlodrome, Pine Hill Golf Course, Greenville Borough/Riverside Park, Greenville High School, Grove City Memorial Park, Buhl Community Recreation Center, Hickory High School, Mercer County Area Agency on Aging, Inc., Senior Games staff, volunteers, and sponsors from any responsibility or liability arising from my participation in the Games.

Mercer County Senior Games reserves the right in consultation with the Games' Trainers and Medical Personnel, to refuse any person the opportunity to compete in the Games based on her/his physical condition. The Games also reserves the right to suspend or terminate competition due to adverse weather conditions. We strongly recommend that the athletes enter only those events they are physically capable of competing in and limit themselves to a reasonable number of events.

The Senior Games staff have my permission to seek appropriate medical care at the event if it is deemed necessary for my health, welfare, and safety.

I acknowledge I have been advised by the Senior Games Committee to consult my physician with regard to practice, preparation, and competition in these events - especially those that involve high physical exertions such as running.

Signed _____ Date _____ (CONTINUED ON BACK)

T-Shirt Size (Circle One) : S M L XL XXL

NAME _____ Male () Female ()
(Last) (First)

AGE BRACKET (Circle One) 50 to 54 55 to 59 60 to 64 65 to 69
70 to 74 75 to 79 80 to 84 85 to 89 90+

Please read event descriptions then mark (X) event(s) you wish to enter.

Registration fee \$15.00 for all events except golf which is \$30.00.

If Guest Lunch(es) needed, mark "Guest" next to event with number of guests.
and include \$7.00 donation per lunch.

EVENTS

MONDAY, JUNE 3

() **Horseshoes** (singles only).....9:00 am at Riverside Park, Greenville

TUESDAY, JUNE 4

() **Tennis** (doubles only).....8:30 am at Buhl Park Tennis Courts, Sharon

Playing Partner Names _____

WEDNESDAY, JUNE 5

() **Bowling** (singles only).....8:30 am at Grove City Bowlodrome, Grove City

TUESDAY, JUNE 6

() **Cornhole** (singles only).....9:30 am at Buhl Community Recreation Center, Sharon

FRIDAY, JUNE 7

() **Golf** - 18 holes (singles only).....7:30 am at Pine Hill Golf Course, Greenville

***See program notes about playing partners.

Playing Partners Names 1) _____ 2) _____
(If known)

3) _____ 4) _____

TUESDAY, JUNE 11

() **Shuffleboard** (singles only).....8:30 am at McQuiston Center by the Park, Sandy Lake

WEDNESDAY, JUNE 12

() **Dartball (Baseball Darts)**.....10:00 am at Grove City Memorial Park, Grove City

THURSDAY, JUNE 13

() **Pickleball** (doubles only, Gender, 50-65, 66+).....9:00 am at Buhl Park Pickleball Cts, Sharon

Playing Partner Names _____

FRIDAY, JUNE 14

() **Basketball Shoot**.....10:00 am at Hickory High School, Hermitage
(Foul Shot, Hot Shot, 3-Point Shot)

SATURDAY, JUNE 15

() **Track & Field**.....7:30 am Greenville High School, Greenville

() Fun Walk

() 1500 M Competitive Walk () 800 M. Run () Standing Long Jump
() 1500 M Run () 55 M. Dash () Long Jump
() 100 M Dash () 400 M. Run () Shot Put



Mercer County Area Agency on Aging, Inc.
133 N. Pitt St.
Mercer, PA 16137

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OR CURRENT RESIDENT

Get up—Get Moving—Get Stronger—Live Longer!